

Registered number
10332187

New Beginnings Liverpool CIC
Company Limited by Guarantee
Accounts
31 August 2017

TUESDAY



R72N42PS

RM	27/03/2018	#41
	COMPANIES HOUSE	
A11	08/03/2018	#302
	COMPANIES HOUSE	

New Beginnings Liverpool CIC

**Report to the directors on the preparation of the unaudited accounts of
New Beginnings Liverpool CIC for the year ended 31 August 2017**

In order to assist the directors and members to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of New Beginnings Liverpool CIC for the year ended 31 August 2017 which comprise of the balance sheet and related notes from the company's accounting records and from information and explanations you have given us.

These micro entity accounts have been prepared in accordance with FRS105 and amendments made by Companies, Partnership and Groups (Accounts and reports) Regulations 2015

AL Accountancy Services

New Beginnings Liverpool CIC

Registered number: 10332187

Profit and loss

As at 31 August 2017

		2017
		£
Turnover		
Income		10,540
Interest received		3
Overheads		
Fee payments	5,390	
Rent	450	
Equipment	335	
Travel	500	
Printing and stationery	198	
Insurance	167	
Advertising	34	
Uniform	146	
IT/Phone	1,650	
Legal and professional	1,013	9,883

Net profit		660

New Beginnings Liverpool CIC

Registered number: 10332187

Balance Sheet

As at 31 August 2017

	Notes	2017 £
Fixed assets		
Tangible assets	2	0
Current assets		
Bank		660
Creditors: amounts falling due within one year		(128)

		533

		533
Creditors: amounts falling due after one year		-

Net assets		
Capital and reserves		
Profit and loss account		533

Shareholders' funds		533

For the year ending 31/08/2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

J Awang

Director



Approved by the board on 10 February 2018

New Beginnings Liverpool CIC

Notes to the accounts

for the year ended 31 August 2017

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015.)

Turnover

Turnover represents the value of services provided to clients.

Depreciation

Depreciation has not been provided

2 *Tangible fixed assets*

New Beginnings Liverpool CIC does not have any fixed assets

3 Share capital

The company is limited by guarantee and does not have a share capital

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

New Beginnings Liverpool CIC

Company Number

10332187

Year Ending

2017

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Mindfulness4kids programme ASC – delivered in a variety of schools across Merseyside. Enhanced children's self-awareness, emotional intelligence and developed self-managing coping strategies.

Mindfulness4adults programme, delivered to a variety of community services. Supported participants to gain new techniques and tools that enhance self-awareness, emotional intelligence, confidence and self-esteem.

Continued collaboration with communities to develop new programmes, projects and events which will have positive impacts on their wellbeing and leave a sustainable legacy.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

N/A

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

NO REMUNERATION WAS RECEIVED

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

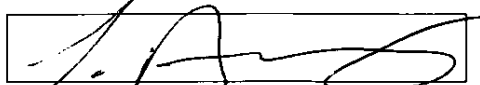
NO TRANSFER OF ASSETS OTHER THAN FOR FULL CONSIDERATION HAS BEEN MADE

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

22/01/18

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)