

Community Counselling (North Yorkshire) Limited

(A Company Charity limited by guarantee)

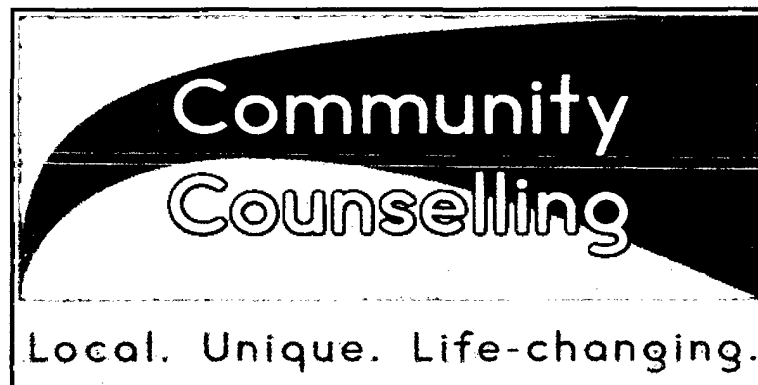
(Charity Registration Number 1151230)

(Registered Company Number 08399767)

Annual Report & Financial Statements

for the year ended

31st March 2023



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Community Counselling (North Yorkshire) Limited

(A Company Charity limited by guarantee)

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Directors' Report (incorporating the Trustees' Annual Report)

For the year ended:

31st March 2023

The Board of Trustees, who are also the directors of the charity for the purposes of company law, present their annual report and financial statements for the year ended 31st March 2023.

Objectives and activities

Summary of the objects of the charity set out in its governing document

The charity's objects are specifically restricted to the following:

- 1) To relieve the mental suffering and distress of persons in need by reason of illness or emotional distress in North Yorkshire by providing or assisting in the provision of counselling, support and therapeutic interventions.
- 2) To promote and provide education and training for counsellors working in either professional or voluntary settings with a view to raising the standards of counselling for the benefit of the community.

Mission Statement

Community Counselling exists to help individuals live fulfilling, rewarding and self-actualising lives, successfully dealing with the many challenges of contemporary life and where they live.

We aim to achieve this by providing accessible, professional, evidence-based, and cost-effective therapeutic interventions to individuals and, where appropriate, to groups of individuals. As an integral part of a deep-rooted health and social care sector network, we work in partnership with a wide range of statutory and voluntary sector organisations.

We provide equality of services to everyone, regardless of people's disability, gender, gender identity, race, religion or belief or sexual orientation.

Summary of the main activities undertaken for the public benefit in relation to these objects

Community Counselling provides a number of British Association for Counselling and Psychotherapy (BACP) Accredited Services as follows:

- 1) Brief Counselling for clients, aged 16 and over, living in Ryedale, with a wide-ranging of presenting issues, including anxiety/stress, bereavement/loss, depression and relationship issues.
- 2) Longer-term counselling and/or Eye Movement Desensitisation and Reprocessing (EMDR) treatment for clients, living in Ryedale and Scarborough Borough Districts, who have experienced sexual abuse and/or domestic abuse, subject to funding from the Ministry of Justice (the service is offered in Malton as well as remotely (telephone/online).
- 3) "Options" which is a chargeable one-to-one counselling service.

In addition, we provide:

- Victim Counselling Service for adults in Ryedale and Scarborough Borough Districts, and Counselling and Play & Creative Art Therapy for children & young people (under 18) living in York and North Yorkshire who have been the victim of crime.
- Counselling and Play & Creative Art Therapy for children & young people (aged 9 to 16) living in Scarborough and in Whitby

Most of our services are free at the point of access thanks to the generous support of our funders, commissioners and donors, including:

- Police, Fire and Crime Commissioner (PFCC) for North Yorkshire
- The Ministry of Justice
- NHS Humber & North Yorkshire ICB
- Ryedale District Council
- Ed de Nunzio Charitable Trust
- Woodsmith Foundation

All of our counsellors work within the Ethical Framework for the Counselling Professions of the BACP and all are members of a relevant professional body such as the BACP or the United Kingdom Council for Psychotherapy (UKCP).

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

Summary of the main achievements of the charity during the year

Chief Officers Report

We continue to develop new services - and new means of delivering them - to improve access to talking therapy and to enhance mental health outcomes for vulnerable people in North Yorkshire. Thanks to funding from the Woodsmith Foundation, we launched two new services for children and young people – in Scarborough and Whitby respectively.

We helped over 800 clients during the year: receiving 830 referrals and offering 4,773 appointments; of which 17.5% were delivered via the telephone, 16.5% online and 66% face-to-face. The missed session rate was 13% of which 7% were 'No shows' and 6% were late cancellations.

The overall number of at risk clients rose considerably, compared to the previous year [36% compared to 21%], and the number of clients at moderate or severe or imminent risk also rose from 4% to 9%. We made 50 safeguarding referrals during the year compared to 7 in the previous year.

Despite the challenges that all charities now face, include increased demand, limited resources, and the cost-of-living crisis, CCL continues to achieve excellent outcomes for its clients. 83% [86%] of clients showed improvement as measured by the CORE [Client Outcomes in Routine Evaluations] system, whilst the results [previous year's results in brackets] of feedback forms completed at the end of therapy show that:

- ✓ 79% [83%] of clients either agreed/strongly agreed that they had gained confidence/self-esteem
- ✓ 82% [78%] either agreed/strongly agreed that they had developed better coping strategies
- ✓ 74% [81%] agreed/strongly agreed that they felt less isolated - 20% neither agreed/disagreed
- ✓ 68% [81%] of clients agreed or strongly agreed that their relationships had improved

In addition, 77% [65%] of clients either agreed/strongly agreed that they were making better lifestyle choices - 20% [30%] neither agreed/disagreed; and 46% [54%] agreed or strongly agreed that they felt more able to access to training, education, voluntary and work opportunities – 46% [34%] neither agreed/disagreed.

We would like clients to speak for themselves about the service they have received:

'The administration and waiting time for the service was excellent... Having EMDR has completely transformed my life, and I feel incredibly lucky that the service was available to me.'

'Fantastic service, wonderful people, life changing experience.'

'I am very pleased with the service overall. It has given me an outlet to discuss any problems I have in a safe and supportive place with someone trained to help me to understand how to deal with them in a manner that works for me. I am very impressed overall.'

'I cannot thank you enough for this service. It has been invaluable to me, my counsellor was great and I had a really trusting relationship with her. The process of self referral was efficient and straightforward. I would highly recommend it to anyone.'

'My counsellor was just so fabulous. I will miss talking with her but she has helped me tremendously- I can't thank her enough for listening and helping me see things differently '

We are grateful to our funders and commissioners for their financial support throughout the year.

Financial Review

The results for the year ending 31st March 2023 show an overall surplus in year of £21,424. This comprises a surplus of £16,109 on unrestricted funds and £5,315 on restricted funds. The surplus this year on unrestricted core funds is mainly due to the increase in clients being seen through the victims of crime contract with the OPFCC (approximately 39% increase in year).

This year, the trustees have transferred £8,000 from general unrestricted funds to the designated reserves to establish a new fixed asset replacement fund. This together with the existing wind down provision of £26,000, brings the cumulative designated reserves to £34,000.

The surplus in year on restricted funds mainly reflects the first year remaining funds for two new projects; Supporting Our Children's Mental Health and Children & Young People Emotional Wellbeing Project, funded by the Woodsmith Foundation. These projects commenced part way through the year and are expected to be fully spent by the end of the new financial year. The remaining balance of £1,618 shown against the Suicide Prevention Project will be spent on delivering an appropriate counselling training course in May 2023. The balance of £3,845 shown against the MoJ funds for 2021/22 have been requested to spend in the new financial year.

This brings the cumulative reserves to; unrestricted £80,069, (of which £46,069 represents general reserves and £34,000 designated reserves) and restricted reserves of £16,146. The breakdown of these funds are detailed under note 13 to the accounts; 'Movement of funds'.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, now stands at £42,364 at 31st March 2023. This supports the trustees' intentions of gradually increasing the level of free reserves to provide a provision of approximately six months core operational costs and a contingency for any unforeseen emergency or unexpected need.

Plans for the future

Despite continued uncertainty over funding, Community Counselling is optimistic about the future and its ability to provide a much-needed service to people living in Ryedale and neighbouring districts, not least because it is fortunate in having an enthusiastic, hard-working and professional team of paid staff, self-employed affiliate counsellors and volunteer counsellors - ably supported by a dedicated Board of Trustees.

Structure, governance and management

Governing Document	Memorandum and Articles of Association
How the charity is constituted	Charity, Company limited by guarantee
Trustee selection methods	Elected by Members

At each annual general meeting one third of the directors or, if their number is three or a multiple of three, the number nearest to one third, must retire from office. If there is only one director he or she must retire.

Reference and Administration details

Charity name Community Counselling (North Yorkshire) Limited

Other names the charity is known by Community Counselling

Registered Charity number 1151230

Registered Company number 08399767 (England and Wales)

Charity's principal address (& registered office) Stanley Harrison House
Norton Road, Norton
Malton, North Yorkshire
YO17 9RD

Independent Examiner Karen Wood ACMA
Outsource Accounting Services & Independent Examinations
Hiscox Building
Peaseholme Green
York
YO1 7PR

Bankers:

Current and short-term deposit account CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Additional deposit account Virgin Money
Jubilee House
Gosforth
Newcastle upon Tyne
NE3 4PL

Names of the Directors (Trustees) who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Mr Craig Taylor	Chair		
Dr Peter Meek	Treasurer	Appointed 28/11/2022 Resigned 31/03/2023	
Mrs Clare Mensah			
Mr Ian Brown		Resigned 28/11/2022	
Mrs Helen Roberts		Resigned 23/02/2023	
Helen Fairburn		Resigned 07/03/2023	
Mark Henderson			
Mary Wishart		Resigned 06/03/2023	

Chief Officer and Company Secretary

Stephen Robling

Trustee's responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Community Counselling (North Yorkshire) Ltd for the purposes of company law) are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for the year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue on that basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information

In accordance with company law, as the company's directors, each of the Board of Trustees certify that so far

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

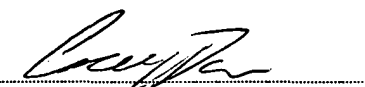
Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet)

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



Craig Taylor, Chair

Date 25/7/23

Independent examiner's report to the trustees of Community Counselling (North Yorkshire) Ltd

I report on the accounts of: **Community Counselling (North Yorkshire) Limited**
for the year ended: **31 March 2023** which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

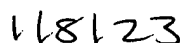
- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Karen Wood (ACMA)

Outsource Accounting Services & Independent Examinations
Hiscox Building
Peaseholme Green
York
YO1 7PR



Date:

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Statement of Financial Activities for the year ended:

(incorporating Income & Expenditure account)

	Note	Unrestricted funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£
Income and endowments from:					
Donations and legacies	3.1	4,756	25,929	30,685	29,082
Charitable activities	3.2	138,867	111,848	250,715	183,341
Other trading activities	3.3	3,888	-	3,888	1,421
Investments	3.4	628	-	628	15
Other	3.5	-	-	-	741
Total income	3	148,139	137,777	285,916	214,600
Expenditure on:					
Raising funds	4.1	3,008	-	3,008	2,023
Charitable activities	4.2	129,022	132,462	261,484	199,071
Total expenditure	4	132,030	132,462	264,492	201,094
Net income/(expenditure)		16,109	5,315	21,424	13,506
Transfers between funds		-	-	-	-
Net movement in funds		16,109	5,315	21,424	13,506
Total funds brought forward		63,960	10,831	74,791	61,285
Total funds carried forward		80,069	16,146	96,215	74,791

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Balance Sheet as at: 31st March 2023

	Note	2023 £	2022 £
Fixed Assets			
Tangible assets	8	3,705	7,410
Total Fixed Assets		3,705	7,410
Current Assets			
Debtors	9	56,640	19,073
Cash at bank and in hand	10	72,804	72,864
Total Current Assets		129,444	91,937
Current Liabilities: Amounts falling due within one year			
	11	36,934	24,556
Net Current Assets/(Liabilities)		92,510	67,381
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		96,215	74,791
Funds of the Charity	13		
Unrestricted General Funds		46,069	37,960
Designated Funds		34,000	26,000
Total Unrestricted Funds		80,069	63,960
Restricted Funds		16,146	10,831
Total Funds Carried Forward	13	96,215	74,791

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Statement of Recommended Practice; Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The financial statements were approved by the trustees on 25/7/2023 and signed on their behalf by:


.....

C Taylor
Chair

Date 25/7/23

Notes to the accounts for the year ended:

31st March 2023

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102); the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

1.3 Changes to previous accounts

Note 3.1 Donations and Legacies/Voluntary Income - donations, now includes fundraising income. The comparative year fundraising figure of £2,240 (previously categorised under 3.3 Other trading activities) has been moved accordingly.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities; or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2023

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The charity has made one redundancy payment during the reporting period.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £500. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:		31st March 2023					
3 Income and endowments	Unrestricted funds	Restricted funds	Total 2023	Unrestricted funds	Restricted funds	Total 2022	
	£	£	£	£	£	£	£
3.1 Donations and legacies							
<u>Voluntary Income - grants</u>							
NHS Scarborough & Ryedale CCG*		25,929	25,929		25,929	25,929	
<u>Voluntary Income - donations</u>							
Donations & fundraising	4,756		4,756	3,153		3,153	
	<u>4,756</u>	<u>25,929</u>	<u>30,685</u>	<u>3,153</u>	<u>25,929</u>	<u>29,082</u>	
3.2 Charitable activities							
<u>Contracts & Fees</u>							
Chargeable services	15,204		15,204	18,754		18,754	
OPFCC contract - Victims of Crime service*	109,808		109,808	79,035		79,035	
Survive sub-contract counselling	13,855		13,855			-	
<u>Grants</u>							
Lloyds Bank Foundation		3,670	3,670		14,612	14,612	
Brelms Trust		1,250	1,250		4,986	4,986	
Garfield Weston Foundation			-	10,000		10,000	
Jack Brunton Charitable Trust			-	2,000		2,000	
Children & Young Persons Service (RDC)*			-		2,500	2,500	
MoJ funding via OPFCC North Yorkshire*		37,316	37,316		38,900	38,900	
Pilot Counselling Service (Two Ridings C Fund)			-		5,568	5,568	
Suicide Prevention project (NYCC Stronger Communities*, Albert Hunt & Matton Town Council)			-		5,986	5,986	
Supporting Children's Mental Health (Woodsmith Foundation)		37,024	37,024		1,000	1,000	
CYP Emotional Wellbeing (Woodsmith Foundation)		25,685	25,685			-	
Keeping Children Safe project (Ed De Nunzio, RDC Community Grant* & Matton Town Council*)		6,903	6,903			-	
	<u>138,867</u>	<u>111,848</u>	<u>250,715</u>	<u>109,789</u>	<u>73,552</u>	<u>183,341</u>	
3.3 Other trading activities							
Conference income	1,503		1,503			-	
Room bookings	2,385		2,385	1,421		1,421	
	<u>3,888</u>	<u>-</u>	<u>3,888</u>	<u>1,421</u>	<u>-</u>	<u>1,421</u>	
3.4 Investments							
Bank interest received	628		628	15		15	
	<u>628</u>	<u>-</u>	<u>628</u>	<u>15</u>	<u>-</u>	<u>15</u>	
3.5 Other							
HMRC Coronavirus Job Retention Scheme*			-	741		741	
	<u>-</u>	<u>-</u>	<u>-</u>	<u>741</u>	<u>-</u>	<u>741</u>	
Total income	<u>148,139</u>	<u>137,777</u>	<u>285,916</u>	<u>115,119</u>	<u>99,481</u>	<u>214,600</u>	

* denotes government grants and contracts received this year, totalling £ 175,408 (2022: £151,080)

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2023

4 Expenditure

	Unrestricted funds £	Restricted funds £	Total 2023 £	Unrestricted funds	Restricted funds	Total 2022 £
4.1 Raising funds						
Salaries	2,023		2,023	2,023		2,023
Fundraising & conference expenses	985		985			-
	<u>3,008</u>	<u>-</u>	<u>3,008</u>	<u>2,023</u>	<u>-</u>	<u>2,023</u>
4.2 Charitable activities						
Salaries	48,137	98,581	146,718	38,617	69,879	108,496
Affiliate invoices	61,537	10,410	71,947	46,859	7,971	54,830
Redundancy payment	523		523			-
Staff & Volunteer costs	4,208	2,810	7,018	3,059	3,075	6,134
Direct project costs	613	7,256	7,869	180	2,261	2,441
Office costs	5,883	8,553	14,436	10,109	3,360	13,469
Premises costs	2,099	4,575	6,674	5,249	1,946	7,195
Governance costs - Salaries	2,023		2,023	1,978		1,978
Governance costs - Other	294	277	571	665	158	823
Depreciation	3,705		3,705		3,705	3,705
	<u>129,022</u>	<u>132,462</u>	<u>261,484</u>	<u>106,716</u>	<u>92,355</u>	<u>199,071</u>
Total expenditure	<u>132,030</u>	<u>132,462</u>	<u>264,492</u>	<u>108,739</u>	<u>92,355</u>	<u>201,094</u>

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2023

5 Fees for examination of the accounts

	2023	2022
	£	£
Independent Examiner's fees for reporting on the accounts	<u>550</u>	<u>525</u>

6 Staff costs and emoluments

	2023	2022
	£	£
Gross salaries	145,643	109,979
Employers National Insurance	2,226	692
Pension Contributions	<u>2,895</u>	<u>1,826</u>
	<u>150,764</u>	<u>112,497</u>
Average number of employees (headcount)	<u>13</u>	<u>11</u>

No employee received remuneration in excess of £60,000 (2022: Nil)

The total employee benefits of the key management personnel of the charity were £23,571 (2022: £27,053).

The charity has made one redundancy of £523 this year due to a project ending (2022: Nil).

7 Defined contribution pension scheme

The charity operates a defined contribution pension scheme which commenced 1 October 2017. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,895. There were no contributions outstanding at the end of the year.

The employer pension cost is allocated between restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
	£	£
Tangible fixed assets		
Cost or valuation		
At 1st April 2022	14,820	14,820
Additions	-	-
Disposals		0
At 31st March 2023	<u>14,820</u>	<u>14,820</u>
Depreciation	£	£
At 1st April 2022	7,410	7,410
Disposals		0
Charge for the year	3,705	3,705
At 31st March 2023	<u>11,115</u>	<u>11,115</u>
Net Book Value	£	£
At 31st March 2023	<u>3,705</u>	<u>3,705</u>
At 31st March 2022	<u>7,410</u>	<u>7,410</u>

9 Debtors and prepayments

	2023	2022
	£	£
Debtors and prepayments		
Trade debtors	1,241	180
Prepayments and accrued income	<u>55,399</u>	<u>18,893</u>
	<u>56,640</u>	<u>19,073</u>

Notes to the accounts for the year ended:

31st March 2023

10 Cash at bank and in hand	Total 2023	Total 2022
	£	£
Current bank account	5,867	11,555
Deposit bank accounts	66,902	61,298
Cash in hand	35	11
	72,804	72,864

11 Creditors and accruals	2023	2022
Analysis of creditors falling due within one year	£	£
Trade creditors	15,145	9,236
Payments received on account for contracts or performance-related grants	16,839	5,585
Accruals	4,950	9,735
	36,934	24,556

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2023 (2022: None).

13 Movement of funds

13.1 Movement of major funds	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
2023	£	£	£	£	£
Fund name					
Unrestricted Funds					
General Funds	37,960	148,139	132,030	(8,000)	46,069
Designated Funds	26,000			8,000	34,000
	63,960	148,139	132,030	-	80,069
Restricted Funds					
NHS Scarborough & Ryedale CCG	-	25,929	25,929		-
The Brelms Trust	-	1,250	1,250		-
Lloyds Bank Foundation	-	3,670	3,670		-
MoJ funding 2021/22	3,845				3,845
MoJ funding 2022/23	-	37,316	37,316		-
Suicide Prevention project (NYCC Stronger Communities, Albert Hunt & Malton TC)	5,986		4,368		1,618
Supporting Children's Mental Health (Woodsmith Foundation)	1,000	37,024	34,208		3,816
CYP Emotional Wellbeing (Woodsmith Foundation)		25,685	19,154		6,531
Keeping Children Safe project (Ed De Nunzio, RDC Community Grant* & Malton Town Council*)		6,903	6,567		336
	10,831	137,777	132,462	-	16,146
Total Funds	74,791	285,916	264,492	-	96,215

Transfers between funds

From	To	Reason	£ Amount
Unrestricted	Unrestricted	To establish a new fixed asset replacement fund	8,000
General Funds	Designated Funds		8,000

Notes to the accounts for the year ended:

31st March 2023

Note 13.1 continued

2022 Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Unrestricted Funds					
General Funds	24,170	115,119	108,739	7,410	37,960
Designated Funds	26,000	-	-	-	26,000
	<u>50,170</u>	<u>115,119</u>	<u>108,739</u>	<u>7,410</u>	<u>63,960</u>
Restricted Funds					
NHS Scarborough & Ryedale CCG	-	25,929	25,929	-	-
The Brelms Trust	-	4,986	4,986	-	-
Lloyds Bank Foundation	-	14,612	14,612	-	-
Children & Young Persons Service (RDC)	-	2,500	2,500	-	-
MoJ funding via OPFCC North Yorkshire	-	38,900	35,055	-	3,845
Pilot Counselling Service (Two Ridings)	-	5,568	5,568	-	-
Suicide Prevention project (NYCC Stronger Communities, Albert Hunt & Malton TC)	-	5,986	-	-	5,986
Supporting Children's Mental Health (Albert Hunt)	-	1,000	-	-	1,000
<u>Depreciation only</u>					
Big Lottery project (uplift)	1,350	-	450	(900)	-
Lloyds Bank Foundation (uplift)	1,530	-	510	(1,020)	-
MoJ NHS England Covid fund	2,250	-	750	(1,500)	-
CAF Coronavirus Emergency Fund	5,400	-	1,800	(3,600)	-
Two Ridings Coronavirus C Fund	585	-	195	(390)	-
	<u>11,115</u>	<u>99,481</u>	<u>92,355</u>	<u>(7,410)</u>	<u>10,831</u>
Total Funds	<u>61,285</u>	<u>214,600</u>	<u>201,094</u>	<u>-</u>	<u>74,791</u>

13.2 Details of Funds Held

Unrestricted Funds

The unrestricted funds represent the funds available for the general purposes of Community Counselling.

Designated Funds

The designated fund comprises £26,000 for the potential wind down costs, including redundancies in the event of closure and a new fixed asset replacement fund of £8,000.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

NHS funding - Scarborough & Ryedale CCG to support the brief counselling service for patients of Ryedale and Scarborough surgeries.

The Brelms Trust - a three year grant commencing July 2019 to increase service capacity. Ended 30 June 2022.

Lloyds Bank Foundation - reflects a 3 year joint bid with Survive, York to provide a holistic service to people who have experienced sexual abuse living in the Ryedale District. This commenced in July 2019 and ended 30 June 2022.

MoJ funding 2021/22 - reflects the balance of grant unspent in 2021/22. Awaiting confirmation regarding utilisation of the remaining balance.

MoJ funding 2022/23 - reflects the first year funding of a new two year grant fund to support victims of domestic abuse and sexual violence.

Suicide Prevention project - reflects a project supported by NYCC Stronger Communities, the Albert Hunt Trust and Malton Town Council to reduce the incidence of suicide in Ryedale. The project ended 31 March 2023, with the remaining funds permitted to be spent on a counselling training event in May 2023.

Notes to the accounts for the year ended:

31st March 2023

13.2 Details of Funds Held continued

Supporting Children's Mental Health - a new project commencing May 2022 providing a children's counselling service in Scarborough. This is funded by the Woodsmith Foundation until 31 March 2024.

Children & Young People Emotional Wellbeing project - a new project commencing July 2022 providing a children's counselling service in Whitby. This is funded by the Woodsmith Foundation until 31 March 2024.

Keeping Children Safe project - a new one year project supported by the Ed De Nunzio charitable trust, Ryedale District Council and Malton Town Council, commencing October 2022.

14 Net assets between funds

	Unrestricted Funds	Restricted Funds	Total 2023
	£	£	£
Balances at 31st March 2023			
Fixed assets	3,705	-	3,705
Current assets	106,852	22,592	129,444
Current liabilities	(30,488)	(6,446)	(36,934)
	<u>80,069</u>	<u>16,146</u>	<u>96,215</u>

Net assets between funds

	Unrestricted Funds	Restricted Funds	Total 2022
	£	£	£
Balances at 31st March 2022			
Fixed assets	7,410	-	7,410
Current assets	77,159	14,778	91,937
Current liabilities	(20,609)	(3,947)	(24,556)
	<u>63,960</u>	<u>10,831</u>	<u>74,791</u>

15 Transactions with trustees and related parties

None of the trustees have received payment for services during the year (2022: Nil) nor reimbursement for travel expenses (2022: Nil)

There have been no related party transactions in the reporting period.

16 Control

In the opinion of the trustees, no one party controlled the company in the year.