



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **PARMAR FOODSTORES LTD**

Company Number: **05079194**

Date of this return: **13/11/2013**

SIC codes: **47190**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O DESAI & CO ACCOUNTANTS
DESAI HOUSE 9-13
HOLBROOK LANE
COVENTRY
UNITED KINGDOM
CV6 4AD**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **HARMINDER SINGH**

Surname: **JASWAL**

Former names:

Service Address: **88 WEDGEWOOD ROAD
HITCHIN
HERTFORDSHIRE
SG4 0HB**

Company Director **1**

Type: **Person**
Full forename(s): **HARMINDER SINGH**

Surname: **JASWAL**

Former names:

Service Address: **88 WEDGEWOOD ROAD
HITCHIN
HERTFORDSHIRE
SG4 0HB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **12/12/1969** *Nationality:* **BRITISH**
Occupation: **GROCERS**

Company Director **2**

Type: **Person**
Full forename(s): **JASBIR KAUR**

Surname: **JASWAL**

Former names:

Service Address: **88 WEDGEWOOD ROAD
HITCHIN
HERTFORDSHIRE
SG4 0HB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **05/04/1971** *Nationality:* **BRITISH**
Occupation: **ADMIN ASSISTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

A) ONE VOTE PER FULLY PAID SHARE B) ALL SHARES RANK PARI PASSU WITH EACH OTHER AS REGARDS DIVIDENDS C) ALL SHARES RANK EQUALLY IN A CAPITAL DISTRIBUTION D) SHARES ARE NOT REDEEMABLE

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 13/11/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 51 ORDINARY shares held as at the date of this return
Name: HARMINDER SINGH JASWAL

Shareholding 2 : 49 ORDINARY shares held as at the date of this return
50 shares transferred on 2013-11-13
Name: JASBIR KAUR JASWAL

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.