



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **24/07/2013**

**X2D9W943**

*Company Name:* **PROGRESS BOXING & FITNESS LIMITED**

*Company Number:* **08133805**

*Date of this return:* **06/07/2013**

*SIC codes:* **93130**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **36 QUEENS ROAD  
NEWBURY  
BERKSHIRE  
UNITED KINGDOM  
RG14 7NE**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **GARETH JULIAN**

*Surname:*                           **EDWARDS**

*Former names:*

*Service Address:*                **UNIT 8 MID SUFFOLK BUSINESS PARK  
EYE  
UNITED KINGDOM  
IP23 7HU**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **04/11/1969**

*Nationality:*    **BRITISH**

*Occupation:*    **ENGINEER**

## Statement of Capital (Share Capital)

---

|                        |                 |                                |            |
|------------------------|-----------------|--------------------------------|------------|
| <b>Class of shares</b> | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>100</b> |
|                        |                 | <i>Aggregate nominal value</i> | <b>100</b> |
| <i>Currency</i>        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b>   |
|                        |                 | <i>Amount unpaid per share</i> | <b>0</b>   |

### *Prescribed particulars*

THE ORDINARY SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

---

## Statement of Capital (Totals)

---

|                 |            |                                      |            |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>100</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>100</b> |

---

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 06/07/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at the date of this return  
*Name:* GARETH JULIAN EDWARDS

---

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.