



Companies House

**AR01** (ef)

**Annual Return**



X3IVWCKG

Received for filing in Electronic Format on the: 20/10/2014

*Company Name:* **Core Exercise Clinics Limited**

*Company Number:* **05958838**

*Date of this return:* **06/10/2014**

*SIC codes:* **74990**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **THE HANGAR MOSQUITO WAY  
HATFIELD BUSINESS PARK  
HATFIELD  
HERTFORDSHIRE  
UNITED KINGDOM  
AL10 9AX**

## Single Alternative Inspection Location (SAIL)

*The address for an alternative location to the company's registered office for the inspection of registers is:*

QUADRANT HOUSE, FLOOR 6 4 THOMAS MORE SQUARE  
LONDON  
UNITED KINGDOM  
E1W 1YW

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*The following records have moved to the single alternative inspection location:*

Register of members (section 114)  
Register of directors (section 162)  
Directors' service contracts (section 228)  
Directors' indemnities (section 237)  
Register of secretaries (section 275)  
Records of resolutions and meetings (section 358)  
Register of debenture holders (section 743)  
Contracts relating to purchase of own shares (section 702)  
Documents relating to redemption or purchase of own shares out of capital by private company (section 720)

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## Officers of the company

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **IAN MICHAEL BRIAN**

*Surname:* **HARRIS**

*Former names:*

*Service Address:* **THE HANGAR MOSQUITO WAY  
HATFIELD BUSINESS PARK  
HATFIELD  
HERTFORDSHIRE  
UNITED KINGDOM  
AL10 9AX**

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*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **IAN MICHAEL BRIAN**

*Surname:*                                **HARRIS**

*Former names:*

*Service Address:*                        **THE HANGAR MOSQUITO WAY  
HATFIELD BUSINESS PARK  
HATFIELD  
HERTFORDSHIRE  
UNITED KINGDOM  
AL10 9AX**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **25/04/1962**                                *Nationality:*    **BRITISH**

*Occupation:*    **CHARTERED ACCOUNTANT**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **SCOTT ANTHONY**

*Surname:* **LLOYD**

*Former names:*

*Service Address:* **THE HANGAR MOSQUITO WAY  
HATFIELD BUSINESS PARK  
HATFIELD  
HERTFORDSHIRE  
UNITED KINGDOM  
AL10 9AX**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **30/04/1975** *Nationality:* **BRITISH**

*Occupation:* **COMPANY DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>640000</b>
		<i>Aggregate nominal value</i>	<b>640000</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>640000</b>
		<i>Total aggregate nominal value</i>	<b>640000</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 06/10/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **640000 ORDINARY shares held as at the date of this return**  
*Name:* **DAVID LLOYD LEISURE LIMITED**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.