

**ASPIRE LIVING TRADING LIMITED**

**Registered No: 10695243**

**UNAUDITED**

**AMENDED DIRECTORS' REPORT AND FINANCIAL STATEMENTS**

**FOR THE PERIOD ENDED**

**31 MARCH 2019**

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SPE 20/12/2019 #13  
COMPANIES HOUSE

A15 15/01/2020 #1  
COMPANIES HOUSE  
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LD9 20/12/2019 #38  
COMPANIES HOUSE

**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**

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**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**

**COMPANY INFORMATION**

**DIRECTORS**

Simon Conway

Jennifer Garrigan

**COMPANY SECRETARY**

Tarnya Thompson

**COMPANY NUMBER**

10695243

**REGISTERED OFFICE**

134 Edmund Street  
Birmingham  
B3 2ES

**ACCOUNTANT**

Sayer Vincent LLP  
Chartered Accountant  
Invicta House  
108-114 Golden Lane  
London  
EC1Y 0TL

**ASPIRE LIVING TRADING LIMITED**  
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**COMPANY INFORMATION**

**BANKERS**

Barclays Bank PLC  
43 High Street  
Sutton  
Surrey  
SM1 1DR

**SOLICITORS**

Anthony Collins Solicitors LLP  
134 Edmund Street  
Birmingham  
B3 2ES

**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**

**DIRECTORS' REPORT**  
**for the period ended 31 March 2019**

The company was incorporated on 28 March, 2017. The directors present their report and financial statements for the period ended 31 March, 2019.

**STATEMENT OF DIRECTORS' RESPONSIBILITIES**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;

**ASPIRE LIVING TRADING LIMITED**  
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**DIRECTORS' REPORT**  
**for the period ended 31 March 2019**

- state whether applicable UK Accounting Standards have been followed subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the company will continue in operation.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy, at any time, the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements and other information included in Directors' Reports may differ from legislation in other jurisdictions.

**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**

**DIRECTORS' REPORT**  
**for the period ended 31 March 2019**

**PRINCIPAL ACTIVITIES**

The company is dormant and has not traded during the period.

**DIRECTORS**

The directors who were appointed on incorporation and who served during the period were:

Simon Conway (appointed 28 March, 2017)

Jennifer Garrigan (appointed 28 March, 2017)

The directors have no financial interest in the company, it being limited by guarantee.

In preparing this report, the directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by the Board of Directors on 26 September 2019 and signed on its behalf.



**Simon Conway**  
**Director**



**Jennifer Garrigan**  
**Director**

**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**  
**INCOME AND EXPENDITURE ACCOUNT**  
**for the year ended 31 March 2019**

The company has not traded during the year or the preceding financial period. During these periods, the company received no income and incurred no expenditure and therefore made neither surplus nor deficit. As at 31 March, 2019, and 31 March, 2018 the net assets of the company remain unchanged and therefore there have been no movements in members' interests.



# ASPIRE LIVING TRADING LIMITED

(A company limited by guarantee)

## BALANCE SHEET

as at 31 March 2019

COMPANY REGISTRATION NUMBER 10695243

	2019 £	2018 £
Net assets	-	-
Total reserves	-	-

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 479 of the Companies Act 2006 and members have not required the company to obtain an audit for the period in line with section 476 of the Companies Act 2006

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime

For the year ended 31 March, 2019, the company was entitled to exemption from audit under section 480 of the Companies Act 2006

The directors acknowledge the following responsibilities:

- (i) the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- (ii) the directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved and authorised for issue by the board and signed on its behalf on 26 September 2019

  
Simon Conway  
Director

  
Jennifer Garrigan  
Director

**ASPIRE LIVING TRADING LIMITED**  
**(A company limited by guarantee)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31 March 2019**

**1 Accounting policies**

**a) Statutory information**

Aspire Living Trading Limited is a company limited by guarantee and is incorporated in the United Kingdom (England and Wales). The registered office address is 134, Edmund Street, Birmingham, B3 2ES. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

**b) Basis of preparation**

These financial statements have been prepared in accordance with applicable United Kingdom accounting standards, including Financial Reporting Standard 102 – 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' ('FRS 102') (September 2015), and with the Companies Act 2006. The financial statements have been prepared on the historical cost basis.

**c) Statement of cash flows**

The company has taken advantage of the disclosure exemption in FRS 102 paragraph 3.17 (d) and Section 7.1B and has not prepared a statement of cash flows.

**2 Ultimate parent undertaking and controlling party**

Aspire Living Trading Limited's ultimate parent company is Thera Trust, a charitable company limited by guarantee and registered in England and Wales. Thera Trust is ultimately controlled by the members.

Thera Trust prepares consolidated financial statements in which the company is included. Copies of these accounts can be obtained from the Charity Commission and Companies House.