File Copy



OF A PRIVATE LIMITED COMPANY

Company Number 10246179

The Registrar of Companies for England and Wales, hereby certifies that

J M HEALTH & FITNESS LIMITED

is this day incorporated under the Companies Act 2006 as a private company, that the company is limited by shares, and the situation of its registered office is in England and Wales

Given at Companies House, Cardiff, on 22nd June 2016



N10246179H

The above information was communicated by electronic means and authenticated by the Registrar of Companies under section 1115 of the Companies Act 2006







IN01(ef)

Application to register a company



Received for filing in Electronic Format on the: 21/06/2016

I M HEALTH & FITNESS LIMITED

Company Name in full:

Company Type: Private limited by shares

Situation of Registered

Office:

England and Wales

Proposed Register

UNIT 2 KNIGHTSDALE ROAD

Office Address: IPSWICH

SUFFOLK ENGLAND IP1 4JJ

I wish to entirely adopt the following model articles: Private (Ltd by Shares)

Company Director 1	Company	Director	1
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Type: Person
Full forename(s): MR JAMIE

Surname: MONK

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: **/05/1973 Nationality: BRITISH

Occupation: PERSONAL TRAINER

The subscribers confirm that the person named has consented to act as a director.

Statement of Capital (Share Capital)

Class of shares	ORDINARY	Number allotted	100
Currency	GBP	Aggregate nominal value	100
		Amount paid per share	1
		Amount unnaid ner share	0

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. EACH SHARE IS ENTITLED PARI PASSU TO DIVIDEND PAYMENTS OR ANY OTHER DISTRIBUTION. EACH SHARE IS ENTITLED PARI PASSU TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY.

Statem	nent of Capital (Totals)		
Currency	GBP	Total number of shares	100
		Total aggregate nominal value	100

Initial Shareholdings

Name: JAMIE MONK

Address: 14 POWLING ROAD Class of share: ORDINARY

IPSWICH SUFFOLK

ENGLAND Number of shares: 100
IP3 9JR Currency: GBP

Nominal value of

each share:

Amount unpaid: 0
Amount paid: 1

Statement of Compliance

I confirm the requirements of the Companies Act 2006 as to registration have been complied with.

Name: JAMIE MONK

Authenticated: YES

Authorisation

Authoriser Designation: subscriber Authenticated: Yes

Company Having A Share Capital

$Memorandum\ of\ association\ of\ J\ M\ HEALTH\ \&\ FITNESS\ LIMITED$

Each subscriber to this memorandum of association wishes to form a company under the Companies Act 2006 and agrees to become a member of the company and to take at least one share.

Name of each subscriber

Mr Jamie Monk Date: 21/06/2016 Digitally Signed