REGISTERED NUMBER: 08375346 (England and Wales)

# ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 JANUARY 2016

# FOR

# REIKI EVOLUTION TRAINING LTD

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## FOR THE YEAR ENDED 31 JANUARY 2016

**REIKI EVOLUTION TRAINING LTD**

**COMPANY INFORMATION**
**FOR THE YEAR ENDED 31 JANUARY 2016**

| | |
|---|---|
| **DIRECTOR:** | Mrs L M King |
| **REGISTERED OFFICE:** | Landmark House<br>1 Riseholme Road<br>Lincoln<br>Lincolnshire<br>LN1 3SN |
| **REGISTERED NUMBER:** | 08375346 (England and Wales) |
| **ACCOUNTANTS:** | Russell Payne & Co Limited<br>Landmark House<br>1 Riseholme Road<br>Lincoln<br>Lincolnshire<br>LN1 3SN |

## ABBREVIATED BALANCE SHEET
## 31 JANUARY 2016

| | Notes | 2016 £ | 2016 £ | 2015 £ | 2015 £ |
|---|---|---|---|---|---|
| **FIXED ASSETS** | | | | | |
| Intangible assets | 2 | | 7,000 | | 8,000 |
| **CURRENT ASSETS** | | | | | |
| Stocks | | 585 | | 856 | |
| Cash at bank | | 2,366 | | 866 | |
| | | 2,951 | | 1,722 | |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | | 8,980 | | 8,478 | |
| **NET CURRENT LIABILITIES** | | | (6,029) | | (6,756) |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | | 971 | | 1,244 |
| **CAPITAL AND RESERVES** | | | | | |
| Called up share capital | 3 | | 100 | | 100 |
| Profit and loss account | | | 871 | | 1,144 |
| **SHAREHOLDERS' FUNDS** | | | 971 | | 1,244 |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 8 March 2016 and were signed by:

Mrs L M King - Director

The notes form part of these abbreviated accounts

# NOTES TO THE ABBREVIATED ACCOUNTS
# FOR THE YEAR ENDED 31 JANUARY 2016

## 1. ACCOUNTING POLICIES

**Accounting convention**
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**
Turnover represents net invoiced sales of goods, excluding value added tax.

**Goodwill**
Goodwill, being the amount paid in connection with the acquisition of a business in 2013, is being amortised evenly over its estimated useful life of ten years.

**Stocks**
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Deferred tax**
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**Hire purchase and leasing commitments**
Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

## 2. INTANGIBLE FIXED ASSETS

| | Total<br>£ |
|---|---|
| **COST** | |
| At 1 February 2015 | |
| and 31 January 2016 | 10,000 |
| **AMORTISATION** | |
| At 1 February 2015 | 2,000 |
| Amortisation for year | 1,000 |
| At 31 January 2016 | 3,000 |
| **NET BOOK VALUE** | |
| At 31 January 2016 | 7,000 |
| At 31 January 2015 | 8,000 |

## 3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

| Number: | Class: | Nominal value: | 2016 £ | 2015 £ |
|---|---|---|---|---|
| 100 | Ordinary | 1 | 100 | 100 |