# Shropshire Inclusive Dance CIC Filleted Accounts 31 May 2019



05/12/2019
COMPANIES HOUSE

Shropshire Inclusive Dance CIC Registered number:

Balance Sheet as at 31 May 2019

10771894

		2019 £		2018 £
Fixed assets		629		839
Current assets	22,534		41,375	
Creditors: amounts falling due within one year	229	_	(1,686)	
Net current assets		22,763		39,689
Total assets less current liabilities		23,392		40,528
Accruals and deferred income		(19,597)		(35,016)
Net assets	<u> </u>	3,795	_	5,512
Capital and reserves	_	3,795		5,512

The company is a private company limited by shares and incorporated in England. Its registered office is The Hive, 5 Belmont, Shrewsbuyr, Shropshire, SY1 1TE.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

> Sawly.

R A Jacobs Director

Approved by the board on 24 October 2019

## **CIC 34**

### **Community Interest Company Report**

	For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals.	Company Name in full	SHROPSHIRE INCLUSIVE DANCE CIC
	Company Number	10771894
	Year Ending	2019

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

#### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Shropshire Inclusive Dance (SiD) is a company committed to inclusive dance practice. We are the only contemporary dance company in Shropshire that involves people of all ages, including those with disabilities, with the aim of nurturing and supporting public health and community activity through dance.

Our company's activities this financial year included;

Making and performing original choreography with our performance company 'Contact Dance Company', made up of dancers with and without disabilities. We choreographed two ensemble dance pieces with members of Contact Dance Company. We also performed at conferences, award ceremonies, and dance performance events, in theatres and in community centres locally.

Delivering weekly inclusive dance classes, workshops, and bespoke projects within community and educational settings including:

- 60 weekly creative dance classes for adults at local arts and education centre in Shrewsbury.
- Dance taster workshops for young people with disabilities
- Professional development choreographic residency for dancers with and without disabilities
- o Numerous dance residencies including;
  - Returning to Abercych Maynard Community residency, facilitating workshops. We reached groups of people with learning disabilities, local people and families of all ages – over 100 people in the joy of dancing together.
  - We co-delivered VERSE Atility, a young carers project. This exciting
    and rewarding project in partnership with The Hive and Shropshire
    Inclusive Dance in Shrewsbury took place in the Autumn & Summer of
    2019. The young people grew in confidence over the week's activity.
    Working with dance and music offered time for the young people, which
    was social, fun, creative and challenging.

SiD completed our two-year programme, 'Growing Together', focusing on developing our organisation; we made two exciting new dance pieces with Contact Dance Company and developed our work with young people with disabilities.

Our dance classes supported people to develop a sense of belonging, connection with others and confidence in their own creativity. Through our dance and movement sessions we supported people's well-being, health and happiness.

This year we placed access, equality and inclusion at the heart of what we do, building meaningful relationships where the joy of dancing and moving together was shared.

(If applicable, please just state "A social audit report covering these points is attached").

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

**Our stakeholders** include participants who access our activities - attending classes and workshops, members of Contact Dance Company performance company, board of directors, audience, friends, family members and carers, local authorities, funders, professional contracted artistic team, volunteers, people from the local community, industry sector organisations, community organisations, project partners, interest groups and associations.

A consultation with stakeholders took place throughout the year and our programme of work was evaluated using qualitative and quantitative methods overseen by our consultation and evaluation lead Alison Saint. The on-going consultation has helped us evaluate our progress in becoming more transparent and accountable. It's important that we are aware of how we are doing and where we need to focus our attention and resources.

Feedback has been collected throughout the year, interrogated and disseminated in a range of differing dance contexts and presented via regular reports to our board of directors and presented in our yearly Impact Report.

Participant feedback was collected using a range of methods (feedback forms, interviews, film footage and consultation).

All monitoring and collection of data will follow GDPR guidelines.

#### Consultation has focused upon:

- Board needs development & training, confidence, skills base & team spirit of the board was tracked through self-evaluation.
- SiD staff regularly contracted staff shared evaluation from projects they were involved in during monthly staff meetings.
- Feedback gathered from participants attending dance weekly classes and projects.
   Written feedback will be gathered from each participant when appropriate. Photos & video will be gathered as a tool for evaluation.
- Contact Dance Company members met regularly to discuss all elements of the company. Each dancer's creative & physical development was evaluated in partnership with Shropshire County training, involving verbal discussions & written feedback during class.
- Audience evaluation. Audience members were interviewed to assist in gaining insight into marketing & their experience of our performance work.

(If applicable, please just state "A social audit report covering these points is attached").

	(Please continue on separate continuation sheet if necessary.)
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with the remuneration of direct	tors, or compensation for director's loss of office, which require with full notes). If no remuneration was received you must
	uce it here. Please clearly identify the information within the nere were no other transactions or arrangements in connection

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#### **PART 5 - SIGNATORY**

The original report must be signed by a director or secretary of the company

Signed

Date 4////

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Shropshire inclu Shrewsbury SY	isive Dance, The Hive, 5 Belmont, 1 1TE			
Tel 01743 234 976				
DX Number	DX Exchange			

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)