

Rainham Food Bank

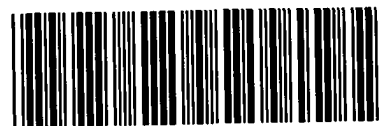
Report and Accounts

31 December 2022

Company registration number - 08813701

Charity registration number - 1155807

SATURDAY



ACG3KEKZ

A05

11/11/2023

#99

COMPANIES HOUSE

Rainham Food Bank

Report and accounts for the year ended 31 December 2022

Contents

	Page (s)
Charity information	1
Trustees' annual report	1 - 8
Statement of directors' responsibilities	9 - 10
Independent examiner's report	11 - 12
Funds statements:-	
Statement of financial activities	13
Movements in funds	14
Income and expenditure account	15
Balance sheet	16
Notes to the accounts	17 - 26

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

The trustees present their report and accounts for the year ended 31 December 2022, which also comprises the directors' report required by the Companies Act 2006.

Reference and administrative details

The charity name is Rainham Food Bank.

The legal name of the charity is Rainham Food Bank.

The charity is also known by its operating name, Rainham Foodbank

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1155807.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity.

The charity is constituted as a company limited by guarantee, registered under the Companies Acts. The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 13 December 2013.

There are no restrictions in the governing documents on the operation of the charity or on its investment powers other than those imposed by charity law.

By operation of law, all trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals and listed below.

Pastor Aloysius Christopher Peter
Kevin John Browning
Benjamin Yeboah Agyemang
Mary Akpan Enang
Janet Ann Grosvenor

The principal operating address, telephone number, email and web addresses of the charity are:

1st Floor, Mick Fury House
Lowen Close
Rainham
Essex
RM13 8HT

Telephone: 01708397484

Email address: info@rainham.foodbank.org.uk

Web address: www.rainham.foodbank.org.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

The trustees in office on the date the report was approved were:

Pastor Aloysius Christopher Feler
Kevin John Browning
Benjamin Yeboah Agyemang
Mary Akpan Enang
Janet Ann Grosvenor

The following persons served as trustees during the year ended 31 December 2022:

The trustees who served in the reporting period were as shown in the preceding page, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

Objects and activities of the charity

The purposes of the charity as set out in its governing document:

- * The objectives of Rainham Food Bank project include the provision of emergency food to members of the public in crisis;
- * Provide possible solution to break the cycle of poverty and dependency;
- * Restore dignity, revive hope and transform lives and
- * Foster integration and engagement in the local community.

The main activities undertaken during the year to further the charity's purpose for the public benefit.

The year under review was a very challenging and busy year for Rainham Foodbank as the Charity had to re-strategize the processes to manage the damaging consequences of COVID-19 on mental health and the general well-being of members of the community.

The Charity continued with the change of our modus operandi from delivery only to the face-to-face collection-only service where the client came to the foodbank center at a designated appointment to collect their parcels. We continued to do home delivery to members of the community who are housebound.

We were able to provide food parcels to over 6,000 people between January and December 2022. This number excludes the Free Fresh Food Friday provisions of farm products via Felix Project

Rainham Foodbank partnered with Felix Project for fresh nutritious farm products collected directly from local farmers and supplied over 150tons of fresh products within the period through our FFFF(Free Fresh Food Friday) project. As the name implies, it is completely free for anyone in the Community and no voucher is required. This was mainly for anybody in the community.

Rainham Foodbank evidently provided huge benefits to the community in the areas of restoration of dignity to people, resourcing the community and provision of emergency food to members of the community which in turn helps to reduce family breakdown, housing loss, crime, and mental health problems. Rainham Foodbank helps to alleviate the prevailing challenges of isolation, loneliness, hunger, rejection, frustrations, and lack of basic needs within our community. Rainham Foodbank has become a community where everyone can access the support, they need to live independent, healthy, and fulfilling lives having the skills and confidence they require.

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

Rainham Foodbank worked together with grassroots community organizations, statutory agencies, frontline care professionals, schools, and businesses in the community to support people. Rainham Foodbank is a focal point for all in its local community and welcomes all with open arms to the community hub.

During the period, Rainham Foodbank reviewed the business plan, objectives, and vision to address the emerging devastating challenges of post-pandemic on the mental health and general well-being of members of the community. Rainham Foodbank aligned her vision with Trussell Trust on poverty prevention to build a future where emergency food parcels (food banks) are not seen as a long-term solution to poverty. Rainham Foodbank drives to see our community as a community where people feel connected and have resources that they need to sustain themselves and their families, a place for all where have a sense of belonging, people feel grounded and emotionally stable.

Rainham Foodbank in the year under review, increased local collaboration - shared services working to a shared vision to offer holistic unique wrap-around support/services.

Rainham Foodbank relocated to Mick Fury House for Foodbank operations and the More Than Food activities before the end of 2020. Rainham Foodbank has settled in full at the newly leased property at Mick Fury House, Rainham

Rainham Foodbank received support from various businesses and organizations such as TK Maxx, Morrisons, Tesco, Costco, Asda, Churches, Schools, etc.

Rainham Foodbank is a recipient of restricted grants from the Big Community Lottery for More than Food project, City Bridge Trust, L&Q Pacemaker for Counselling, London Borough of Havering for Refugee/Ukraine support for English Lesson and community Chest, grant from Clarian Housing for the purchase of culture-related foodstuff, Rainham Foodbank is one of the Pathfinder Foodbanks working with Trussell Trust towards the end of the need for Foodbank in the United Kingdom and also received restricted funding for the engagement of the Project Manager and the services of Citizen Advice sitting at the foodbank.

In the year under review, the foodbank was able to attract support from over 75 persons who steadfastly volunteered their time and effort to help with various activities including a volunteer driver.

Corporate organizations such as Red Cross, and Clarian Future, INET, Insightful Environment, Wiggett Berdays Bank were all helping to meet the needs of members of the community at that crucial moment.

Rainham Foodbank received over 276 tons of food and distributed over 276 tons from inception and in the reporting year received 37048.84KG and distributed 37633.87KG to members of community. The figure excludes the ethnic minority tropical food items purchased by the Foodbank and the Fresh Food which is not measured.

Rainham Foodbank provided warm space for members of the community to relax, network and build relationships.

Rainham Food Bank

Company registration number - 08613701

Trustees' annual report for the year ended 31 December 2022

Rainham Foodbank despite the impact of the pandemic continued to deliver the More Than Food Services for the benefit of members of the community. Some of these projects include:

1) Introduction of Financial Inclusion (FI): Rainham Foodbank with the support of Trussel Trust commissioned the services of Citizens Advice Havering (CAH) to work with Rainham Foodbank (RFB) as part of her FI, 2 days a week from June 2022. Many members of our community found themselves heavily affected by the pandemic and this increased the challenges of not having enough to feed their families. Our Advocacy Team/CAH helped in identifying the right benefit/package, completing benefits forms, challenging DWP decisions, preparing and attending tribunals at capacity assessments, benefits check, etc.

In the year under review Advocacy (RFB's inhouse financial inclusion help out clients to make some financial gains of £194,989.00 which they would not have made from benefit etc. Most of these are secured at tribunals with DWP). RFB's inhouse Advocacy Manager works alongside CAH to provide much needed and vital support to the people of our community. The commissioned Citizens Advice Havering services also secured £29,413.06 to client in year 2022.

2) Basic English Skills for Refugees and Ukraine: Basic English skills for refugees: This was initially a response to the need for clients who were struggling to fit in because of their lack of understanding of the English language to be able to communicate confidently. Many are refugees and have no recourse to public funds at present. They start at learning to recognize, read, say and write the English alphabet through to being able to identify and label everyday items and phrases that are functional to their lives. Many of them have a different alphabetic system as it is, so the process of starting at the beginning is important. The breakout of Russia's war with Ukraine then pushed this project to a different level. Our English for Refugees services have increased 8 times more compared to the previous year.

3) Rainham Foodbank Counselling services: The aftermath of the COVID-19 pandemic and the lockdown came with a degree of challenges to mental health which resulted in an exponential increase in demand for adults seeking therapeutic and clinical therapy. Rainham Foodbank enhanced community resilience with services for emotional stability. With additional three BACP counsellors that joined the team, Rainham counselling service in the year under reviewed supported members of the community who needed professional support on their mental health through the Community Chest Project.

The mental health of children and young people was also adversely affected, thus Rainham Foodbank started a counselling unit for children and young people (6-15yrs) named My Place My Space and so far, has about 40 young people in its records. Several suicidal incidents were averted during this period.

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

4) Debt Support services: Covid-19 pandemic situation and its accompanying lockdown measure have affected livelihood in no little measure. Economically, many families who otherwise would have been okay, found it very hard to cope hence increased debts. This project came so handily, and it continues to provide an appreciable level of support around here among our clients at the foodbank and in our community at large. Rainham debt support and money management initiative in affiliation with FCA regulated CMA (Community Money Advice Group), in no little measure has been able to hold those hands that otherwise would have sunk into oblivion and pulled them out into the limelight again.

In summary, we successfully attended to 20 clients at the end of the year under review with a project inaugurated in October 2020 of which have been relieved (resolved) of their debt burden, some still in the "awaiting creditors response" pipeline while others are still in our process pipeline. This very important service was made possible by of the grants we received for the purpose.

5) Volunteering Human Capital Development: In our commitment to excellence in volunteer management, Rainham Foodbank adopted a holistic approach to support our users by recruiting them as volunteers to be trained and supported in operations. This helped them in acquiring new skills and experience to become more 'employment ready', work towards living independently in the community with adequate financial means, build confidence through civic service, and restore people's confidence. Students from both English for refugees and sewing projects have moved into the volunteering sector. The volunteering sector is helping them to develop and build up the working ethics, confidence, and resilience required in a regular workplace

6) Collaborations: To succeed and achieve our goals by bring our vision to light, we need people, organizations, the community, and stakeholders to work together with, to help drive our strategic themes forward. So far, we collaborate with the following groups to achieve our strategic themes of changing minds, changing the community, and changing policy bodies in Havering.

- Havering Place-Based Mental Health Delivery and Oversight Steering Group
- Health Inequality and Healthy Weight Strategy
- Havering Hub
- Rainham Hub Leadership Team (RHLT)
- Citizens Advice Havering (CAH)
- Havering ComPac Group/Volunteering Organisation
- Havering Access to Food Steering Group
- Rainham Foodbank Coffee morning with the community (Fresh Food Friday)
- Rainham Village Children's Centre
- Havering Adult Education
- NHS Social Prescribers (known as PCN's)
- Local Area Coordinators (LAC)
- Clarion Futures
- And a host of our referral agencies cutting across statutory

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

How the activities undertaken during the year contributed to the achievement of the aims and objectives.

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The contribution of volunteers during the year.

In the last year, the charity was able to attract supports from about 97 persons who steadfastly volunteered their times with various activities within the foodbank structures and its accompanying projects. It is estimated that 97 volunteers gave a minimum of 4 hours weekly amounting to a total of about 20,176 hours in the years (amounting to a value of £175,935 when calculated at minimum /standard living wage) and we cannot but continue to thank God and offer our appreciation for this set of highly valued human resources.

Fundraising activities during the year.

The charity relies on grant aid from the donors identified in the accounts, whose support is valued. There have been no other fundraising activities.

Structure, governance, and management of the charity

The methods used to recruit and appoint new charity trustees.

The management of the charity is vested with the board of trustees to whom the chairman who is also the visionary meets with the trustees regularly and as need arises. The day-to-day operation of the Foodbank is run by operation manager directly supervised by the chairman board of trustees.

The management team which consists of ten team leads drawn from all sections of the Rainham Foodbank project activities meets regularly to ensure the smooth operation and effective execution of Rainham Foodbank goals and objectives.

Rainham Foodbank was borne out of a sincere passion to see practical needs met in the community as direct action as we believe that everyone needs and deserves unconditional love irrespective of social status, conditions, race or other considerations. Rainham Foodbank in practical ways is meeting the needs of those in crisis and establishing relationships within the community.

Bankers	Barclays Bank UK Plc 1 Churchill Place London E14 5HP
Accountants	Crownwise Consult Limited 1A Town Square Erlh London DA8 1RE

Rainham Food Bank

Company registration number - 06813701

Trustees' annual report for the year ended 31 December 2022

The charity's financial position at the end of the year ended 31 December 2022

The financial position of the charity at 31 December 2022 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:

	2022 £	2021 £
Net income	(31,822)	(97,801)
Unrestricted revenue funds available for the general purposes of the charity	39,558	21,447
Restricted revenue funds	115,952	165,885
Total funds	155,510	187,332

Financial review of the position at the reporting date, 31 December 2022.

For the year under review, the charity was able to receive an income of £237,873 (£178,455 in 2021) as voluntary donations and grants. The net movement in funds as shown in the statement of financial activities for the year ended 31 December 2022 was (£31,822) ((£97,801) in 2021). Net assets as at 31 December 2022 stood at £155,510 (£187,332 in 2021).

Policies on reserves.

The trustees strive to achieve a reserve policy as recommended by the Charity Commission, whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure so as to:

- protect our services against loss of funding/sustain service levels;
- invest in new programmes as needs are identified by local communities;
- support costs which funders do not readily consider, for example core costs and
- cover winding down costs including redundancies where appropriate.

As at 31 December 2022, the unrestricted expenditure for the year is £6,771, thus targeted reserve should be £1,692.75 and £3,385.50 which is 25% and 50% of expenditure respectively. Therefore, the current unrestricted reserve of £39,558 as per reserve policy is enough to fund the activities of the charity should the funding drop.

The trustees will yearly ensure review of this policy in line with the growth of the charity so as to ensure that the reserves needed meet the working capital needs of the charity.

Availability and adequacy of assets of each of the funds.

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

Plans for the future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

As Rainham Foodbank has settled in fully at the new premises, we are continuing to execute elements of the five year well costed business plan with the key vision of feeding and resourcing the community. This will ensure everyone has the opportunity for an independent and fulfilling life, have the skills and confidence to participate in community life, gain employment which sustains independent and maintain positive mental and physical health to live fulfilling lives in the local area.

Rainham Foodbank is evolving into a resource centre, a one stop shops for the community. This centre will provide opportunities for community engagement, training and ongoing support. Rainham Foodbank will be providing training to staff, volunteers, and service users to enhance their capacity for personal development and / or employment viability.

Although a vision to end poverty would be obvious, but this may not be obtained immediately. However, Rainham Foodbank will be working with Trussell Trust to end the need of foodbanks in the future UK. We shall continue in a practical way to support people who find themselves on the edge of disaster and to build on the community spirit. Rainham Foodbank will continue to work with other organisations, and Trussell Trust on changing minds, changing communities and changing

Details of the independent examiner.

Mr Ademiyi Zaccheus
Chartered Certified Accountant
1A Town Square
Erith
London
DA8 1 RE

Rainham Food Bank

Company registration number - 08813701

Trustees' annual report for the year ended 31 December 2022

Statement of directors and trustees' responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019).

In particular, the Companies Act 2006 and charity law require the board of trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the board is required to:

- prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law);
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business and
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the statutory responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Rainham Food Bank

Company registration number - 05813701

Trustees' annual report for the year ended 31 December 2022

Method of preparation of accounts - small company provisions

The financial statements are set out on pages 13 to 15.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019) and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016).

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 3 October 2023



Pastor Aloysius Christopher Pater
Director and trustee

Rainham Food Bank

Report of the independent examiner to the trustees of the charitable company on the accounts for the year ended 31 December 2022

I report to the trustees on my examination of the financial statements of the charitable company on pages 12 to 15 for the year ended 31 December 2022 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2019 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), and under the historical cost convention and the accounting policies set out on pages 16 and 18.

Respective responsibilities of the trustees and the independent examiner and the basis of the report

As described on pages 8 and 9, you, the charitable company's trustees, who are also the directors of the company for the purposes of company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law, and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:

- a) examine the financial statements of the charity under Section 145 of the Act and
- b) follow the applicable procedures in the directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of independent examiner's statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide.

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the trustees of all material matters.

Rainham Food Bank

Independent examiner's statement, report and opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination and can confirm that:

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006.

This is a report in respect of an examination carried out under 145 of the Act and in accordance with directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 386 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view, which is not a matter considered as part of an independent examination and

the financial statements have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Mr Adébiyi Zachary - Independent examiner

Chartered Certified Accountant

1A Town Square

Enth

London

DA8 1RE

This report was signed on 3 October 2023

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2022

Statement of financial activities (including the income and expenditure account for the year ended 31 December 2022, as required by the Companies Act 2006)

	Notes	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Income					
Donations and grant	15	24,882	212,991	237,873	178,465
Expenditure on:					
Charitable activities		6,771	262,924	269,695	276,256
Total expenditure	19	<u>6,771</u>	<u>262,924</u>	<u>269,695</u>	<u>276,256</u>
Net income for the year		<u>18,111</u>	<u>(49,933)</u>	<u>(31,822)</u>	<u>(97,801)</u>
Net movement in funds		<u>18,111</u>	<u>(49,933)</u>	<u>(31,822)</u>	<u>(97,801)</u>
Reconciliation of funds:					
Total funds brought forward		21,447	165,885	187,332	305,756
Adjustment against reserve		-	-	-	(20,623)
Total funds carried forward		<u>39,558</u>	<u>115,952</u>	<u>155,510</u>	<u>187,332</u>

As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the balance sheet.

A separate statement of total recognised gains and losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations.

Rainham Food Bank - Resources applied in the year ended 31 December 2022 towards fixed assets for charity use:-

	2022 £	2021 £
Funds generated in the year as detailed in the SOFA	(31,822)	(97,801)
Resources applied on functional fixed assets	-	(2,658)
Net resources available to fund charitable activities	<u>(31,822)</u>	<u>(100,439)</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 17 to 26 form an integral part of these accounts:

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2022

Movements in revenue and capital funds for the year ended 31 December 2022

Revenue accumulated funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Last year Total funds 2021 £
Accumulated funds brought forward	21,447	165,885	187,332	905,756
Recognised gains and losses	18,111	(49,933)	(31,822)	(97,801)
	39,558	115,952	155,510	207,955
Adjustment against reserve	-	-	-	(20,623)
Closing revenue funds	39,558	115,952	155,510	187,332

Summary of funds	Unrestricted and Designated funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Last year Total funds 2021 £
Revenue accumulated funds	39,558	115,952	155,510	187,332

The notes attached on pages 17 to 26 form an integral part of these accounts.

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2022

Rainham Food Bank
Income and expenditure account for the year ended 31 December 2022 as required by the
Companies Act 2006

	2022 £	2021 £
<i>Income</i>		
Income from operations	237,873	178,455
Gross income in the year before exceptional items	<u>237,873</u>	<u>178,455</u>
Gross income in the year including exceptional items	<u>237,873</u>	<u>178,455</u>
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	229,657	237,818
Depreciation and amortisation	37,688	37,688
Governance costs	750	750
Total expenditure in the year	<u>269,695</u>	<u>276,256</u>
Net income before tax in the financial year	(31,822)	(97,801)
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	<u>(31,822)</u>	<u>(97,801)</u>
Retained surplus/deficit for the financial year	<u>(31,822)</u>	<u>(97,801)</u>
All activities derive from continuing operations.		

In accordance with the provisions of the Companies Act 2005, the headings and subheadings used in the income and expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 17 to 26 form an integral part of these accounts.

Rainham Food Bank - Balance sheet as at 31 December 2022

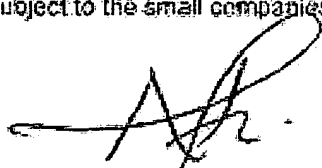
	Notes	2022 £	2021 £
Fixed assets			
Land & building	7	63,924	95,886
Tangible assets	8	6,376	12,102
Total fixed assets		<u>70,300</u>	<u>107,988</u>
Current assets			
Debtors	10	25,485	15,000
Cash at bank and in hand		61,731	66,350
Total current assets		<u>87,216</u>	<u>81,350</u>
Creditors: amounts falling due within one year	11	<u>(12,006)</u>	<u>(2,006)</u>
Net current assets		<u>85,210</u>	<u>79,344</u>
The total net assets of the charity		<u>155,510</u>	<u>187,332</u>
The total net assets of the charity are funded by the funds of the charity, as follows:-			
Restricted funds			
Restricted revenue funds	13	115,952	165,885
Unrestricted funds			
Unrestricted revenue funds	13	39,558	21,447
Total charity funds		<u>155,510</u>	<u>187,332</u>

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.



Pastor Aloysius Christopher Peter
Director and trustee

Approved by the board of trustees on 3 October 2023.

The notes attached on pages 17 to 26 form an integral part of these accounts.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going concern

The charitable activities are entirely dependant on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 31 December 2022, the trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met

All income is accounted for gross, before deducting any related fees or costs.

Donated goods, facilities and services

Donated fixed assets are recognised at the current fair value. All such donations are recognised as donation income, and debited to fixed assets

Donated goods that are not fixed assets are accounted for at a fair value, unless it is impractical to reliably measure the value of the donated items.

In the absence of any direct evidence of fair value of donated goods, then a value is derived from the cost of the item to the donor or, in the case of goods that are expected to be sold, the estimated resale value after deducting any anticipated costs of sales.

If it is impracticable to measure the fair value of goods donated for resale, or the costs of valuation outweigh the benefits, the donated goods are recognised as income when sold, with an equivalent amount being recognised as an expense

The costs of goods donated for distribution to beneficiaries is deemed to be the fair value of those goods upon receipt. When the goods are distributed freely or for a nominal consideration, then the carrying amount is adjusted at the time of sale, to the value at the point of distribution and the adjustment is shown as a cost of donations made.

Donated services and facilities (including seconded staff and use of property) are included in the accounts on the basis of the value of the gift to the charity.

All donated services and facilities are recognised as donation income when received, (provided the value of the gift can be measured reliably) and recognised as an expense with an equivalent value.

Policies relating to expenditure on goods and services provided to the charity.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity. However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in Note 5.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

Policies relating to assets, liabilities and provisions and other matters

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Land & building	0% straight line
Building refurbishment	20% straight line
Office and project equipment	20% straight line
Furniture and fittings	20% straight line
Motor vehicles	20% straight line

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the church and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the church for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

There are no endowment funds.

2. Liability to taxation

The trustees consider that the charity satisfies the tests set out in Paragraph 1, Schedule 5 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity and is therefore included in the relevant costs in the statement of financial activities.

3. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

4 Net surplus before tax in the financial year

	2022	2021
	£	£

The net surplus before tax in the financial year is stated after charging:-

Depreciation of owned fixed assets	5,726	5,726
Depreciation of building	31,962	31,962
	<u>37,688</u>	<u>37,688</u>

5 The contribution of volunteers

The charity depends on the support of its volunteers, which is much appreciated. The church is grateful for the unflinching efforts of its volunteers who are involved in service provision, office work and administration. It is estimated that over 13,520 volunteer hours were provided during 2022. The arrangements with volunteers are difficult to value precisely in monetary terms and have not been recognised in the Statement of financial activities. The volunteers and the charity accept and agree that no contract of employment is created by these arrangements.

6 Staff costs and emoluments

<i>Salary costs</i>	2022	2021
	£	£
Gross salaries excluding trustees and key management personnel	76,003	70,355
Employer's National Insurance for all staff	7,669	1,299
Total salaries, wages and related costs	<u>83,672</u>	<u>71,654</u>

7 Building

	At cost 2022 £	At valuation 2022 £	Total of valuation and cost 2022 £	Total of valuation and cost 2021 £
At 1 January 2022	159,810	-	159,810	159,810
Addition	-	-	-	-
At 31 December 2022	<u>159,810</u>	<u>-</u>	<u>159,810</u>	<u>159,810</u>
<i>Depreciation</i>				
At 1 January 2022	63,924	-	63,924	31,962
Charge for the year	31,962	-	31,962	31,962
At 31 December 2022	<u>95,886</u>	<u>-</u>	<u>95,886</u>	<u>63,924</u>
Net book value	<u>63,924</u>	<u>-</u>	<u>63,924</u>	<u>95,886</u>

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

8 Tangible fixed assets

	Office and project equipment £	Furniture and fittings £	Motor vehicles £	Total £
Cost				
At 1 January 2022	20,200	5,406	3,023	28,629
Additions	-	-	-	-
At 31 December 2022	<u>20,200</u>	<u>5,406</u>	<u>3,023</u>	<u>28,629</u>
Depreciation				
At 1 January 2022	12,482	2,836	1,209	16,527
Charge for the year	4,040	1,081	605	5,726
At 31 December 2022	<u>16,522</u>	<u>3,917</u>	<u>1,814</u>	<u>22,253</u>
Net book value				
At 31 December 2022	<u>3,678</u>	<u>1,489</u>	<u>1,209</u>	<u>6,376</u>
At 31 December 2021	<u>7,718</u>	<u>2,570</u>	<u>1,814</u>	<u>12,102</u>

9 Debtors

	2022 £	2021 £
Lease deposit	15,000	15,000
Other Debtors - HMRC & Pension	10,485	-
	<u>25,485</u>	<u>15,000</u>

10 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	750	750
Other creditors	1,256	1,256
	<u>2,006</u>	<u>2,006</u>

11 Income and expenditure account summary

	2022 £	2021 £
At 1 January 2022	187,332	305,756
Surplus after tax for the year	(31,822)	(97,801)
Adjustment against reserve	-	(20,623)
At 31 December 2022	<u>155,510</u>	<u>187,332</u>

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

12 Particulars of how particular funds are represented by assets and liabilities

At 31 December 2022

	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Building	-	-	63,924	63,924
Tangible fixed assets	6,376	-	-	6,376
Current assets	35,186	-	52,028	87,214
Current liabilities	(2,006)	-	-	(2,006)
	<u>39,558</u>	<u>-</u>	<u>115,952</u>	<u>155,510</u>

At 1 January 2022

	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Building	-	-	95,886	95,886
Tangible fixed assets	12,102	-	-	12,102
Current assets	11,351	-	69,999	91,350
Current liabilities	(2,006)	-	-	(2,006)
	<u>21,447</u>	<u>-</u>	<u>165,885</u>	<u>187,332</u>

13 Change in total funds over the year as shown in Note 12, analysed by individual funds

	Funds brought forward from 2021	Movement in funds in 2022	Adjustment in funds in 2022	Funds carried forward to 2023
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted revenue funds	21,447	18,111	-	39,558
Total unrestricted and designated funds	<u>21,447</u>	<u>18,111</u>	<u>-</u>	<u>39,558</u>
<i>Restricted funds:-</i>				
Restricted revenue funds	165,885	(49,933)	-	115,952
Total restricted funds	<u>165,885</u>	<u>(49,933)</u>	<u>-</u>	<u>115,952</u>
Total charity funds	<u>187,332</u>	<u>(31,822)</u>	<u>-</u>	<u>155,510</u>

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2022

14. Analysis of movements in funds over the year as shown in Note 13.

	Income	Expenditure	Other gains & losses	Movement in funds
	2022	2022	2022	2022
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted revenue funds	24,882	(6,771)	-	18,111
<i>Restricted funds:-</i>				
Restricted revenue funds	212,981	(262,924)	-	(49,943)
	<u>237,863</u>	<u>(269,695)</u>	<u>-</u>	<u>(31,832)</u>

Reinham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 20152.

This analysis is classified by conventional nominal descriptions and not by activity.

15 Donations and grants

	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Donations and gifts from individuals				
Small donations individually less than £1000	24,882	-	24,882	17,805
Total donations and gifts from individuals	24,882	-	24,882	17,805
	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Revenue grants and donations from non public bodies				
Donations from corporate organisations	-	212,991	212,991	160,650
Total private sector revenue grants	-	212,991	212,991	160,650
Total donations and grant	24,882	212,991	237,873	178,455

16 Expenditure on charitable activities - Direct spending

	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Gross wages and salaries - charitable activities	-	76,003	76,003	70,355
Employers' NI - charitable activities	-	7,869	7,869	1,299
Employers' pension	-	2,148	2,148	1,797
Travel and subsistence - charitable activities	-	1,178	1,178	6,376
Welfare	-	-	-	1,000
Training	-	4,000	4,000	1,250
More than food project	-	68,931	68,931	9,783
Total direct spending	-	160,129	160,129	91,860

Rainham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 20152

17 Support costs for charitable activities

	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
<i>Premises expenses</i>				
Rent	-	50,000	50,000	30,000
Service charges payable	-	-	-	22,526
Light heat and power	1,756	-	1,756	7,845
Cleaning and waste management	1,543	-	1,543	13,549
Premises repairs, renewals and maintenance	-	-	-	11,562
Business rate	-	-	-	270
Property insurance	-	1,800	1,800	1,566
Security controls	820	-	820	709
<i>Administrative overheads</i>				
Telephone, fax and internet	1,004	-	1,004	2,030
Stationery and printing	204	-	204	1,520
Office expenses	-	4,130	4,130	17,971
Subscriptions	395	-	395	395
Software licences and expenses	-	-	-	-
Advertising and marketing	18	-	18	740
Sundry expenses	281	-	281	6,497
IT expenses	-	2,315	2,315	-
<i>Volunteer costs</i>				
Volunteer expenses	-	645	645	1,555
<i>Professional fees paid to advisors other than the auditor or examiner</i>				
Consultancy fees	-	1,619	1,619	22,686
Management fees	-	2,998	2,998	4,509
<i>Financial costs</i>				
Loan interest	-	1,600	1,600	-
Depreciation & amortisation	-	37,688	37,688	37,688
Total support costs	6,024	102,795	108,819	183,645

Rainham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 20152

18 Other expenditure - Governance costs

	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Independent examiner's fees	750	-	750	500
Total governance costs	750	-	750	500

19 Total charitable expenditure

	Current year Unrestricted funds 2022 £	Current year Restricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Total direct spending	-	160,128	160,128	91,860
Total support costs	6,021	102,795	108,816	163,646
Total governance costs	750	-	750	750
Total charitable expenditure	6,771	262,924	269,695	276,256

<i>Prior year</i>	Prior year Unrestricted funds 2021 £	Prior year Restricted funds 2021 £	Prior year Total funds 2021 £
Total direct spending	91,860	-	91,860
Total support costs	163,646	-	163,646
Total governance costs	750	-	750
Total charitable expenditure	276,256	-	276,256