

**SPORTS THERAPY 2 YOU LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2021**

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UNAUDITED ACCOUNTS
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SPORTS THERAPY 2 YOU LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2021

Director	Dale Hibberd
Secretary	Agent Armour Accounts Limited
Company Number	10882972 (England and Wales)
Registered Office	27 SHROPSHIRE ROAD RAF SCAMPTON LINCOLN LN1 2UE UNITED KINGDOM

SPORTS THERAPY 2 YOU LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 JULY 2021

	Notes	2021 £	2020 £
Current assets			
Cash at bank and in hand		3,415	3,125
Creditors: amounts falling due within one year	4	(1,686)	(1,439)
Net current assets		1,729	1,686
Net assets		1,729	1,686
Capital and reserves		1	1
Called up share capital	5	1	1
Profit and loss account		1,728	1,685
Shareholders' funds		1,729	1,686

For the year ending 31 July 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 12 September 2021 and were signed on its behalf by

Dale Hibberd
 Director

Company Registration No. 10882972

SPORTS THERAPY 2 YOU LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2021

1 Statutory information

Sports Therapy 2 You Ltd is a private company, limited by shares, registered in England and Wales, registration number 10882972. The registered office is 27 SHROPSHIRE ROAD, RAF SCAMPTON, LINCOLN, LN1 2UE, UNITED KINGDOM.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	174	275
Taxes and social security	47	464
Loans from directors	1,465	700
	<hr/>	<hr/>
	1,686	1,439
	<hr/> <hr/>	<hr/> <hr/>

5 Share capital

	2021	2020
	£	£
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1
	<hr/> <hr/>	<hr/> <hr/>

6 Controlling party

The ultimate controlling party is D Hibberd.

7 Average number of employees

During the year the average number of employees was 1 (2020: 1).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.