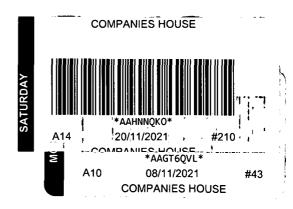
Company No. 12353246

Information for Filing with The Registrar

31 December 2020



Directors Report Registrar

The Directors present their report and the accounts for the period ended 31 December 2020.

Principal activities

The Company is dormant and has not traded during the period.

Directors

The Directors who served at any time during the period were as follows:

Rabia Rani REHMAN

Sukhchain Kaur Kasbia

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

Sukhchain Kaur Kasbia

Director

01 November 2022

Balance Sheet Registrar

at 31 December 2020

Company No.	12353246		Notes	2020
		•		£
Total equity				

For the year ending 31 December 2020 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

As permitted by section 444 (5A)of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's income and expenditure account.

Approved by the board on 01 November 2021

And signed on its behalf by:

Sukhchain Kaur Kasbia

Director

01 November 2021

Notes to the Accounts Registrar

for the period ended 31 December 2020

1 General information

GIVING BACK TO OUR COMMUNITY CIC is a private company limited by guarantee and incorporated in England and Wales.

Its registered number is: 12353246

Its registered office is:

Kbd Mega Deals Unit 5

Mills Hill Road

Industrial Estate

Middleton

M24 2FD

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

The accounts have been prepared in accordance with FRS 102 Section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland (March 2018) and the Companies Act 2006.

2 Accounting policies

Turnover

Turnover is measured at the fair value of the consideration received or receivable. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Revenue from the sale of goods is recognised when all the following conditions are satisfied:

- the Company has transferred to the buyer the significant risks and rewards of ownership of the goods;
- the Company retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the goods sold;
- the amount of revenue can be measured reliably;
- it is probable that the economic benefits associated with the transaction will flow to the Company; and
- the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Specifically, revenue from the sale of goods is recognised when goods are delivered and legal title is passed.

Intangible fixed assets

Intangible fixed assets are carried at cost less accumulated amortisation and impairment losses.

Notes to the Accounts Registrar

Tangible fixed assets and depreciation

Tangible fixed assets held for the company's own use are stated at cost less accumulated depreciation and accumulated impairment losses.

At each balance sheet date, the company reviews the carrying amount of its tangible fixed assets to determine whether there is any indication that any items have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss.

Depreciation is provided at the following annual rates in order to write off the cost or valuation less the estimated residual value of each asset over its estimated useful life:

Furniture, fittings and equipment 10% Straight Line

Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable profit for the year. Taxable profit differs from the surplus as reported in the income and expenditure account because of items of income or expense that are taxable or deductible in other years and items that are never taxable or deductible. The Company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable profit. Deferred tax liabilities are generally recognised for all taxable temporary differences. Deferred tax assets are generally recognised for all deductible timing differences to the extent that it is probable that taxable profits will be available against which those deductible temporary differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable profits will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period.

Current or deferred tax for the year is recognised in the income and expenditure account, except when they relate to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

Freehold investment property

Investment properties are revalued annually and any surplus or deficit is dealt with through the income and expenditure account.

No depreciation is provided in respect of investment properties.

Investments

Unlisted investments are recognised initially at fair value less attributable transaction costs. Subsequent to initial recognition, any changes in fair value are recognised in the income and expenditure account.

Notes to the Accounts Registrar

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Costs, which comprise direct production costs, are based on the method most appropriate to the type of inventory class, but usually on a first-in-first-out basis. Overheads are charged to profit or loss as incurred. Net realisable value is based on the estimated selling price less any estimated completion or selling costs.

When stocks are sold, the carrying amount of those stocks is recognised as an expense in the period in which the related revenue is recognised. The amount of any write-down of stocks to net realisable value and all losses of stocks are recognised as an expense in the period in which the write-down or loss occurs. The amount of any reversal of any write-down of stocks is recognised as a reduction in the amount of inventories recognised as an expense in the period in which the reversal occurs.

Work in progress is reflected in the accounts on a contract by contract basis by recording revenue and related costs as contract activity progresses.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method, less impairment losses for bad and doubtful debts.

Trade and other creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Foreign currencies

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

Transactions in currencies, other than the functional currency of the Company, are recorded at the rate of exchange on the date the transaction occurred. Monetary items denominated in other currencies are translated at the rate prevailing at the end of the reporting period. all differences are taken to the income and expenditure account. Non-monetary items that are measured at historic cost in a foreign currency are not retranslated.

Notes to the Accounts Registrar

Leased assets

Where the company enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to the Company are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the Company at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately in the income and expenditure account, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the Company's policy on borrowing costs (see the accounting policy above).

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Defined contribution pensions

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations.

The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Provisions

Provisions are made where an event has taken place that gives the Company a legal or constructive obligation that probably requires settlement by a transfer of economic benefit, and a reliable estimate can be made of the amount of the obligation.

Provisions are charged as an expense to the income and expenditure account in the year that the Company becomes aware of the obligation, and are measured at the best estimate at balance sheet date of the expenditure required to settle the obligation, taking into account relevant risks and uncertainties.

When payments are eventually made, they are charged to the provision carried in the balance sheet.

3 Employees

2020 Number

The average monthly number of employees (including directors) during the period:

0

200115/15

CIC 34

GIVING BOUR to OUR COMMUNITY CIC

(The date format is required in full)

Community Interest Company Report

For official use (Please leave blank)

Company Name in

Company Number

Year Ending

Please

capitals.

complete in typescript, or in bold black

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes. (N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House) PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community. The purpose of the account to provide a gyon training facility by the Community Provide a gyon training facility by the Community. The purpose of the account to provide a gyon training facility by the Community. The provided of the community of the company's activities in the financial year to which the report covering these points is attached").		Please ensure the company name is consistent with the company name entered on the accounts.						
cheque or postal order payable to Companies House) PART 1-GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community. The put foste of the ac way to provide a gym training faility to the Community - But due to Could's faility to the Community. The did not conduct any period The Accounting the did not of the period of the per		be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more						
In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community. The putpose of the ac way to provide a gym training facility to the Community - But due to Could's we did not conduct any setivity. The Accounting frection of 12-2019 to 81-12-2020. The petiod in Dormant as no autivity Conducted. (If applicable, please just state "A social audit report covering these points is attached").								
		In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community. The purpose of the cic way to provide a gym training facility to the Community. But due to Could's we did not conduct any metricity. The Account we did not conduct any metricity. The Account facility of the Period for Dormant or no autivity Conducted.						
(Please continue on Separate continuation speet it becessary)		(Please continue on separate continuation sheet if necessary.)						

PART 2 - CONSULTATION WITH STAKEHOLDERS - Please indicate who the company's							
stakeholders are; how the stakeholders have been consulted and what action, if any, has the							
company taken in response to feedback from its consultations? If there has been no							
consultation, this should be made clear.							
Consultation, this should be made clear.							
As there is no activity, there was no altivity							
AS there is no activity, there was no activity of formal meetings of consultations vecorded or meetings or consultations was conducted							
meetings or me consultations was conducted							
(If applicable, please just state "A social audit report covering these points is attached").							
PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts							
you need not reproduce it here. Please clearly identify the information within the accounts							
and confirm that, "There were no other transactions or arrangements in connection with the							
remuneration of directors, or compensation for director's loss of office, which require to be							
disclosed" (See example with full notes). <u>If no remuneration was received you must state that</u>							
"no remuneration was received" below.							
NO RemuneTation							
(40 Demanelace)							
•							
PART 4 - TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION - Please							
insert full details of any transfers of assets other than for full consideration e.g. Donations to							
outside bodies. If this does not apply you must state that "no transfer of assets other than for							
full consideration has been made" below.							
NO ASSETS transfelled to or from							
(omets) the cic							
(oriens) for all							
(Please continue on separate continuation sheet if necessary.)							

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

record.

Signed

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this is information is incorrect.

	Office held (delete as appropriate) Director/Secretary		
You do not have to give any contact information in the box opposite but if			
you do, it will help the Registrar of Companies to contact you if there is			
a query on the form. The contact			
information that you give will be visible to searchers of the public		Tel	
record	DX Number	DX Exchange	

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Walcs: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP - 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)