

**REGISTERED NUMBER: 06866557 (England and Wales)**

**Unaudited Financial Statements for the Year Ended 31 March 2020**

**for**

**Inside Out Nutrition UK Limited**

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**for the Year Ended 31 March 2020**

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**Inside Out Nutrition UK Limited (Registered number: 06866557)**

**Balance Sheet**  
**31 March 2020**

	2020		2019	
	£	£	£	£
<b>FIXED ASSETS</b>		5,600		2,000
<b>CURRENT ASSETS</b>	15,234		20,467	
<b>CREDITORS</b>				
Amounts falling due within one year	<u>(4,558)</u>		<u>(6,304)</u>	
<b>NET CURRENT ASSETS</b>		<u>10,676</u>		<u>14,163</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>16,276</u>		<u>16,163</u>
<b>CAPITAL AND RESERVES</b>		<u>16,276</u>		<u>16,163</u>

**NOTE TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

Inside Out Nutrition UK Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 06866557

**Registered office:** 10 Milton Court  
Ravenshead  
Nottinghamshire  
NG15 9BD

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

**Inside Out Nutrition UK Limited (Registered number: 06866557)**

**Balance Sheet - continued**  
**31 March 2020**

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director on 16 June 2020 and were signed by:

A Wolstenhulme - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.