

Registered Number 06887966

BREATHING RELIEF LTD

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets		-	-
Tangible assets		-	-
Investments		-	-
		<u>-</u>	<u>-</u>
Current assets			
Stocks		12,028	12,458
Debtors		153	-
Investments		-	-
Cash at bank and in hand		-	-
		<u>12,181</u>	<u>12,458</u>
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(40,994)	(38,285)
Net current assets (liabilities)		<u>(28,813)</u>	<u>(25,827)</u>
Total assets less current liabilities		<u>(28,813)</u>	<u>(25,827)</u>
Creditors: amounts falling due after more than one year		0	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>(28,813)</u>	<u>(25,827)</u>
Capital and reserves			
Called up share capital		112	112
Share premium account		39,988	39,988
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		(68,913)	(65,927)
Shareholders' funds		<u>(28,813)</u>	<u>(25,827)</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 December 2016

And signed on their behalf by:

PHILLIPA JAMES, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.