

Registered Number 08745011

No Regrets Fitness Limited

Dormant Accounts

31 October 2016

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Registered Number 08745011

Balance Sheet as at 31 October 2016

	2016	2015
	£	£
Called up share capital not paid	0	0
Current assets		
Cash at bank and in hand	100	100
Net assets	100	100
Authorised share capital		
0 Ordinary ?1 of £1 each		
Issued share capital		
100 Ordinary ?1 of £1 each	100	100
Total shareholder funds	100	100

NOTES

1. During the year the company allotted 0 ordinary shares with an aggregate nominal value of £ 0, the consideration received by the company was £ 0

STATEMENTS

- a. For the year ending 31 October 2016 the company was entitled to exemption under section 480 of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 26 January 2017

And signed on their behalf by:

Mr Nick Collins, Director

This document was delivered using electronic communications and authenticated in accordance with the

registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.