FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2022

FOR

HEADSTRONG THINKING LIMITED

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HEADSTRONG THINKING LIMITED

COMPANY INFORMATION for the Year Ended 31 August 2022

DIRECTOR:	Mrs A Hardy
SECRETARY:	A N Hardy
REGISTERED OFFICE:	10 London Mews LONDON W2 1HY
REGISTERED NUMBER:	06422652 (England and Wales)
ACCOUNTANTS:	Stein Richards Chartered Accountants 10 London Mews Paddington LONDON W2 1HY

BALANCE SHEET 31 August 2022

		31.8.22		31.8.21	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	4		187		-
CURRENT ASSETS					
Debtors	5	2,850		15,185	
Cash at bank		28,838		82,565	
		31,688		97,750	
CREDITORS					
Amounts falling due within one year	6	11,096		39,500	
NET CURRENT ASSETS			20,592		58,250
TOTAL ASSETS LESS CURRENT					
LIABILITIES			20,779		58,250
CAPITAL AND RESERVES					
Called up share capital	7		100		100
Retained earnings			20,679		58,150
SHAREHOLDERS' FUNDS			20,779		58,250

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 4 April 2023 and were signed by:

Mrs A Hardy - Director

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 August 2022

1. STATUTORY INFORMATION

Headstrong Thinking Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

After reviewing the company's forecasts and projections, the directors have reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. The company therefore continues to adopt the going concern basis in preparing its financial statements.

Turnover

Turnover represents net invoiced services, excluding value added tax.

Rendering of services

Revenue for providing services are recognised when the service has been completed.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% straight line Computer equipment - 25% straight line

Financial instruments

The Company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities such as trade and other debtors and creditors and loans to related parties.

The basic financial debtors and liabilities as listed above are initially recognised at transaction price, unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future payments / receipts discounted at a market rate of interest. Such instruments are subsequently carried at amortised cost using the effective interest method, less any impairment. An impairment review is undertaken annually at the balance sheet date.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2021 - 2).

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NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 August 2022

4. TANGIBLE FIXED ASSETS

			Fixtures and fittings £	Computer equipment	Totals £
	COST	2021	1.053	2.1.42	5 00 5
	At 1 September	2021	1,953	3,142	5,095
	Additions At 31 August 20	27	1,953	$\frac{249}{3,391}$	<u>249</u> 5,344
	DEPRECIATIO		<u> 1,933</u>		3,344
	At 1 September		1,953	3,142	5,095
	Charge for year	2021	1,755	62	62
	At 31 August 20	22	1,953	3,204	5,157
	NET BOOK V				
	At 31 August 20		_	187	187
	At 31 August 20		<u> </u>		
5.	DEBTORS: AM Trade debtors	IOUNTS FALLING DUE WITHIN ONE YEAR		31.8.22 £ 2,850	31.8.21 £
6.	CREDITORS:	AMOUNTS FALLING DUE WITHIN ONE YEAR			
J.	Taxation and soo Other creditors			31.8.22 £ 9,470 1,626 11,096	31.8.21 £ 37,525 1,975 39,500
7.	CALLED UP S	HARE CAPITAL			
	Allotted, issued	and fully paid:			
	Number:	Class:	Nominal	31.8.22	31.8.21
	100	Ordinary	value: £1	£ 100	£ 100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.