

**REGISTERED NUMBER: 10925758 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2021**

**FOR**

**AAM HEALTH LIMITED**

**AAM HEALTH LIMITED (REGISTERED NUMBER: 10925758)**

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FOR THE YEAR ENDED 31 AUGUST 2021**

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**AAM HEALTH LIMITED**

**COMPANY INFORMATION  
FOR THE YEAR ENDED 31 AUGUST 2021**

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<b>DIRECTORS:</b>	A A Mirza Mrs S Ahmed
<b>REGISTERED OFFICE:</b>	2 Cedargrove Hagley Stourbridge West Midlands DY9 0DR
<b>REGISTERED NUMBER:</b>	10925758 (England and Wales)
<b>ACCOUNTANTS:</b>	Ashcrofts Accountants Limited 2 Cedargrove Hagley Stourbridge West Midlands DY9 0DR
<b>BANKERS:</b>	National Westminster Bank plc Merry Hill Centre 11 Western Boulevard Bede Island Leicester LE2 7EJ

**BALANCE SHEET**  
**31 AUGUST 2021**

	Notes	2021 £	2020 £
<b>FIXED ASSETS</b>			
Tangible assets	4	622	777
<b>CURRENT ASSETS</b>			
Debtors	5	73,993	28,646
Cash at bank		<u>16,151</u>	<u>49,507</u>
		90,144	78,153
<b>CREDITORS</b>			
Amounts falling due within one year	6	<u>(4,854)</u>	<u>(3,722)</u>
<b>NET CURRENT ASSETS</b>		<u>85,290</u>	<u>74,431</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		85,912	75,208
<b>PROVISIONS FOR LIABILITIES</b>	7	<u>(118)</u>	<u>(148)</u>
<b>NET ASSETS</b>		<u>85,794</u>	<u>75,060</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	8	100	100
Retained earnings	9	<u>85,694</u>	<u>74,960</u>
<b>SHAREHOLDERS' FUNDS</b>		<u>85,794</u>	<u>75,060</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 10 April 2022 and were signed on its behalf by:

A A Mirza - Director

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 AUGUST 2021**

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**1. STATUTORY INFORMATION**

AAM Health Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2020 - 1).

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2021

4. TANGIBLE FIXED ASSETS		Fixtures, fittings & equipment £
<b>COST</b>		
At 1 September 2020 and 31 August 2021		<u>1,306</u>
<b>DEPRECIATION</b>		
At 1 September 2020		529
Charge for year		<u>155</u>
At 31 August 2021		<u>684</u>
<b>NET BOOK VALUE</b>		
At 31 August 2021		<u>622</u>
At 31 August 2020		<u>777</u>
 5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	2021	2020
	£	£
Other debtors	42,793	28,646
Prepayments and accrued income	<u>31,200</u>	<u>-</u>
	<u>73,993</u>	<u>28,646</u>
 6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	2021	2020
	£	£
Corporation tax	3,683	2,530
Social security and other taxes	438	1
Other creditors	-	458
Accruals and deferred income	<u>733</u>	<u>733</u>
	<u>4,854</u>	<u>3,722</u>
 7. PROVISIONS FOR LIABILITIES		
	2021	2020
	£	£
Deferred tax	<u>118</u>	<u>148</u>
		Deferred tax
		£
Balance at 1 September 2020		148
Credited during the year		<u>(30)</u>
Balance at 31 August 2021		<u>118</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2021

8. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:		Nominal value:	2021	2020
Number:	Class:		£	£
100	Ordinary	£1	<u>100</u>	<u>100</u>

9. RESERVES

	Retained earnings £
At 1 September 2020	74,960
Profit for the year	15,579
Dividends	<u>(4,845)</u>
At 31 August 2021	<u>85,694</u>

10. RELATED PARTY DISCLOSURES

At 31 August 2021 there was a loan to Kirkby Dental Practice, a sole trade business owned by Mr A A Mirza of £42,793 (2020: £23,473). This unsecured loan is interest free and repayable on demand.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.