

REGISTERED NUMBER: 11285342 (England and Wales)

Unaudited Financial Statements
for the Period 3 April 2018 to 31 March 2019
for
J & K Insights Ltd

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for the Period 3 April 2018 to 31 March 2019**

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J & K Insights Ltd
Company Information
for the Period 3 April 2018 to 31 March 2019

DIRECTORS:

Mrs K A B Francis
Dr J Francis

REGISTERED OFFICE:

12 The Blossoms
Fulwood
Preston
Lancashire
PR2 9RF

REGISTERED NUMBER:

11285342 (England and Wales)

ACCOUNTANTS:

CCW Limited
Chartered Accountants
295/297 Church Street
Blackpool
Lancashire
FY1 3PJ

Balance Sheet
31 March 2019

	Notes	£	£
FIXED ASSETS			
Tangible assets	4		55
CURRENT ASSETS			
Cash at bank and in hand		821	
CREDITORS			
Amounts falling due within one year	5	<u>3,220</u>	
NET CURRENT LIABILITIES			<u>(2,399)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(2,344)</u>
CAPITAL AND RESERVES			
Called up share capital			100
Retained earnings	6		<u>(2,444)</u>
			<u>(2,344)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 7 October 2019 and were signed on its behalf by:

Dr J Francis - Director

Mrs K A B Francis - Director

Notes to the Financial Statements
for the Period 3 April 2018 to 31 March 2019

1. STATUTORY INFORMATION

J & K Insights Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover represents income receivable from the provision of physical health and well-being services.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 20% on reducing balance

Taxation

Taxation for the period comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the period was 2.

Notes to the Financial Statements - continued
for the Period 3 April 2018 to 31 March 2019

4. TANGIBLE FIXED ASSETS

Fixtures
and
fittings
£

COST

Additions

69

At 31 March 2019

69

DEPRECIATION

Charge for period

14

At 31 March 2019

14

NET BOOK VALUE

At 31 March 2019

55

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

£

Directors' loan accounts

2,860

Accrued expenses

360

3,220

6. RESERVES

Retained
earnings
£

Deficit for the period

(2,444)

At 31 March 2019

(2,444)

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.