

**Tilla Brook Coaching Limited  
FILLETED ACCOUNTS COVER**

**Tilla Brook Coaching Limited**

**Company No. 08793828**

**Information for Filing with The Registrar**

**30 November 2019**

**Tilla Brook Coaching Limited**  
**DIRECTORS REPORT REGISTRAR**

The Director presents her report and the accounts for the year ended 30 November 2019.

**Principal activities**

The principal activity of the company during the year under review was life coaching.

**Director**

The Director who served at any time during the year was as follows:

M. Brook

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

M. Brook  
Director  
25 February 2020

**Tilla Brook Coaching Limited**  
**BALANCE SHEET REGISTRAR**  
**at 30 November 2019**

**Company No. 08793828**

	<b>Notes</b>	<b>2019</b>	<b>2018</b>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets	3	2,168	841
		<u>2,168</u>	<u>841</u>
<b>Current assets</b>			
Debtors	4	9,546	11,728
Cash at bank and in hand		12,748	13,015
		<u>22,294</u>	<u>24,743</u>
<b>Creditors: Amount falling due within one year</b>	5	<u>(10,664)</u>	<u>(14,991)</u>
<b>Net current assets</b>		11,630	9,752
<b>Total assets less current liabilities</b>		<u>13,798</u>	<u>10,593</u>
<b>Net assets</b>		<u>13,798</u>	<u>10,593</u>
<b>Capital and reserves</b>			
Called up share capital		100	100
Profit and loss account	6	13,698	10,493
<b>Total equity</b>		<u>13,798</u>	<u>10,593</u>

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime of the Companies Act 2006.

For the year ended 30 November 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

Approved by the board on 25 February 2020

And signed on its behalf by:

M. Brook  
 Director  
 25 February 2020

**Tilla Brook Coaching Limited NOTES  
TO THE ACCOUNTS REGISTRAR  
for the year ended 30 November 2019**

**1 General information**

Its registered number is: 08793828

Its registered office is:

5 Wensley Grove

Leeds

West Yorkshire

LS7 2NB

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

The accounts have been prepared in accordance with FRS 102 Section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland (March 2018) and the Companies Act 2006. The March 2018 edition of FRS 102 includes amendments arising from the Financial Reporting Council's triennial review of the standard. There is no material effect on the amounts recognised in these financial statements as a result of early adopting these amendments.

**2 Accounting policies**

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Revenue from the sale of goods is recognised when all the following conditions are satisfied:

- the Company has transferred to the buyer the significant risks and rewards of ownership of the goods;
  - the Company retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the goods sold;
  - the amount of revenue can be measured reliably;
  - it is probable that the economic benefits associated with the transaction will flow to the Company;
- and
- the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Specifically, revenue from the sale of goods is recognised when goods are delivered and legal title is passed.

## **Tangible fixed assets and depreciation**

Tangible fixed assets held for the company's own use are stated at cost less accumulated depreciation and accumulated impairment losses.

At each balance sheet date, the company reviews the carrying amount of its tangible fixed assets to determine whether there is any indication that any items have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss.

Depreciation is provided at the following annual rates in order to write off the cost or valuation less the estimated residual value of each asset over its estimated useful life:

Plant and machinery                      25% Straight Line

Furniture, fittings and equipment   25% Straight Line

## **Trade and other debtors**

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method, less impairment losses for bad and doubtful debts.

## **Trade and other creditors**

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

## **Provisions**

Provisions are made where an event has taken place that gives the Company a legal or constructive obligation that probably requires settlement by a transfer of economic benefit, and a reliable estimate can be made of the amount of the obligation.

Provisions are charged as an expense to the profit and loss account in the year that the Company becomes aware of the obligation, and are measured at the best estimate at balance sheet date of the expenditure required to settle the obligation, taking into account relevant risks and uncertainties.

When payments are eventually made, they are charged to the provision carried in the balance sheet.

### 3 Tangible fixed assets

	Plant and machinery £	Fixtures, fittings and equipment £	Total £
<b>Cost or revaluation</b>			
At 1 December 2018	-	2,241	2,241
Additions	2,038	-	2,038
At 30 November 2019	<u>2,038</u>	<u>2,241</u>	<u>4,279</u>
<b>Depreciation</b>			
At 1 December 2018	-	1,400	1,400
Charge for the year	377	334	711
At 30 November 2019	<u>377</u>	<u>1,734</u>	<u>2,111</u>
<b>Net book values</b>			
At 30 November 2019	<u>1,661</u>	<u>507</u>	<u>2,168</u>
At 30 November 2018	<u>-</u>	<u>841</u>	<u>841</u>

### 4 Debtors

	2019 £	2018 £
Trade debtors	9,536	11,480
Prepayments and accrued income	10	248
	<u>9,546</u>	<u>11,728</u>

### 5 Creditors:

amounts falling due within one year

	2019 £	2018 £
Bank loans and overdrafts	357	991
Trade creditors	236	1,151
Corporation tax	5,191	7,873
Loans from directors	2,380	477
Accruals and deferred income	2,500	4,499
	<u>10,664</u>	<u>14,991</u>

### 6 Reserves

Profit and loss account - includes all current and prior period retained profits and losses.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.