

Registered number  
9093537

A&S Fitness (Lichfield) Limited

Abbreviated Accounts

30 June 2015



**A&S Fitness (Lichfield) Limited**  
**Registered number:**  
**Abbreviated Balance Sheet**  
**as at 30 June 2015**

9093537

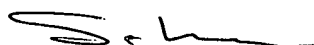
	Notes	2015 £
<b>Fixed assets</b>		
Tangible assets	2	12,151
<b>Current assets</b>		
Cash at bank and in hand		4,032
<b>Creditors: amounts falling due within one year</b>		(22,419)
<b>Net current liabilities</b>		(18,387)
<b>Net liabilities</b>		(6,236)
<b>Capital and reserves</b>		
Called up share capital	3	2
Profit and loss account		(6,238)
<b>Shareholders' funds</b>		(6,236)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.



Mrs S Hough  
Director

Approved by the board on 20 January 2016

**A&S Fitness (Lichfield) Limited**  
**Notes to the Abbreviated Accounts**  
**for the period ended 30 June 2015**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

***Turnover***

Turnover represents the value, net of value added tax and discounts, of gymnasium memberships falling due within the period and goods and services supplied to members.

***Depreciation***

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment and fixtures	15% per annum of net book value
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**2 Tangible fixed assets**

£

**Cost**

Additions	14,295
At 30 June 2015	14,295

**Depreciation**

Charge for the period	2,144
At 30 June 2015	2,144

**Net book value**

At 30 June 2015	12,151
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**3 Share capital**

**Nominal  
value**

**2015  
Number**

**2015  
£**

Allotted, called up and fully paid:

Ordinary shares	£1 each	2	2
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**Nominal  
value**

**Number**

**Amount  
£**

Shares issued during the period:

Ordinary shares	£1 each	2	2
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