



Companies House

AR01 (ef)

Annual Return



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Company Name: **AFTERSHOCK TOTAL FITNESS LIMITED**

Company Number: **07397568**

Date of this return: **05/10/2015**

SIC codes: **85510**

Company Type: **Private company limited by shares**

Situation of Registered Office: **126 WESTMEAD ROAD
SUTTON
SURREY
SM1 4JL**

Officers of the company

Company Director ***1***

Type: **Person**
Full forename(s): **MR WILLIAM**

Surname: **KWATIA**

Former names:

Service Address: **126 WESTMEAD ROAD**
 SUTTON
 SURREY
 UNITED KINGDOM
 SM1 4JL

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/11/1966** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1

Prescribed particulars

ORDINARY SHARES WITH FULL VOTING RIGHTS AND FULL PARTICIPATION IN INCOME AND CAPITAL DISTRIBUTIONS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/10/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **WILLIAM OFEI-KWATIA**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.