

Heros Gym Ltd

**Registered number
08148878**

Abbreviated financial statements

Year ended 31st July 2015

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Heros Gym Ltd

**Registered number
08148878**

Abbreviated Financial Statements

Year ended 31st July 2015

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**Accountants' Report to the directors on the preparation of the unaudited statutory accounts of
Heros Gym Ltd
Registered number
08148878
Year ended 31st July 2015**

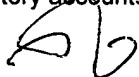
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Heros Gym Ltd (the company) for the year ended 31st July 2015 as set out on pages 2 - 5 which comprise the Profit and Loss account, the Balance Sheet and the related notes from the company's accounting records and from the information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com>

This report is made solely to the company's Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of the company and state those matters that we have agreed to state to the company's Board of Directors, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet> 163. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company's Board of Directors as a body for our work or for this report.

It is your duty to ensure that the company has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the company's assets, liabilities, financial position and profit/loss. You consider that Heros Gym Ltd is exempt from the statutory audit requirement for the year ended 31st July 2015

We have not been instructed to carry out an audit or a review of the accounts of Heros Gym Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



.....
Signature

Neil Minns & Co Ltd
Chartered Certified Accountants
St Ann's House
St Ann's Street
Kings Lynn
Norfolk PE30 1LT

Dated 15th April 2016

Heros Gym Ltd

Registered number
08148878

Abbreviated Balance Sheet**31st July 2015**

	Note	2015 £	2014 £
Fixed Assets			
Tangible assets	2	<u>75573</u>	<u>55712</u>
		75573	55712
Current assets			
Stocks	2500		2000
Debtors	20494		19267
Cash at bank and in hand	16681	<u>16681</u>	<u>30106</u>
		39675	51373
		115248	107085
Creditors : amounts falling due within one year		117816	87903
Total assets less current liabilities		<u>-2568</u>	<u>19182</u>
Creditors : amounts falling due after more than one year		13600	0
Provisions for liabilities		4574	2379
		<u>-20742</u>	<u>16803</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		<u>-20842</u>	<u>16703</u>
Total shareholders funds		<u>-20742</u>	<u>16803</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

Heros Gym Ltd

**Registered number
08148878**

Abbreviated Balance Sheet

**Directors' Statements required by Sections 475(2) and (3)
Year ended 31st July 2015**

In approving these financial statements as directors of the company we hereby confirm :

For the financial year in question, the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board of Directors on 15th April 2016 and signed on their behalf by :



.....
Mr B Tansley
Director

Registration Number : 08148878

Heros Gym Ltd

Registered number
08148878

Notes on Abbreviated Financial Statements

31st July 2015

(1) Accounting policies**Basis of accounting**

The financial statements have been prepared under the historical cost accounting rules.
 The company has taken advantage of the exemption from preparing a cash flow statement conferred by Financial Reporting Standard No 1 on the grounds that it qualifies as a small company under the Companies Act 2006.

Turnover

Turnover represents the amount derived from the provision of goods and services falling within the company's activities after deduction of trade discounts and value added tax.

Depreciation

A reducing balance basis for depreciation has been used for the company's fixed assets.

(2) Fixed assets

The company does not have any intangible fixed assets.

	Tangible Fixed assets £
Cost:	
Brought Forward	71100
Additions in the period	34027
Disposals in the period	0
31st July 2015	<u>105127</u>
Depreciation:	
Brought forward	15388
Charge for the period	14166
31st July 2015	<u>29554</u>
Net book value:	
31st July 2015	<u>75573</u>
31st July 2014	<u>55712</u>

Heros Gym Ltd

Registered number
08148878

Notes on Abbreviated Financial Statements

31st July 2015

(3) Called up Share capital

2014 & 2015
Number of £
shares

Authorised

Authorised share capital

1000 1000

**Allotted called up
and fully paid**

Authorised share capital

100 100
