



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **BODYWORK - PILATES LTD**

*Company Number:* **04420012**

*Date of this return:* **18/04/2014**

*SIC codes:* **93130**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **THE OLD CHAPEL 13, VICTORIA ROAD  
CHESTER  
UNITED KINGDOM  
CH2 2AX**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MR NIGEL BROOKS**

*Surname:* **CONWAY**

*Former names:*

*Service Address:* **7 HEATHERDALE CLOSE  
STANSTY PARK GWERSYLLT  
WREXHAM  
CLWYD  
LL11 4SZ**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MRS HELEN ELIZABETH**

*Surname:*                **CONWAY**

*Former names:*

*Service Address:*        **7 HEATHERDALE CLOSE  
STANSTY PARK GWERSYLLT  
WREXHAM  
CLWYD  
LL11 4SZ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **15/02/1968**                      *Nationality:*    **BRITISH**

*Occupation:*    **COMAPNY DIRECTOR**

*Company Director*    **2**

*Type:*                                **Person**

*Full forename(s):*                **MR NIGEL BROOKS**

*Surname:*                           **CONWAY**

*Former names:*

*Service Address:*                **7 HEATHERDALE CLOSE  
STANSTY PARK GWERSYLLT  
WREXHAM  
CLWYD  
LL11 4SZ**

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **01/07/1956**                                *Nationality:*   **BRITISH**

*Occupation:*    **FITNESS INSTRUCTOR**

## Statement of Capital (Share Capital)

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|                                                        |                 |                                |           |
|--------------------------------------------------------|-----------------|--------------------------------|-----------|
| <b>Class of shares</b>                                 | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>10</b> |
|                                                        |                 | <i>Aggregate nominal value</i> | <b>10</b> |
| <i>Currency</i>                                        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>10</b> |
|                                                        |                 | <i>Amount unpaid per share</i> | <b>0</b>  |
| <i>Prescribed particulars</i>                          |                 |                                |           |
| <b>HELEN E CONWAY 8 SHARES NIGEL B CONWAY 2 SHARES</b> |                 |                                |           |

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## Statement of Capital (Totals)

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|                 |            |                                      |           |
|-----------------|------------|--------------------------------------|-----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>10</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>10</b> |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **NIGEL BROOKS CONWAY**

*Shareholding 2* : **8 ORDINARY shares held as at the date of this return**  
*Name:* **HELEN ELIZABETH CONWAY**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.