

ASPIRE LIVING TRADING LIMITED

Registered No: 10695243

UNAUDITED

DIRECTORS' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2022



ASPIRE LIVING TRADING LIMITED
(A company limited by guarantee)

CONTENTS

	Page
Company Information	2-3
Directors' Report	4-6
Income and Expenditure account	7
Balance Sheet	8
Notes to the Financial Statements	9

ASPIRE LIVING TRADING LIMITED
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COMPANY INFORMATION

DIRECTORS

Simon Conway

Jennifer Garrigan

COMPANY SECRETARY

Tarnya Thompson

COMPANY NUMBER

10695243

REGISTERED OFFICE

134 Edmund Street
Birmingham
B3 2ES

ACCOUNTANT

Sayer Vincent LLP
Chartered Accountant
Invicta House
108-114 Golden Lane
London
EC1Y 0TL

ASPIRE LIVING TRADING LIMITED
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COMPANY INFORMATION

BANKERS

Barclays Bank PLC
43 High Street
Sutton
Surrey
SM1 1DR

SOLICITORS

Anthony Collins Solicitors LLP
134 Edmund Street
Birmingham
B3 2ES

ASPIRE LIVING TRADING LIMITED
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DIRECTORS' REPORT
for the year ended 31 March 2022

The company was incorporated on 28 March, 2017. The directors present their report and financial statements for the year ended 31 March, 2022.

STATEMENT OF DIRECTORS' RESPONSIBILITIES

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;

ASPIRE LIVING TRADING LIMITED
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DIRECTORS' REPORT
for the year ended 31 March 2022

- state whether applicable UK Accounting Standards have been followed subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the company will continue in operation.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy, at any time, the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements and other information included in Directors' Reports may differ from legislation in other jurisdictions.

ASPIRE LIVING TRADING LIMITED
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DIRECTORS' REPORT
for the year ended 31 March 2022

PRINCIPAL ACTIVITIES

The company is dormant and has not traded during the year.

DIRECTORS

The directors who were appointed on incorporation and who served during the year were:

Simon Conway (appointed 28 March, 2017)

Jennifer Garrigan (appointed 28 March, 2017)

The directors have no financial interest in the company, it being limited by guarantee.

In preparing this report, the directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by the Board of Directors on 25 November 2022 and signed on its behalf.



Simon Conway
Director

ASPIRE LIVING TRADING LIMITED
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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2022

The company has not traded during the year or the preceding financial period. During these periods, the company received no income and incurred no expenditure and therefore made neither surplus nor deficit. As at 31 March, 2022, and 31 March, 2021 the net assets of the company remain unchanged and therefore there have been no movements in members' interests.

ASPIRE LIVING TRADING LIMITED

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BALANCE SHEET

as at 31 March 2022

COMPANY REGISTRATION NUMBER 10695243

	2022 £	2021 £
Net assets	-	-
Total reserves	-	-

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime.

For the year ended 31 March, 2022, the company was entitled to exemption from audit under section 480 of the Companies Act 2006.

The directors acknowledge the following responsibilities:

- (i) the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- (ii) the directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved and authorised for issue by the board and signed on its behalf on 25 November 2022



Simon Conway
Director



Jennifer Garrigan
Director

ASPIRE LIVING TRADING LIMITED

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NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2022

1 Accounting policies

a) Statutory information

Aspire Living Trading Limited is a company limited by guarantee and is incorporated in the United Kingdom (England and Wales). The registered office address is 134, Edmund Street, Birmingham, B3 2ES. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

b) Basis of preparation

These financial statements have been prepared in accordance with applicable United Kingdom accounting standards, including Financial Reporting Standard 102 – 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' ('FRS 102'), and with the Companies Act 2006. The financial statements have been prepared on the historical cost basis.

c) Statement of cash flows

The company has taken advantage of the disclosure exemption in FRS 102 paragraph 3.17 (d) and Section 7.1B and has not prepared a statement of cash flows.

2 Ultimate parent undertaking and controlling party

Aspire Living Trading Limited's ultimate parent company is Thera Trust, a charitable company limited by guarantee and registered in England and Wales. Thera Trust is ultimately controlled by the members.

Thera Trust prepares consolidated financial statements in which the company is included. Copies of these accounts can be obtained from the Charity Commission and Companies House.