

REGISTERED NUMBER: 05523019 (England and Wales)

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021

FOR

WORDS OF LIFE AND HEALTH LIMITED

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FOR THE YEAR ENDED 31 JULY 2021

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WORDS OF LIFE AND HEALTH LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2021**

DIRECTOR: Ms V Belmar

SECRETARY: Ms V Belmar

REGISTERED OFFICE: 206 Turners Hill
Cheshunt Herts
Hertfordshire
EN8 9DE

REGISTERED NUMBER: 05523019 (England and Wales)

ACCOUNTANTS: C & H Associates
T/A Mobile Accountants
Chartered Management Accountants
206 Turners Hill
cheshunt
Hertfordshire
EN8 9DE

WORDS OF LIFE AND HEALTH LIMITED

**REPORT OF THE ACCOUNTANTS TO THE DIRECTOR OF
WORDS OF LIFE AND HEALTH LIMITED**

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Director are not required to be filed with the Registrar of Companies.

Respective Responsibilities of the Directors and Reporting Accountants

As described in the directors report, the director is responsible for the preparation of the financial statements in accordance with applicable law and United Kingdom Accounting Standards. They consider the company is exempt from audit. Our responsibilities are to prepare the financial statements on behalf of the director, based on the company's accounting records and instruction from the directors.

Basis Of Opinion

We prepared the financial statements in accordance with best practice. We compared the financial statements with the accounting records maintained by the company and made such limited enquiries of the company, as we considered necessary for the preparation of these financial statements.

We have not carried out an audit in accordance with Auditing Standards. Accordingly, we do not express an audit opinion on the financial statement. The financial statements are free from material misstatement whether by error, fraud or any other irregularities.

Opinion

In our opinion:

- (a) the financial statements are in agreement with accounting standards maintained by the companies act 2006 under part 15 as well as information provided by the directors.
- (b) having regards only to, and on the basis of the information contained in those accounting records and instructions from the directors, the financial statements have been drawn up in a manner consistent with the requirements on the Companies Act 2006 and generally accepted accounting principles.

C & H Associates
T/A Mobile Accountants
Chartered Management Accountants
206 Turners Hill
cheshunt
Hertfordshire
EN8 9DE

Date:

BALANCE SHEET
31 JULY 2021

	Notes	31.7.21 £	£	31.7.20 £	£
FIXED ASSETS					
Intangible assets	4		14,400		16,800
Tangible assets	5		<u>14,572</u>		<u>19,430</u>
			28,972		36,230
CURRENT ASSETS					
Stocks		134,575		134,575	
Debtors	6	631		631	
Cash at bank		<u>9,960</u>		<u>120</u>	
		145,166		135,326	
CREDITORS					
Amounts falling due within one year	7	<u>6,019</u>		<u>12,510</u>	
NET CURRENT ASSETS			<u>139,147</u>		<u>122,816</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			168,119		159,046
CREDITORS					
Amounts falling due after more than one year	8		<u>96,492</u>		<u>89,537</u>
NET ASSETS			<u>71,627</u>		<u>69,509</u>
CAPITAL AND RESERVES					
Called up share capital			80,000		80,000
Retained earnings			<u>(8,373)</u>		<u>(10,491)</u>
SHAREHOLDERS' FUNDS			<u>71,627</u>		<u>69,509</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

BALANCE SHEET - continued
31 JULY 2021

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 28 April 2022 and were signed by:

Ms V Belmar - Director

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2021**

1. STATUTORY INFORMATION

Words Of Life And Health Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Intangible assets

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

Patents and licences are being amortised evenly over their estimated useful life of nil years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was NIL (2020 - NIL).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 JULY 2021

4. INTANGIBLE FIXED ASSETS

	Other intangible assets £
COST	
At 1 August 2020 and 31 July 2021	<u>24,000</u>
AMORTISATION	
At 1 August 2020	7,200
Charge for year	<u>2,400</u>
At 31 July 2021	<u>9,600</u>
NET BOOK VALUE	
At 31 July 2021	<u>14,400</u>
At 31 July 2020	<u>16,800</u>

5. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 August 2020 and 31 July 2021	<u>48,482</u>
DEPRECIATION	
At 1 August 2020	29,052
Charge for year	<u>4,858</u>
At 31 July 2021	<u>33,910</u>
NET BOOK VALUE	
At 31 July 2021	<u>14,572</u>
At 31 July 2020	<u>19,430</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.21 £	31.7.20 £
Trade debtors	<u>631</u>	<u>631</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.21 £	31.7.20 £
Trade creditors	(1)	6,884
Other creditors	<u>6,020</u>	<u>5,626</u>
	<u>6,019</u>	<u>12,510</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 JULY 2021

8. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE
YEAR

	31.7.21	31.7.20
	£	£
Bank loans	15,000	-
Other creditors	81,492	89,537
	<u>96,492</u>	<u>89,537</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.