

TE Nutrition & Fitness Ltd

Annual Report and Unaudited Financial Statements
for the Period from 5 November 2020 to 30 November 2021



SME Tax Ltd
Chartered Certified Accountants
39 Leigh Road
Cobham
Surrey
KT11 2LF

TE Nutrition & Fitness Ltd

Profit and Loss Account for the Period from 5 November 2020 to 30 November 2021

The company has not traded during the period. During this period, the company received no income and incurred no expenditure and therefore made neither profit nor loss.

TE Nutrition & Fitness Ltd

(Registration number: 13000353) Balance Sheet as at 30 November 2021

| | Note | 2021 £ |
|-----------------------------|------|------------|
| Current assets | | |
| Debtors | 4 | <u>100</u> |
| Capital and reserves | | |
| Called up share capital | 5 | <u>100</u> |
| Shareholders' funds | | <u>100</u> |

For the financial period ending 30 November 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

For the financial period ending 30 November 2021 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the director on 27 June 2022

.....
Mr Anthony Charles Huguenin
Director

TE Nutrition & Fitness Ltd

Notes to the Unaudited Financial Statements for the Period from 5 November 2020 to 30 November 2021

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

39 Leigh Road

Cobham

Surrey

KT11 2LF

England

These financial statements were authorised for issue by the director on 27 June 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

TE Nutrition & Fitness Ltd

Notes to the Unaudited Financial Statements for the Period from 5 November 2020 to 30 November 2021

3 Staff numbers

The average number of persons employed by the company (including the director) during the period, was 1.

4 Debtors

| | 2021 |
|---------------|------------|
| | £ |
| Other debtors | 100 |
| | <u>100</u> |

5 Share capital

Allotted, called up and fully paid shares

| | 2021 | |
|---------------------|------------|------------|
| | No. | £ |
| Ordinary of £1 each | 100 | 100 |
| | <u>100</u> | <u>100</u> |

New shares allotted

During the period 100 Ordinary having an aggregate nominal value of £100 were allotted for an aggregate consideration of £100. This formed the company's opening share capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.