

Body+Beyond Limited

(formerly SMDFC LIMITED)

Registered Number
10563407
(England and Wales)

Unaudited Financial Statements for the Year ended
31 March 2022

Body+Beyond Limited
Company Information
for the year from 1 April 2021 to 31 March 2022

Directors

DUTTON, Sophie

PATEL, Vinay Sureshkumar

Registered Address

29 Harvest End

Watford

WD25 9UB

Registered Number

10563407 (England and Wales)

Body+Beyond Limited

Balance Sheet as at 31 March 2022

	2022 £	2021 £
Fixed Assets	1,483	2,493
Current Assets	29,517	36,362
Creditors amounts falling due within one year	(14,772)	(16,705)
Net current assets (liabilities)	14,745	19,657
Total assets less current liabilities	16,228	22,150
Creditors amounts falling due after one year	-	(20,800)
Provisions for liabilities	-	(474)
Accruals and deferred income	(4,665)	(780)
Net assets (liabilities)	11,563	96
Capital and reserves	11,563	96

The company is a private company limited by shares and registered in England and Wales. It was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The average number of persons employed by the company in the period was 2 (previous period: 2).

The financial statements were approved and authorised for issue by the Board of Directors on 18 October 2022, and are signed on its behalf by:

DUTTON, Sophie

Director

Registered Company No. 10563407

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.