

**Registered Number 04420012**

**Bodywork - Pilates Ltd**

**Abbreviated Accounts**

**30 April 2016**

## Balance Sheet as at 30 April 2016

	Notes	2016	2015
		£	£
<b>Fixed assets</b>	2		
Tangible		4,401	4,729
		<u>4,401</u>	<u>4,729</u>
<b>Current assets</b>			
Stocks		150	130
Cash at bank and in hand		3,613	1,559
Total current assets		<u>3,763</u>	<u>1,689</u>
<b>Creditors: amounts falling due within one year</b>		(66,603)	(61,973)
<b>Net current assets (liabilities)</b>		(62,840)	(60,284)
<b>Total assets less current liabilities</b>		<u>(58,439)</u>	<u>(55,555)</u>
<b>Total net assets (liabilities)</b>		<u>(58,439)</u>	<u>(55,555)</u>
<b>Capital and reserves</b>			
Called up share capital	4	10	10
Profit and loss account		(58,449)	(55,565)

**Shareholders funds**

(58,439)

(55,555)

- a. For the year ending 30 April 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 25 January 2017

And signed on their behalf by:

**Mrs Conway, Director**

**This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.**

**Notes to the Abbreviated Accounts**

For the year ending 30 April 2016

**1 Accounting policies****Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**Turnover**

The turnover shown in the profit and loss account represents amounts invoiced during the year. In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Operating lease agreements**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

**Fixed Assets**

All fixed assets are initially recorded at cost.

**Financial Instruments**

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

**Going Concern**

The accounts have been prepared under the going concern basis. Should this basis not apply fixed assets would need to be carried at their market value and described as current assets, and all liabilities would become current.

**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures & Fittings	15% reducing balance
Equipment	20% reducing balance

**2 Fixed Assets**

	<b>Tangible Assets</b>	<b>Total</b>
<b>Cost or valuation</b>	<b>£</b>	<b>£</b>
At 01 May 2015	31,106	31,106
Additions	478	478
At 30 April 2016	<u>31,584</u>	<u>31,584</u>
<b>Depreciation</b>		
At 01 May 2015	26,377	26,377
Charge for year	806	806
At 30 April 2016	<u>27,183</u>	<u>27,183</u>
<b>Net Book Value</b>		
At 30 April 2016	4,401	4,401
At 30 April 2015	<u>4,729</u>	<u>4,729</u>

3 **Creditors: amounts falling due after more than one year**

4 **Share capital**

	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
<b>Authorised share capital:</b>		
1000 Ordinary of £1 each	1,000	1,000
<b>Allotted, called up and fully paid:</b>		
10 Ordinary of £1 each	10	10

Balance sheet 2016

Balance sheet Spare note

5 99 (user defined)

GOING CONCERN As described in note 1, the accounts are prepared under the going concern basis. This basis is reliant upon the future financial support of the directors and all relevant financial institutions. The directors are of the opinion that this support will continue for the foreseeable future.