

Registration number: 12390866

# Darkside Rising C.I.C.

(A company limited by guarantee)

Annual Report and Unaudited Financial Statements

for the Year Ended 5 April 2022

Saul Fairholm Limited  
12 Tentercroft Street  
Lincoln  
Lincolnshire  
LN5 7DB



## **Darkside Rising C.I.C.**

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## **Darkside Rising C.I.C.**

### **Company Information**

<b>Directors</b>	Mrs Annabel Jane Hunt Ms Shantelle Marie Svarc Robert Wilmington
<b>Registered office</b>	Unit 9 Newporte Business Park Bishops Road Lincoln Lincolnshire LN2 4SY
<b>Accountants</b>	Saul Fairholm Limited 12 Tentercroft Street Lincoln Lincolnshire LN5 7DB

**Darkside Rising C.I.C.**

**(Registration number: 12390866)**  
**Balance Sheet as at 5 April 2022**

	Note	2022 £	2021 £
<b>Current assets</b>			
Debtors	4	3,634	-
Cash at bank and in hand		<u>34,651</u>	<u>43,757</u>
		38,285	43,757
<b>Creditors: Amounts falling due within one year</b>	5	<u>(37,304)</u>	<u>(42,698)</u>
<b>Net assets</b>		<u>981</u>	<u>1,059</u>
<b>Reserves</b>			
Retained earnings		<u>981</u>	<u>1,059</u>
Surplus		<u>981</u>	<u>1,059</u>

For the financial year ending 5 April 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

For the financial year ending 5 April 2022 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.


**Directors' responsibilities:**

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the Board on 31 August 2022 and signed on its behalf by:

  
.....  
Ms Shantelle Marie Svarc  
Director

The notes on pages 3 to 6 form an integral part of these financial statements.  
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## **Darkside Rising C.I.C.**

### **Notes to the Unaudited Financial Statements for the Year Ended 5 April 2022**

#### **1 General information**

The company is a company limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £Nil towards the assets of the company in the event of liquidation.

The address of its registered office is:

Unit 9 Newporte Business Park  
Bishops Road  
Lincoln  
Lincolnshire  
LN2 4SY

These financial statements were authorised for issue by the Board on 31 August 2022.

#### **2 Accounting policies**

##### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

##### **Statement of compliance**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

##### **Basis of preparation**

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

##### **Revenue recognition**

Turnover comprises income received from funding sources, including grants and subsidies, in furtherance of the company's main objectives as a community interest company.

The company recognises revenue when:

The amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

##### **Tax**

The tax expense for the period comprises current tax. Tax is recognised in profit or loss, except that a change attributable to an item of income or expense recognised as other comprehensive income is also recognised directly in other comprehensive income.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

##### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Darkside Rising C.I.C.

### Notes to the Unaudited Financial Statements for the Year Ended 5 April 2022

#### Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

#### Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### 3 Staff numbers

The average number of persons employed by the company (including directors with contracts of employment) during the year was 3 (2021 - 3).

#### 4 Debtors

	2022	2021
Current	£	£
Other debtors	3,634	-

#### 5 Creditors

##### Creditors: amounts falling due within one year

	Note	2022	2021
Due within one year		£	£
Taxation and social security		12,338	249
Other creditors		24,966	42,449
		37,304	42,698

#### 6 Related party transactions

**Darkside Rising C.I.C.**

**Notes to the Unaudited Financial Statements for the Year Ended 5 April 2022**

**Transactions with directors**

	At 6 April 2021 £	Advances to director £	At 5 April 2022 £
2022			
Ms Shantelle Marie Svarc			
Advanced to director	-	3,385	3,385

**Darkside Rising C.I.C.**

**Notes to the Unaudited Financial Statements for the Year Ended 5 April 2022**

**Directors' remuneration**

The directors' remuneration for the year was as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Remuneration	<u>68,543</u>	<u>14,270</u>



# CIC 34

## Community Interest Company Report

**For official use**  
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**Please  
complete in  
typescript, or  
in bold black  
capitals.**

**Company Name in  
full**

Darkside Rising CIC

**Company Number**

12390866

**Year Ending**

5 April 2022

*(The date format is required in full)*

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

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## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Darkside Rising CIC is a non-profit organisation delivering a range of programmes to support women's strength, health and empowerment. We work extensively with women who have mental ill health, are neurodivergent, or who are unable to access traditional exercise provision.

We exist to:

- Create safe spaces for women to connect and develop self-acceptance
- Support women's confidence and self-esteem
- Innovate physical activity provision for women with complex health needs
- Embrace neurodivergence

Our projects for 2021-22 have included:

- Ask an Autistic: £1876 from the National Lottery Local Connections Fund, January - March 2021. Creating a website and blog.
- Untold Art Extension: £1989 from the Evan Cornish Grassroots Fund, administered by the Lincolnshire Community Foundation, May – August 2021. 12 weeks of art-based mindfulness for women disproportionately affected by covid-19.
- Impact Report: £4,700 from the National Emergencies Trust, administered by the Lincolnshire Community Foundation, May – August 2021. Creation of our first Impact Report.
- Real Autistic Women: £30,374 from the National Lottery Leaders with Lived Experience Fund, May 2021 – May 2022. Mentoring the next generation of autistic lived experience leadership in sports and physical activity.
- Strength in Cancer Pilot: £8,890 from Wave 10 of the Mental Health Promotion Fund, administered by LPFT, June – December 2021. Adapted strength training session for women living with a beyond cancer. Also awarded funding from the University of Lincoln's Productivity Programme to evaluate the project.
- 28 Days of Mindful Art: £8,980 from the Wave 1 Community Asset Development Fund, administered by SHINE Lincolnshire, May 2021 – March 2022. Developing and piloting an online video course of mindful art.
- Family Mindfulness Project: £5,174 from the Anglian Water Positive Difference Fund, administered by the Lincolnshire Community Foundation, April 2021 – October 2022. Co-creating 'Follow the Bird', a bird inspired book of mindfulness for vulnerable families.
- Mum Fit: £2914.98 from Sport England's ThisGirlCan Fund, May 2021 – February 2022, in partnership with Children's Links to offer specialist postnatal mum and baby strength training sessions in our local Toy Library.
- Project Inspire: £19,962 from the Community Grants Programme, commissioned by the Greater Lincolnshire Learning and Enterprise Partnership, funded through the ESFA and managed by Bishop Grosseteste University, July 2021 – January 2022. Employability support for neurodivergent women.
- Mindful Clay: £4,915 from the National Lottery and IKEA Places Called Home Fund, November 2021 – May 2022. 12-week Zoom course of Mindful Clay to support mental health.
- Menopause Project: £15,826 from the Wave 2 Community Asset Development Fund, administered by SHINE Lincolnshire, February 2022 – November 2022. Strength

training and pelvic floor health for women experiencing symptoms of menopause, including peri- and post-menopause.

- Postnatal Project: £9,624 from the Wave 11 Mental Health Promotion Fund, administered by SHINE Lincolnshire, February 2022 – November 2022. Specialist mum and baby strength training sessions for women at risk of postnatal anxiety and depression.
- Digital Voucher: £3925.95 from Lincolnshire County Council, April 2021. Redeveloping website and funding equipment to support staff to work from home.
- Business Revival Fund: £4,980 from City of Lincoln Council, June 2021. Equipment to support outdoor classes and staff working from home.

We have also delivered subsidised postnatal sessions to women at risk of postnatal depression and anxiety. This totalled £834 and 137 sessions, paid for through fundraising and the Lincoln Community Lottery.

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our stakeholders are:

- Project participants
- Potential project participants
- Referrers such as social prescribing link workers
- Family members of project participants
- Wider gym community who take part in fundraising and support Darkside Rising
- Funding organisations
- Other community organisations and NHS bodies

We were granted funding from the University of Lincoln's Productivity Programme to evaluate our Strength in Cancer Project. As a result of this evaluation, we secured 2-years of funding from the National Lottery Reaching Communities Fund and made some small changes to the project as a result of their feedback. This included increasing the session length and introducing nutrition support.

Many of our projects include co-creation with participants, such as the Family Mindfulness Project and 28 Days of Mindful Art.

As part of our Impact Report, we consulted with previous project participants and as a result implemented changes to future project proposals that included online options for participation, video courses and additional mental health support.

We regularly engage with wider community network meetings including LVET, VCS Forum and the Lincoln North Community Partnership Board. This allows us to engage with referrers, community organisations and NHS bodies so ensure that we are meeting the identified needs of our community.

All projects are internally evaluated, and changes implemented as necessary.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Directors have been paid solely as per the budget of each project for project work delivered. No additional payments for managing the organisation have been made.

- Annabel Hunt: £29,678
- Shantelle Svarc: £25,944
- Robert Willmington: £12,920

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

directors' or compensation for director's loss of office, which require to be disclosed  
There were no other transactions or arrangements in connection with the remuneration of

- Robert Williamson: £15,050
- Shantelle Davis: £32,044
- Annabel Hunt: £30,038

No additional payments for managing the organisation have been made.

Directors have been paid solely as per the budget of each project for project work delivered.

"no remuneration was received" below

disclosed" (see example with full notes). If no remuneration was received you must state that  
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and confirm that "There were no other transactions or arrangements in connection with the  
you need not reproduce it here. Please clearly identify the information within the accounts

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts  
(if applicable, please just state "A social audit report covering these points is attached").

All projects are internally evaluated, and changes implemented as necessary.

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and the Lincoln North Community Partnership Board. This allows us to engage with  
We regularly engage with wider community network meetings including LLET, ACS Forum

video courses and additional mental health support.

implemented changes to future project proposals that included online options for participation.

As part of our Impact Report, we consulted with previous project participants and as a result

Project and 58 Days of Mindful Art.

Many of our projects include co-creation with participants, such as the Family Mindfulness

introducing nutrition support.

project as a result of their feedback. This included increasing the session length and  
from the National Lottery Reaching Communities Fund and made some small changes to the  
our Strength in Cancer Project. As a result of this evaluation, we secured 5-years of funding

We were granted funding from the University of Lincoln's Productivity Programme to evaluate

- Other community organisations and NHS bodies
- Funding organisations
- Wider gym community who take part in fundraising and support Darkside Rising
- Family members of project participants
- Referrers such as social prescribing link workers
- Potential project participants
- Project participants

Our stakeholders are:

consultation, this should be made clear.

company taken in response to feedback from its consultations? If there has been no  
stakeholders are, how the stakeholders have been consulted and what action, if any, has the

**PART 5 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

(DD/MM/YY)

**The original report must be signed by a director or secretary of the company**

Signed



Date

17/10/2022

**Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.**

**Applications will be rejected if this information is incorrect.**

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Shantelle Svarc	
Unit 9, Newporte Business Park, Bishops Road, Lincoln	
LN2 4SY	
Tel: 07717202065	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

**(N.B. Please enclose a cheque for £15 payable to Companies House)**