

**TRAINING POINTS FITNESS AND THERAPIES LIMITED  
DIRECTORS' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2016**

Anthony Chandler Associates

Chartered Certified Accountants

**Training Points Fitness and Therapies Limited**  
**Directors' Report and Financial Statements**  
**For The Year Ended 31 May 2016**

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**Training Points Fitness and Therapies Limited**  
**Company Information**  
**For The Year Ended 31 May 2016**

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<b>Directors</b>	Mr Taylor Battery Mrs Mathilde Petersen
<b>Company Number</b>	9038926
<b>Registered Office</b>	35A Victoria Road Surbiton Surrey KT6 4JT
<b>Accountants</b>	Anthony Chandler Associates Chartered Certified Accountants 35a Victoria Road Surbiton Surrey KT6 4JT

**Training Points Fitness and Therapies Limited**  
**Company No. 9038926**  
**Directors' Report For The Year Ended 31 May 2016**

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The directors present their report and the financial statements for the year ended 31 May 2016.

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Principal Activity**

The company is dormant and has not traded during the year or subsequent to the year end.

**Directors**

The directors who held office during the year were as follows:

Mr Taylor Battery

Mrs Mathilde Petersen

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

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**Mrs Mathilde Petersen**

**12th October 2016**

**Training Points Fitness and Therapies Limited**  
**Accountants' Report**  
**For The Year Ended 31 May 2016**

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In accordance with our engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Association of Chartered Certified Accountants and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at year ended 31 May 2016 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements

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**12th October 2016**

Anthony Chandler Associates  
Chartered Certified Accountants

35a Victoria Road  
Surbiton  
Surrey  
KT6 4JT

**Training Points Fitness and Therapies Limited**  
**Dormant Profit and Loss Account Statement**  
**For The Year Ended 31 May 2016**

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The company has not traded during the year or the preceding financial year. During these years, the company received no income and incurred no expenditure and therefore made neither profit nor loss.

**Training Points Fitness and Therapies Limited**  
**Balance Sheet**  
**As at 31 May 2016**

	Notes	31 May 2016		Period to 31 May 2015	
		£	£	£	£
<b>CURRENT ASSETS</b>					
Debtors	2	2		2	
			2		2
<b>NET CURRENT ASSETS (LIABILITIES)</b>			2		2
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			2		2
<b>NET ASSETS</b>			2		2
<b>CAPITAL AND RESERVES</b>					
Called up share capital	3		2		2
<b>SHAREHOLDERS' FUNDS</b>			2		2

For the year ending 31 May 2016 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

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**Mrs Mathilde Petersen**

**12th October 2016**

**Training Points Fitness and Therapies Limited**  
**Notes to the Unaudited Accounts**  
**For The Year Ended 31 May 2016**

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**1 . Accounting Policies**

**1.1 . Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**2 . Debtors**

	<b>31 May 2016</b>	<b>Period to 31 May 2015</b>
	<b>£</b>	<b>£</b>
<b>Due after more than one year</b>		
Other debtors	2	2
	<u>2</u>	<u>2</u>

**3 . Share Capital**

	<b>Value</b>	<b>Number</b>	<b>31 May 2016</b>	<b>Period to 31 May 2015</b>
	<b>£</b>		<b>£</b>	<b>£</b>
<b>Allotted, called up and fully paid</b>				
Ordinary shares	1.000	2	2	2
		<u>2</u>	<u>2</u>	<u>2</u>

**4 . Ultimate Controlling Party**

The company's ultimate controlling party is by virtue of their ownership of 100% of the issued share capital in the company.



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.