

# **HEALTH & LIFE MATTERS LTD**

**Company Registration Number:  
12077394 (England and Wales)**

**Unaudited micro entity accounts for the year ended 31 July 2022**

**Period of accounts**

**Start date: 01 August 2021**

**End date: 31 July 2022**

# **HEALTH & LIFE MATTERS LTD**

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# HEALTH & LIFE MATTERS LTD

## Company Information

for the Period Ended 31 July 2022

**Registered office:**

17  
Borrett Close  
London  
GBR  
SE17 3JF

**Company Registration Number:**

12077394 (England and Wales)

# HEALTH & LIFE MATTERS LTD

## Profit and Loss Account for the Period Ended 31 July 2022

	<i>2022</i> <i>£</i>	<i>2021</i> <i>£</i>
Turnover	10,516	12,395
Cost of Materials	( 6,310 )	( 7,332 )
Other charges	( 5,004 )	( 5,502 )
Profit or (Loss) for Period	( 798 )	( 439 )

# HEALTH & LIFE MATTERS LTD

## Balance sheet

As at 31 July 2022

	<i>2022</i> <i>£</i>	<i>2021</i> <i>£</i>
Called up share capital not paid:	3	3
Current assets:	6,003	3,882
Creditors: amounts falling due within one year:	( 4,006 )	( 1,087 )
<b>Net current assets (liabilities):</b>	<b>1,997</b>	<b>2,795</b>
Total assets less current liabilities:	2,000	2,798
<b>Total net assets (liabilities):</b>	<b>2,000</b>	<b>2,798</b>
<b>Capital and reserves:</b>	<b>2,000</b>	<b>2,798</b>

# HEALTH & LIFE MATTERS LTD

## Balance sheet continued

For the year ending 31 July 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

**This report was approved by the board of directors on 20 December 2022**

**And Signed On Behalf Of The Board By:**

Name: C G Wesley

Status: Director

The notes form part of these financial statements

# **HEALTH & LIFE MATTERS LTD**

## **Footnotes to the Financial Statements**

**for the Period Ended 31 July 2022**

### **1. Employee Information**

Average number of employees: 1

# **HEALTH & LIFE MATTERS LTD**

## **Footnotes to the Financial Statements**

**for the Period Ended 31 July 2022**

### **2. Off balance sheet disclosure**

No



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.