

Registered Number 08875187

NEWWAVE CROSSFIT LIMITED

Abbreviated Accounts

28 February 2015

Abbreviated Balance Sheet as at 28 February 2015

	<i>Notes</i>	<i>2015</i>
		£
Fixed assets		
Intangible assets		-
Tangible assets	2	11,048
		<u>11,048</u>
Current assets		
Stocks		-
Debtors		-
Investments		-
Cash at bank and in hand		9,033
		<u>9,033</u>
Prepayments and accrued income		601
Creditors: amounts falling due within one year		(18,926)
Net current assets (liabilities)		<u>(9,292)</u>
Total assets less current liabilities		<u>1,756</u>
Total net assets (liabilities)		<u>1,756</u>
Capital and reserves		
Called up share capital	3	10
Share premium account		0
Revaluation reserve		0
Profit and loss account		1,746
Shareholders' funds		<u>1,756</u>

- For the year ending 28 February 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 3 November 2015

And signed on their behalf by:

Frazer Brent, Director

Mark Goodwin, Director

Notes to the Abbreviated Accounts for the period ended 28 February 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents amounts receivable for services net of VAT and trade discounts.

Tangible assets depreciation policy

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows: Plant & Equipment - 25% on cost.

2 Tangible fixed assets

	£
Cost	
Additions	16,231
Disposals	0
Revaluations	0
Transfers	0
At 28 February 2015	<u>16,231</u>
Depreciation	
Charge for the year	5,183
On disposals	0
At 28 February 2015	<u>5,183</u>
Net book values	
At 28 February 2015	<u><u>11,048</u></u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2015
	£
10 Ordinary shares of £1 each	10

4 Transactions with directors

Name of director receiving advance or credit:	Frazer Brent
Description of the transaction:	Loan
Balance at 4 February 2014:	-
Advances or credits made:	£ 9,000
Advances or credits repaid:	£ 10
Balance at 28 February 2015:	<u>£ 8,990</u>

Name of director receiving advance or credit:	Mark Goodwin
Description of the transaction:	Loan
Balance at 4 February 2014:	-
Advances or credits made:	£ 9,000
Advances or credits repaid:	£ 0
Balance at 28 February 2015:	<u>£ 9,000</u>

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