

Breathe Happy Limited

Annual Report and Unaudited Filleted Financial Statements
for the Year Ended 31 March 2023



Michael J Emery & Co Limited
CHARTERED ACCOUNTANTS

Breathe Happy Limited

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Breathe Happy Limited

Company Information

Director	Mr R Mears
Registered office	Mulberry House 9 Stroatley Rise Haslemere Surrey GU27 1AF
Accountants	Michael J Emery & Co Limited Chartered Accountants 22 St John Street Newport Pagnell Buckinghamshire MK16 8HJ

Breathe Happy Limited
(Registration number: 12574875)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Intangible assets	<u>4</u>	43,279	57,684
Tangible assets	<u>5</u>	12,958	16,444
		<u>56,237</u>	<u>74,128</u>
Current assets			
Debtors	<u>6</u>	84,197	55,202
Cash at bank and in hand		4,226	95,752
		88,423	150,954
Creditors: Amounts falling due within one year	<u>7</u>	(93,294)	(111,404)
Net current (liabilities)/assets		<u>(4,871)</u>	<u>39,550</u>
Total assets less current liabilities		51,366	113,678
Provisions for liabilities		<u>(243)</u>	<u>(562)</u>
Net assets		<u>51,123</u>	<u>113,116</u>
Capital and reserves			
Called up share capital		100	100
Retained earnings		51,023	113,016
Shareholders' funds		<u>51,123</u>	<u>113,116</u>

For the financial year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the director on 14 December 2023

Breathe Happy Limited
(Registration number: 12574875)
Balance Sheet as at 31 March 2023

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Mr R Mears
Director

Breathe Happy Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2023

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Mulberry House
9 Stoalety Rise
Haslemere
Surrey
GU27 1AF
England

These financial statements were authorised for issue by the director on 14 December 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

Tax

The tax expense for the period comprises current and deferred tax. Tax is recognised in profit or loss, except that a change attributable to an item of income or expense recognised as other comprehensive income is also recognised directly in other comprehensive income.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

Breathe Happy Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2023

Deferred tax is recognised in respect of all timing differences between taxable profits and profits reported in the financial statements.

Unrelieved tax losses and other deferred tax assets are recognised when it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference.

Tangible assets

Tangible assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class	Depreciation method and rate
Plant and machinery	25% on cost

Intangible assets

Separately acquired trademarks and licences are shown at historical cost.

Trademarks, licences (including software) and customer-related intangible assets acquired in a business combination are recognised at fair value at the acquisition date.

Trademarks, licences and customer-related intangible assets have a finite useful life and are carried at cost less accumulated amortisation and any accumulated impairment losses.

Amortisation

Amortisation is provided on intangible assets so as to write off the cost, less any estimated residual value, over their useful life as follows:

Asset class	Amortisation method and rate
Patents and trademarks	Over 5 years on a straight line basis

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

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Notes to the Unaudited Financial Statements for the Year Ended 31 March 2023

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first-in, first-out (FIFO) method.

The cost of finished goods and work in progress comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition. At each reporting date, stocks are assessed for impairment. If stocks are impaired, the carrying amount is reduced to its selling price less costs to complete and sell; the impairment loss is recognised immediately in profit or loss.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

3 Staff numbers

The average number of persons employed by the company during the year, including the director, was 1 (2022 - 1).

Breathe Happy Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2023

4 Intangible assets

	Trademarks, patents and licenses £	Total £
Cost or valuation		
At 1 April 2022	72,025	72,025
At 31 March 2023	72,025	72,025
Amortisation		
At 1 April 2022	14,341	14,341
Amortisation charge	14,405	14,405
At 31 March 2023	28,746	28,746
Carrying amount		
At 31 March 2023	43,279	43,279
At 31 March 2022	57,684	57,684

5 Tangible assets

	Furniture, fittings and equipment £	Total £
Cost or valuation		
At 1 April 2022	16,444	16,444
Additions	732	732
At 31 March 2023	17,176	17,176
Depreciation		
Charge for the year	4,218	4,218
At 31 March 2023	4,218	4,218
Carrying amount		
At 31 March 2023	12,958	12,958
At 31 March 2022	16,444	16,444

Breathe Happy Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2023

6 Debtors

	Note	2023 £	2022 £
Current			
Trade debtors		47,240	14,935
Amounts owed by related parties	8	36,430	-
Prepayments		527	267
Other debtors		-	40,000
		<u>84,197</u>	<u>55,202</u>

7 Creditors

Creditors: amounts falling due within one year

	Note	2023 £	2022 £
Due within one year			
Trade creditors		38,284	1,839
Amounts owed to group undertakings and undertakings in which the company has a participating interest	8	-	17,064
Taxation and social security		29,244	51,419
Accruals and deferred income		2,985	11,932
Other creditors		22,781	29,150
		<u>93,294</u>	<u>111,404</u>

8 Related party transactions

Summary of transactions with other related parties

Cult 51 Limited

A company under common control

During the year, the company received management charges from Cult 51 Limited of £4,433 (2022: £Nil). At the balance sheet date, Cult 51 Limited was owed £32,781 (2022: £39,150) by the company.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.