



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **15/10/2013**

Company Name: **PERFORM HEALTH LTD**

Company Number: **07794007**

Date of this return: **03/10/2013**

SIC codes: **86220**

Company Type: **Private company limited by shares**

Situation of Registered Office: **145-157 ST JOHN STREET
LONDON
ENGLAND
EC1V 4PW**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS LUNA**

Surname: **VENTURI**

Former names:

Service Address recorded as Company's registered office

Company Director 1

Type: **Person**
Full forename(s): **MR JAMES**

Surname: **WELLINGTON**

Former names:

Service Address: **21 LOVE LANE
ESSEX
ENGLAND
IG8 8BH**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **21/02/1980** Nationality: **BRITISH**
Occupation: **PHYSIOTHERAPIST**

Statement of Capital (Share Capital)

Class of shares	ORD	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 03/10/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 80 ORD shares held as at the date of this return
Name: JAMES WELLINGTON

Shareholding 2 : 20 ORD shares held as at the date of this return
Name: LUNA VENTURI

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.