

GRANGEMOUTH FITNESS STUDIO LIMITED
ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2018

GRANGEMOUTH FITNESS STUDIO LIMITED
ACCOUNTS
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GRANGEMOUTH FITNESS STUDIO LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2018

| | |
|--------------------------|--|
| Director | Stephen Robert O'Conner |
| Company Number | SC549979 (Scotland) |
| Registered Office | 13-15 MORNINGSIDE DRIVE EDINBURGH EH10 5LZ SCOTLAND |
| Accountants | Norman Hewitt 43 Mariner Road Falkirk FK1 4JR |

GRANGEMOUTH FITNESS STUDIO LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2018

| | Notes | 2018 £ | 2017 £ |
|---|-------|-----------|-----------|
| Current assets | | | |
| Cash at bank and in hand | | 1,806 | 110 |
| Creditors: amounts falling due within one year | ± | (2,130) | (404) |
| Net current liabilities | | (324) | (294) |
| Net liabilities | | (324) | (294) |
| Capital and reserves | | | |
| Called up share capital | | 1 | 1 |
| Profit and loss account | | (325) | (295) |
| Shareholders' funds | | (324) | (294) |

For the year ending 30 November 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 24 August 2019.

Stephen Robert O'Conner
 Director

Company Registration No. SC549979

GRANGEMOUTH FITNESS STUDIO LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2018

1 Statutory information

Grangemouth Fitness Studio Limited is a private company, limited by shares, registered in Scotland, registration number SC549979. The registered office is 13-15 MORNINGSIDE DRIVE, EDINBURGH, EH10 5LZ, SCOTLAND.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

| 2018 | 2017 |
|-------------|-------------|
| £ | £ |

Loans from directors

| | |
|-------|-----|
| 2,130 | 404 |
|-------|-----|

5 Average number of employees

During the year the average number of employees was 2 (2017: 1).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.