

ESSEX HOME FITNESS LTD

**Company Registration Number:
04759853 (England and Wales)**

Unaudited micro entity accounts for the year ended 31 March 2019

Period of accounts

Start date: 01 April 2018

End date: 31 March 2019

ESSEX HOME FITNESS LTD

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ESSEX HOME FITNESS LTD

Company Information

for the Period Ended 31 March 2019

Registered office:

38
Mollands Lane
South Ockendon
England
RM15 6DB

Company Registration Number:

04759853 (England and Wales)

ESSEX HOME FITNESS LTD

Balance sheet

As at 31 March 2019

	2019 £	10 months to 31 Mar 2018 £
Called up share capital not paid:	0	0
Fixed Assets:	12,530	12,530
Current assets:	1,818	3,100
Prepayments and accrued income:	0	0
Creditors: amounts falling due within one year:	(16,287)	(2,120)
Net current assets (liabilities):	(14,469)	980
Total assets less current liabilities:	(1,939)	13,510
Creditors: amounts falling due after more than one year:	(0)	(9,234)
Provision for liabilities:	(0)	(0)
Accruals and deferred income:	(0)	(0)
Total net assets (liabilities):	(1,939)	4,276
Capital and reserves:	(1,939)	4,276

ESSEX HOME FITNESS LTD

Balance sheet continued

For the year ending 31 March 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 15 November 2019

And Signed On Behalf Of The Board By:

Name: Terry Bray

Status: Director

The notes form part of these financial statements

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.