

BREAKFREE COUNSELLING SERVICES LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2021

BREAKFREE COUNSELLING SERVICES LTD
UNAUDITED ACCOUNTS
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BREAKFREE COUNSELLING SERVICES LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2021

Directors	H Lumley T Woodhouse
Company Number	11482170 (England and Wales)
Registered Office	SUITE E13, INNOVATOR HOUSE SUNDERLAND ENTERPRISE PARK SUNDERLAND SR5 2TP UNITED KINGDOM
Accountants	LP Accountants Ltd Unit E Colima Avenue Sunderland Tyne & Wear SR5 3XB

BREAKFREE COUNSELLING SERVICES LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 JULY 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	<u>4</u>	4,088	466
Current assets			
Debtors	5	12,017	42
Cash at bank and in hand		6,388	8,882
		<u>18,405</u>	<u>8,924</u>
Creditors: amounts falling due within one year	<u>6</u>	(8,865)	(7,788)
Net current assets		<u>9,540</u>	<u>1,136</u>
Net assets		<u>13,628</u>	<u>1,602</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		13,627	1,601
Shareholders' funds		<u>13,628</u>	<u>1,602</u>

For the year ending 31 July 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 11 November 2021 and were signed on its behalf by

T Woodhouse
Director

Company Registration No. 11482170

BREAKFREE COUNSELLING SERVICES LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2021

1 Statutory information

Breakfree Counselling Services Ltd is a private company, limited by shares, registered in England and Wales, registration number 11482170. The registered office is SUITE E13, INNOVATOR HOUSE, SUNDERLAND ENTERPRISE PARK, SUNDERLAND, SR5 2TP, UNITED KINGDOM.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Fixtures & fittings	25% on the reducing balance
Computer equipment	33% straight line

4 Tangible fixed assets

	Fixtures & fittings	Computer equipment	Total
	£	£	£
Cost or valuation	At cost	At cost	
At 1 August 2020	-	479	479
Additions	2,831	1,487	4,318
At 31 July 2021	2,831	1,966	4,797
Depreciation			
At 1 August 2020	-	13	13
Charge for the year	287	409	696
At 31 July 2021	287	422	709
Net book value			
At 31 July 2021	2,544	1,544	4,088
At 31 July 2020	-	466	466

BREAKFREE COUNSELLING SERVICES LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2021

5 Debtors: amounts falling due within one year	2021	2020
	£	£
Trade debtors	10,920	-
Accrued income and prepayments	217	8
Other debtors	880	34
	<u>12,017</u>	<u>42</u>
	<u><u>12,017</u></u>	<u><u>42</u></u>
 6 Creditors: amounts falling due within one year	 2021	 2020
	£	£
Trade creditors	541	-
Taxes and social security	2,753	1,185
Other creditors	1,736	1,736
Loans from directors	3,712	4,742
Accruals	123	125
	<u>8,865</u>	<u>7,788</u>
	<u><u>8,865</u></u>	<u><u>7,788</u></u>

7 Average number of employees

During the year the average number of employees was 4 (2020: 3).

