

**NOURISH AWARDS LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

Nourish Awards Ltd
Unaudited Financial Statements
For The Year Ended 31 December 2021

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**Nourish Awards Ltd
Accountant's Report
For The Year Ended 31 December 2021**

Chartered Accountant's report to the director on the preparation of the unaudited statutory accounts of Nourish Awards Ltd For The Year Ended 31 December 2021

In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the accounts of Nourish Awards Ltd For The Year Ended 31 December 2021 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given to us.

As a practising member of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the director of Nourish Awards Ltd , as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Nourish Awards Ltd and state those matters that we have agreed to state to the director of Nourish Awards Ltd , as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Nourish Awards Ltd and its director, as a body, for our work or for this report.

It is your duty to ensure that Nourish Awards Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of Nourish Awards Ltd . You consider that Nourish Awards Ltd is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit of the accounts of Nourish Awards Ltd . For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

28 September 2022

The Alanbrookes Group Ltd
Chartered Accountants
24 The Glove Factory
Holt
Wiltshire
BA14 6RL

Nourish Awards Ltd
Balance Sheet
As at 31 December 2021

Registered number: 10703043

	Notes	31 December 2021		31 December 2020	
		£	£	£	£
FIXED ASSETS					
Tangible Assets	3		-		160
			-		160
CURRENT ASSETS					
Debtors	4	-		376	
Cash at bank and in hand		287		4,664	
		287		5,040	
Creditors: Amounts Falling Due Within One Year	5	(49,986)		(23,834)	
NET CURRENT ASSETS (LIABILITIES)			(49,699)		(18,794)
TOTAL ASSETS LESS CURRENT LIABILITIES			(49,699)		(18,634)
Creditors: Amounts Falling Due After More Than One Year	6		(3,975)		(4,500)
NET LIABILITIES			(53,674)		(23,134)
CAPITAL AND RESERVES					
Called up share capital			1		1
Profit and Loss Account			(53,675)		(23,135)
SHAREHOLDERS' FUNDS			(53,674)		(23,134)

Nourish Awards Ltd
Balance Sheet (continued)
As at 31 December 2021

For the year ending 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Miss Diana Babics

Director

28 September 2022

The notes on pages 4 to 6 form part of these financial statements.

Nourish Awards Ltd
Notes to the Financial Statements
For The Year Ended 31 December 2021

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	33% straight line
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2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 2 (2020: 1)

Nourish Awards Ltd
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2021

3. Tangible Assets

	Computer Equipment
	£
Cost	
As at 1 January 2021	1,291
As at 31 December 2021	<u>1,291</u>
Depreciation	
As at 1 January 2021	1,131
Provided during the period	160
As at 31 December 2021	<u>1,291</u>
Net Book Value	
As at 31 December 2021	<u>-</u>
As at 1 January 2021	<u>160</u>

4. Debtors

	31 December 2021	31 December 2020
	£	£
Due within one year		
Trade debtors	-	376
	<u>-</u>	<u>376</u>

5. Creditors: Amounts Falling Due Within One Year

	31 December 2021	31 December 2020
	£	£
Other creditors	49,986	23,834
	<u>49,986</u>	<u>23,834</u>

6. Creditors: Amounts Falling Due After More Than One Year

	31 December 2021	31 December 2020
	£	£
Bank loans	3,975	4,500
	<u>3,975</u>	<u>4,500</u>

Nourish Awards Ltd
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2021

7. General Information

Nourish Awards Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 10703043 . The registered office is Unit 3 Spillmans Court, Middle Spillmans, Stroud, GL5 3RU.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.