



Companies House

AR01 (ef)

Annual Return



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Company Name: **BODYWORK - PILATES LTD**

Company Number: **04420012**

Date of this return: **18/04/2016**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O BODYWORK-PILATES LTD
PD CENTRE MOLD ROAD
CEFN-Y-BEDD
WREXHAM
CLWYD
WALES
LL12 9UL**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR NIGEL BROOKS**

Surname: **CONWAY**

Former names:

Service Address: **7 HEATHERDALE CLOSE
STANSTY PARK GWERSYLLT
WREXHAM
CLWYD
LL11 4SZ**

Company Director **1**

Type: **Person**

Full forename(s): **MRS HELEN ELIZABETH**

Surname: **CONWAY**

Former names:

Service Address: **7 HEATHERDALE CLOSE
STANSTY PARK GWERSYLLT
WREXHAM
CLWYD
LL11 4SZ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/02/1968** *Nationality:* **BRITISH**

Occupation: **COMAPNY DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR NIGEL BROOKS**

Surname: **CONWAY**

Former names:

Service Address: **7 HEATHERDALE CLOSE
STANSTY PARK GWERSYLLT
WREXHAM
CLWYD
LL11 4SZ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/07/1956** *Nationality:* **BRITISH**
Occupation: **FITNESS INSTRUCTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	10
		<i>Aggregate nominal value</i>	10
<i>Currency</i>	GBP	<i>Amount paid per share</i>	10
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
HELEN E CONWAY 8 SHARES NIGEL B CONWAY 2 SHARES			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	10
		<i>Total aggregate nominal value</i>	10

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **NIGEL BROOKS CONWAY**

Shareholding 2 : **8 ORDINARY shares held as at the date of this return**
Name: **HELEN ELIZABETH CONWAY**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.