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Company Registration No. 11900688 (England and Wales)

**SOULFOOD KITCHEN NEWQUAY CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2020**

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A09	21/07/2020	#328
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**SOULFOOD KITCHEN NEWQUAY CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
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**SOULFOOD KITCHEN NEWQUAY CIC
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2020**

Directors	Nicola Jane Brady Elsbeth Jane Mitchell
Company Number	11900688 (England and Wales)
Registered Office	5 OLD BARN COURT NEWQUAY CORNWALL TR7 1QU

**SOULFOOD KITCHEN NEWQUAY CIC
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2020**

6 Average number of employees

During the year the average number of employees was 0.

SOULFOOD KITCHEN NEWQUAY CIC
INCOME STATEMENT
FOR THE YEAR ENDED 31 MARCH 2020

	2020
	£
Turnover	3,014
Cost of sales	(717)
Gross profit	<u>2,297</u>
Administrative expenses	(1,893)
Operating profit	<u>404</u>
Profit on ordinary activities before taxation	<u>404</u>
Tax on profit on ordinary activities	-
Profit for the financial year	<u><u>404</u></u>

SOULFOOD KITCHEN NEWQUAY CIC
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2020

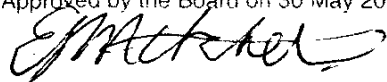
	Notes	2020 £
Fixed assets		
Tangible assets	4	405
Current assets		
Cash at bank and in hand		9,678
Creditors: amounts falling due within one year	5	(9,679)
Net current liabilities		(1)
Net assets		404
Capital and reserves		
Profit and loss account		404
Shareholders' funds		404

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

Approved by the Board on 30 May 2020.



Elsbeth Jane Mitchell
Director

Company Registration No. 11900688

SOULFOOD KITCHEN NEWQUAY CIC
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2020

1 Statutory information

Soulfood Kitchen Newquay CIC is a private company, limited by shares, registered in England and Wales, registration number 11900688. The registered office is 5 OLD BARN COURT, NEWQUAY, CORNWALL, TR7 1QU.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Fixtures & fittings 15% Straight Line

4 Tangible fixed assets

	Fixtures & fittings £
Cost or valuation	At cost
At 1 April 2019	-
Additions	476
At 31 March 2020	476
Depreciation	
Charge for the year	71
At 31 March 2020	71
Net book value	
At 31 March 2020	405

5 Creditors: amounts falling due within one year

	2020 £
Loans from directors	1,566
Accruals	75
Deferred income	8,038
	9,679

**SOULFOOD KITCHEN NEWQUAY CIC
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2020**

6 Average number of employees

During the year the average number of employees was 0.

**SOULFOOD KITCHEN NEWQUAY CIC
DETAILED PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2020**

	2020
	£
Turnover	
Sales	3,014
Cost of sales	
Purchases	717
Gross profit	2,297
Administrative expenses	
Directors' salaries	1,305
Rent	275
Insurance	100
Depreciation	71
Sundry expenses	67
Accountancy fees	75
	1,893
Operating profit	404
Profit on ordinary activities before taxation	404

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CIC 34

Community Interest Company Report

	For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals.	Company Name in full	SOUL FOOD KITCHEN NEWQUAY CIC
	Company Number	11900688
	Year Ending	(DD/MM/YY) 31/03/2020
		(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Delivery of weekly community food Meal sessions. Participation on average 25 individuals per session. Promotion of social inclusion, education, healthy eating (Thursdays)
3 Sessions - delivery at Newquay Community Orchard - supporting volunteers to engage and participate in all aspects of food delivery, using ingredients grown at the orchard.
On average serving 24 meals per session.
Monday, Wednesday, Friday.
(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 - CONSULTATION WITH STAKEHOLDERS - Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations?
If there has been no consultation, this should be made clear.
We keep a weekly visitor book, their asks for client feedback

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received"

below. I salary on accounts showing for specific grant funded work at Newquay Orchard.
There were no other transactions or arrangements in connection with the remuneration of directors or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer to assets

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD MM YY)

The original report must be signed by a director or secretary of the company

Signed



Date



E. Mitchell

28/6/2020

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible

ELSBETH MITCHELL
5 OLD BARN CAT
NEWQUAY
CORNWALL

T27 1QU.

to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LLP 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)