# THE PILATES STUDIO LTD

**Abbreviated Accounts** 

30 November 2015

## THE PILATES STUDIO LTD

Registered number: 03671172

Abbreviated Balance Sheet as at 30 November 2015

No	tes		2015		2014
			£		£
Fixed assets					
Tangible assets	2		917		1,037
Current assets					
Cash at bank and in hand		18,484		5,263	
Creditors: amounts falling due within one year		(3,594)		(3,677)	
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Net current assets			14,890		1,586
Net assets			15,807	_	2,623
Capital and reserves					
Called up share capital	3		3		3
Profit and loss account			15,804		2,620
Shareholders' funds		_ _	15,807	-	2,623

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

S J Tal

Director

Approved by the board on 30 August 2016

### THE PILATES STUDIO LTD

# **Notes to the Abbreviated Accounts**

# for the year ended 30 November 2015

# 1 Accounting policies

### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### **Turnover**

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

#### Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery 20% straight line Motor vehicles 25% straight line

#### Stocks

Stock is valued at the lower of cost and net realisable value.

2	Tangible fixed assets			£	
	Cost				
	At 1 December 2014			25,323	
	Additions			186	
	At 30 November 2015		_	25,509	
	Depreciation				
	At 1 December 2014			24,286	
	Charge for the year			306	
	At 30 November 2015		_	24,592	
	Net book value				
	At 30 November 2015			917	
	At 30 November 2014		- -	1,037	
3	Share capital	Nominal	2015	2015	2014
	-	value	Number	£	£
	Allotted, called up and fully paid:				
	Ordinary shares	£1 each	-	3	3

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