REGISTERED NUMBER: 08621227 (England and Wales)

Abbreviated Accounts for the Year Ended 31 December 2015

<u>for</u>

Xpress Lifestyle Solutions Ltd

COMPANIES HOUSE

Xpress Lifestyle Solutions Ltd (Registered number: 08621227)

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Xpress Lifestyle Solutions Ltd

Company Information for the Year Ended 31 December 2015

DIRECTOR:

A J Cook

REGISTERED OFFICE:

The Axis Building Maingate

Kingsway North Team Valley Gateshead Tyne and Wear NE11 0NG

REGISTERED NUMBER:

08621227 (England and Wales)

ACCOUNTANTS:

TD Taxation Services
1 Two Ball Lonnen

Fenham

Newcastle upon Tyne

NE4 9RN

Xpress Lifestyle Solutions Ltd

Report of the Accountants to the Director of Xpress Lifestyle Solutions Ltd

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages three to four) have been prepared.

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 31 December 2015 set out on pages four to eight and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

To Taxatian Services

TD Taxation Services 1 Two Ball Lonnen Fenham Newcastle upon Tyne NE4 9RN

29 June 2016

Xpress Lifestyle Solutions Ltd (Registered number: 08621227)

Abbreviated Balance Sheet

31 December 2015

	3.7		31.12.15		31.12.14	
	Notes	£	£	£	£	
FIXED ASSETS						
Tangible assets	2		2,879		2,778	
CURRENT ASSETS						
Debtors		3,298		6,157	-	
Cash at bank		8,272		4,980		
		11,570		11,137		
CREDITORS						
Amounts falling due within one year		14,420		13,893		
NET CURRENT LIABILITIES			(2,850)		(2,756)	
TOTAL ASSETS LESS CURRENT						
LIABILITIES					====	
CAPITAL AND RESERVES						
Called up share capital	3		18		18	
Profit and loss account	_		11		4	
 						
SHAREHOLDERS' FUNDS	•		29		22	

3 :

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 29 June 2016 and were signed by:

A J Cook - Director

Notes to the Abbreviated Accounts for the Year Ended 31 December 2015

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

		Total £
COST At 1 January 2015 Additions		3,472 821
At 31 December 2015		4,293
DEPRECIATION At 1 January 2015 Charge for year		694 - 720
At 31 December 2015		1,414
NET BOOK VALUE At 31 December 2015	f + 4	2,879
At 31 December 2014		2,778

3. CALLED UP SHARE CAPITAL

Allotted, issu	ed and fully paid:			
Number:	Class:	Nominal	31.12.15	31.12.14
		value:	£	£
16	Ordinary	£1	16	16
2	Ordinary A	£1	2	2
				
			18	18
				====