

**Quit The Gym Ltd Filleted Accounts
Cover**

Quit The Gym Ltd

Company No. 07598940

Unaudited Accounts

30 April 2020

Quit The Gym Ltd Directors Report**Registrar**

The Director presents her report and accounts for the year ended 30 April 2020.

Principal activities

The principal activity of the company during the year under review was fitness facilities.

Director

The Director who served during the year was as follows:

K.L. Beesley

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

.....
K.L. Beesley

Director

30 April 2020

Quit The Gym Ltd Balance Sheet**Registrar****at 30 April 2020****Company No. 07598940**

	2020	2019
	£	£
Current assets	21,200	23,807
Creditors: Amounts falling due within one year	(1,851)	(3,444)
Net current assets	19,349	20,363
Total assets less current liabilities	19,349	20,363
Accruals and deferred income	(2,200)	(2,201)
	17,149	18,162
Capital and reserves	17,149	18,162

NOTES TO THE ACCOUNTS**1 Basis of preparation**

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 - The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018).

2 Employees

	2020	2019
	Number	Number
The average monthly number of employees (including directors) during the year was:	0 1	0 1

3 General information

Its registered number is: 07598940

Its registered office is:

Unit 6, Buckingham Court

Rectory Lane

Loughton

Essex

IG10 2QZ

For the year ended 30 April 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

These annual accounts have been delivered to the Registrar in accordance with the special provisions applicable to the companies subject to the small companies regime.

The accounts were approved by the board of directors on 30 April 2020 and signed on its behalf by:

K.L. Beesley - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.