

Abbreviated Unaudited Accounts

for the Period 12 August 2015 to 31 August 2016

for

The Fighting Fit Shop Ltd

Contents of the Abbreviated Accounts
for the Period 12 August 2015 to 31 August 2016

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

The Fighting Fit Shop Ltd

Company Information

for the Period 12 August 2015 to 31 August 2016

DIRECTOR: Miss S K Heathcote

SECRETARY: Miss S K Heathcote

REGISTERED OFFICE: 13 High Street East
Glossop
United Kingdom
SK13 8DA

REGISTERED NUMBER: 09729191 (England and Wales)

ACCOUNTANTS: DJ Pape & Associates (NW) Ltd
13 High Street East
Glossop
Derbyshire
SK13 8DA

Abbreviated Balance Sheet

31 August 2016

	Notes	£
CURRENT ASSETS		
Stocks		4,500
Debtors		1
Cash at bank		<u>1,760</u>
		6,261
CREDITORS		
Amounts falling due within one year		<u>5,116</u>
NET CURRENT ASSETS		<u>1,145</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,145</u>
CAPITAL AND RESERVES		
Called up share capital	2	1
Profit and loss account		<u>1,144</u>
SHAREHOLDERS' FUNDS		<u>1,145</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 August 2016.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 August 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 28 June 2017 and were signed by:

Miss S K Heathcote - Director

Notes to the Abbreviated Accounts
for the Period 12 August 2015 to 31 August 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
1	ordinary	1	<u>1</u>

1 ordinary share of 1 was allotted and fully paid for cash at par during the period.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.