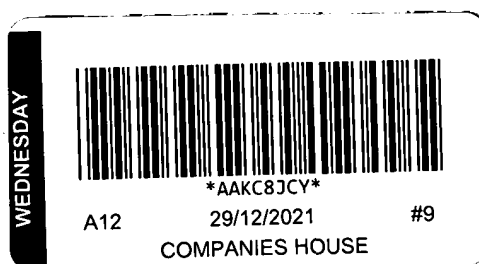


**Parenting 2000
Annual Report and Financial Statements
For the Year ended 31 March 2021**



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also Directors for the purposes of the Companies Act, are pleased to present their annual report and financial statements of the charity for the year ending 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of a charitable company.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charitable company's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities': Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16th July 2014 (and amended by update Bulletin 1 published on 2nd February 2016).

Our Mission

To support families to face the challenges of everyday life.

Objects of the charity

The objectives of the charity are to advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular but not exclusively children, throughout the North West of England and Wales.

Values

Our values are the beliefs and attitudes that shape the work we do which are that we are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

Achieving our Objects

We strive to achieve our objects by promoting and embedding parenting skills, providing a place where all parents, carers, young people and children can access information, advice and support enabling them to meet the diverse challenges that life presents.

Public Benefit

The Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

REFERENCE AND ADMINISTRATIVE DETAILS

Incorporated in England and Wales on 1st December 1994

Trustees:	Nigel Edmund Bellamy (Chair) Susan Holden Steven McDermott Paul Booth (joined 22 nd March 2021) Bernadette Cox (joined 22 nd March 2021) Dr Jeremy Swinson (joined 22 nd March 2021) Julie Wallis (joined 22 nd March 2021)
Company Secretary	Janine Hyland
Chief Executive:	Janine Hyland
Charity number:	1042989
Company number:	02997217
Registered Office:	The Lodge, 3 Morningson Road, Southport, PR9 0TS
Our Advisors	
Accountant & Independent Examiner:	Oliver Grills FCA, J A Fell & Co Chartered Accountants, 40 Hoghton St, Southport PR9 0PQ
Bankers:	HSBC, 49a Fishergate, Preston, Lancashire, PR1 8BH
Solicitors:	Brownejacobson LLP, Victoria Square House, Victoria Square, Birmingham B2 4BU
ICT Support:	Britannia IT, 106 Cemetery Rd, Southport PR8 5EF
HR:	John Bloor, EBS Law, London House, London Rd S, Poynton, Stockport SK12
Insurance:	Southport Insurance Brokers, 36 Hoghton Street, Southport, PR9 0PQ

Activities, Achievement and Performance

The Charity has met the challenges presented by the COVID-19 Pandemic this year and we have continued to grow its expertise in delivery in providing our activities to achieve our mission vision and values

Activities

Demand for our services has continued to grow. Our activities are delivered from Parenting 2000's two Centres based at Mornington Road Southport and The Youth and Community Centre Crosby as well as peripatetically from other community venues, including a doctor's surgery, schools and prisons.

Since the UK COVID-19 lockdown on 23rd March 2020 we have embraced digital solutions to continue with services and have flexibly navigated the pandemic related disruptions to successfully continue to deliver our activities.

We offer a 'wrap around' approach where service users can access a range of interventions all aimed at overcoming the challenges that children & young people and families face in everyday life. We are here for all members of the community to access all our services directly. In addition, we receive referrals from professionals such as GPs, social Workers, CAMHS, Youth Offending Team, schools Merseyside Police, Pupil Referral Units, Well-Being Centres etc.

During the year we delivered public benefit by the following activities.

Therapeutic Counselling

Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling, for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families, where we operate a whole family approach to working with children and young people.

The individual therapy supports emotional issues that can affect everyday life such as relationships and family problems, anger, behaviour, anxiety, addiction, depression and low mood, stress and feeling overwhelmed and not coping, low self-esteem, lack of confidence, bullying at school / work or home, bereavement/loss, post-traumatic stress, domestic abuse (all genders and ages), issues around gender identity & sexuality and unemployment, school or college pressures.

Early Help family support

We provide support to families through the Sefton Turnaround Families initiative to help families resolve problems that affect them and their community. Our family support workers help families by intervening at an early stage before the problems become too serious; to get their children back into school, reduce criminal, domestic violence and anti-social behaviour in the home and help parents back into employment.

Practical Child Safety Fittings in The Home

We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC.

Alchemy Youth Provision

Our youth provision operates under the brand name 'Alchemy' where we provide both targeted and open access youth clubs in both of our centres for young people aged 9-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences develop resilience and make positive life choices.

Socialisation: Celebrations, DJ, various sports, youth café, chill /film night, story time etc., plant propagation, nature trail etc.

Safe space: Pastoral support and guidance from our youth workers, self-care, peer mentoring, educational resources on personal safety using approved educational resources and guest speakers.

Academic enrichment: Quiet time & IT provision to support CYP with homework and studies. quizzes, debates and discussions which have involved issues such as climate change, equality and world poverty.

Life Skills: Group sessions and mentoring on increasing self-esteem, becoming more assertive, healthy relationships, dealing with conflict, dealing with bullying, personal safety on line and off line and citizenship.

Employability skills: CV writing, career information and personal presentation.

Information & guidance: Ensuring that young people can access appropriate services available to them.

'The Big Blue Bus' (formerly The Play bus)

Our multi use activity vehicle 'The Big Blue Bus' is used by Alchemy in partnership with Tyred Rides CIC and Brighter Living Partnership where it has been involved in engaging children, young people and families in a range of health & well-being and diversionary activities.

Parenting Programmes & Support Groups

We provide parenting programmes from our premises at schools and in Prisons.

Dads Matter

The '**Dads Matter**' course is designed to support family relationships during the Dads' time in prison and to give time to reflect on the impact that their imprisonment is having on their children and to develop strategies for when they are released. Evidence shows that having a parent in prison vastly increases the chances of criminal activity in their children. This is delivered by an Early Help Worker and a Children and Young People's Therapist.

Youth Connect 5

Youth Connect 5 is a 5 week course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. It also gives strategies for listening to and communicating with children and young people: the overall aim being to improve family resilience.

Parents Support Circle

Our weekly drop in support group for parents/carers staffed by our youth and one leader continued on line of our children and young people's therapists.

Mindful Futures –Employability Programme

Our new therapy led employability Programme for unemployed adults aged 19 and over to help them to overcome the psychological barriers to employment and returning to education.

Facts about Alcohol and Drugs (FAD)

A course for parents and carers to enable them to develop awareness about drugs and alcohol. The course is designed by Parenting 2000 and has been accredited by Open Awards.

The course increases factual knowledge about drugs and alcohol and covers the causes of drugs & alcohol misuse, physical & psychological effects of drugs & alcohol, effects of misuse on others, drug & alcohol withdrawal and agencies who can offer help & support.

Youth Circle

A group for 11-16 year olds, developed and led by our Educational Psychologist in Residence and delivered with the support of a youth worker to provide additional pastoral support. The course is aimed at improving young people's understanding of emotions and mental wellbeing, whilst gaining ideas and strategies to manage difficult feelings and to build the necessary confidence, self-esteem and assertiveness to make them less vulnerable to being groomed by criminal predators into gangs.

Sefton Emotional Achievement Service (SEAS)

We continue to be a part of a consortium, Sefton Emotional Achievement Service (SEAS) which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support, delivered at the right time and right place through voluntary sector consortium working.

Our consortium partners are: Sefton CVS, The Venus Charity, Personal Support Services, (PSS) Merseyside Youth Association and Sefton Women's and Children's Aid.

Achievements and Performance

Our services benefitted 1296 families this year.

- **292 Children and Young People Accessed our Therapeutic Counselling & Diversionary Services this year.** This year we also introduced 'Eco therapy' to our service; therapy combined with outdoor activity and nature, usually walking for overall wellbeing.

Feedback:

"I have loved going on the walking sessions on the beach because it makes me so happy to be in the open space, I enjoy it because I like jumping off the sand dunes and meditating. I have learned that I am calmer and can focus more when I am in nature."

"Being a part of the eco project has been really cool because I have got to explore parts of Southport I have never spent a lot of time in. One session we walked around the lake and down by the pier. I had had a bad day but being there with the staff was great because it allowed me to get outside, talk and I felt better afterwards."

"I had the best time attending the beach sessions, I felt so much more cheered up!"

55 young people joined 'Roots and Wings' (RAW) Following our success in securing funding from the Youth Endowment Covid-19 Fund we ran RAW, our on-line therapeutic diversionary Programme of one to one and group therapy interventions to help children and young people aged 10 years to 14 years at risk of becoming involved in violent crime make better choices in life.

- **24 unemployed adults were helped to overcome psychological barriers to entering the labour market** and or training with our Mindful Futures European Social Funded (ESF) therapeutically led adult employability course which we ran online.

Feedback:

"I was lacking in confidence and struggled daily. I enrolled on the course and was absolutely terrified, not knowing what to expect, who else was going to be on the course and would I be too scared to speak up. Straight away I was put at ease, it was. I am so pleased to have been part of this wonderful course, being led by two lovely therapists. They were able to help with coping strategies for our confidence and anxiety and putting them into practice in our job search to gain meaningful employment"

- **85 Families received Early Help Support** to overcome difficulties and prevent crisis.

Feedback:

Our family practitioner really understood the problems we were dealing with and gave us the support we needed to work through them.

- **IAPT CYP:** Parenting 2000 continued to be part of the Sefton Children and Young People's Involving Access to Psychological Therapies (CYP IAPT) partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services. In March 2021 we employed a full time Children & Young People's IAPT Cognitive Behavioural Therapist Post Graduate Trainee.
- **Partnership working with Edge Hill University:** We continued our partnership with Edge Hill University and hosted two first year students on the MSc in Counselling and Psychotherapy- Contemporary Creative Approaches. During the Covid lockdowns, our students joined our on line sessions and supported in

such groups as a children's emotional support group for our 'Raw' project, a course for parents in children's mental health and on our employability programme 'Mindful Futures'.

- **Youth Connect 5 Parenting courses:** We ran five courses online this year (one of them for Dads/male carers) and reached 51 parents/carers. The courses were delivered by a children and young people's therapist and were for parents of children and young people who have behavioural difficulties, issues with anger and emotional dysregulation. The course taught parents how the adolescent mind works so that parents can better understand how to support their child's behavior.

Feedback

"I wish I had known about this sooner – it has really helped me improve my relationship with my son"

- **Parents Support Circle:** Our weekly drop in support group for parents/carers staffed by our youth and one leader continued on line of our children and young people's therapists.

Feedback:

"It was helpful to share experiences and find support from other parents."

- **1109 installations of child safety equipment were fitted**, such as stair gates, fire guards, cupboard locks etc. into people's home with the Sefton Child Injury Prevention Scheme funded by Sefton MBC.
- **Alchemy Youth:** Despite the Covid-19 disruption to Youth Club which restricted our delivery most of the year to either working on line or in lots of small groups, membership rose from 100 to 251 members during the year. Our Alchemy Junior Youth Club also secured funding to continue from Police Community Cash Back Fund for ages 9-11 years in both Crosby and Southport for 12 months. This year members of our Youth Club contributed towards a local history exhibition the Atkinson in July. by making a film that they (our young people) called 'Hope in Our time'

Feedback:

"My two children are happier on days when youth club is on and have a better attitude to school." Parent

- **Alchemy Juniors:** After successfully piloting this project we secured funding from the Police Community Cash Back Fund to continue it for 12 months.

Feedback from young people:

I love youth club because it is so fun and I get to meet new people-, aged 11.

- **Youth Circle:** During covid-19 retractions in the autumn and winter we delivered Youth Circle to four groups of 6 young people to support their mental health during these challenging times.

Feedback:

"They boosted my confidence, helped my self- esteem and gave me hope for the future. I loved these sessions from doing workshops and talks to meditation it was all inspirational!" aged -15

"The past 2 sessions have been amazing, they've helped me and they're really fun as everyone gets involved and it's really nice to talk about things." - aged, 15

"Made me think in a different way. Made me feel a different way." - aged, 15

- **Tyred Rides Workshop Wednesdays:** Tyred Rides CIC continued to work in partnership with Alchemy providing information and advice on all things cycling, this year using the Zoom Platform.

Feedback from young people:

- **Big Blue Bus** once again worked in Partnership with Brighter Living Partnership, Tyred Rides CIC and Alchemy Youth, where it delivered weekly family fun sessions (in small bubbles in line with Covid-19 restrictions) on Devonshire Park during August 2020.
- **Vitamin Delivery Service** - During periods when staff were able to return to the office, we continued to collect vitamins from Public Health and distribute them to each of the Children's Centres in Sefton each month.
- **Sefton for Good Free School Meals:** Once again we took part in the project for school aged children which aims to eliminate school holiday hunger. We provided 734 meals and packed lunches to local school aged children.
- **Income Generation:** We successfully secured social investment from LIVV investors to develop a CIC Wellbeing trading company to generate income for Parenting 2000
- **Trustee Recruitment:** We successfully recruited four additional trustees who have brought further skills knowledge and experience to our board
- **Southport Christmas Food Shelter.** Once again (in its 30th year) our volunteers provided meals for the homeless during Christmas week. This year they provided 100 hot meals and 100 cold meals.
- **Our Chief Executive appeared on Southport's local radio station, Sangrounder Radio** in December to talk about the work Parenting 2000 does to support people's mental health in the community.
- **Christmas Stocking Donation:** Christmas was a lot brighter this year for 100 young people thanks to a grant received by the FPC Foundation via The Community Foundation of Merseyside that enabled us to make up over 100 Christmas stockings to be distributed direct to young people & families in our community who have suffered hardships due to the COVID Pandemic.

Donations: We received Donations from the following organisations and would like to thank them for their support this year:

- **The Rotary Club of Southport:** Who once again donated ASDA Vouchers to us. This enabled the purchase of essential items for families such as toiletries, school uniforms, shoes, clothes for job interviews. We also received beautifully presented Christmas hampers which were gratefully received by our most vulnerable families.
- **Holy Trinity Church:** Who made several donations to support our families
- **Southport Lions Club:** who donated clothing, food hampers at Christmas
- **Asda:** Food hampers and essential items for our young people and families at Christmas
- **Kevin Jackson, a Local Landscape Photographer:** Who donated the proceeds of the sale of his stunning photograph of the amazing view of the seaside resort Blackpool captured from the Sefton coast.
- **The Charities Aid Foundation:** Who passed on a generous donation from a local business to help us further our charitable activities.
- **Individual members of the community:** We received several generous cash and in kind donations to help our young people during the pandemic from members of the public

The Organisations We Host at Our Centres

This year we hosted The Frantastic Day Nursery, Engage and Change CIC Groundwork UK and Mum's The Word.

Financial Review

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

The Charity now occupies 3 buildings over two sites and has maintained reserves to specifically support their maintenance

The charity's cash reserves are invested in bank deposit accounts. The trustees are currently reviewing the investment options.

Reserves Policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams.

We have identified that there is a need to have sufficient funds to meet contractual obligations to staff and to have sufficient funds to ensure that legal obligations relating to the buildings, such as leases, are met.

There is an allocation towards maintaining a staffing presence during this time.

Plans for Future Periods

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such during the year we have made progress by planning the development of a Mental Health and Wellbeing trading arm for the expansion of our paid for therapy and this year have received funds from social investor Livv Investment.

Our Bicycle recycling and repair service Tyred Rides CIC continues to grow and generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our charitable mission.

Structure, Governance and Management

Governing Document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfill their duties and obligations.

Trustee induction and training

The Chief Executive provides the new trustee with an overview of the timetable of the Board meetings, copies of the minutes of recent meetings, of the recent reports and accounts, of the Articles of Association, of the Conflict of Interest policy and of similar documents, and explains these. The Chief Executive provides the new trustee with a tour of the Parenting 2000 activities and introduces them to the staff. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies.

A Programme of continuous professional development is being developed for the Board of Trustees. Trustees have attended a variety of Parenting 2000 events and participated in other external learning and development opportunities.

Organisation

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which covers all areas of the organization

- A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually
- The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

Trustees' Responsibilities

The trustees, who are also the directors of Parenting 2000 for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

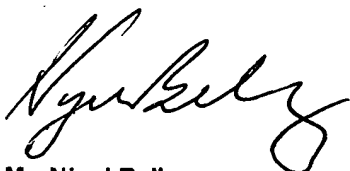
- 1) Select suitable accounting policies and then apply them consistently;
- 2) Observe the methods and principles on the Charities SORP;
- 3) Make judgements and estimates that are reasonable and prudent;
- 4) State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- 5) Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the


Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 16/12/21 and signed on their behalf.



Mr. Nigel Bellamy
Chair of Trustees


Paul Andrew Book
Trustee

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF PARENTING 2000

I report to the trustees on my examination of the financial statements of Parenting 2000 (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Oliver Grills FCA

J A Fell & Co
40 Hoghton Street
Southport
PR9 0PQ

Dated: 20/12/2021

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
<u>Income and endowments from:</u>							
Donations and legacies	3	4,710	-	4,710	1,630	-	1,630
Charitable activities	4	75,401	393,086	468,487	184,967	208,807	393,774
Investments	5	557	-	557	480	-	480
Other income	6	-	-	-	2,270	-	2,270
Total income		80,668	393,086	473,754	189,347	208,807	398,154
<u>Expenditure on:</u>							
Charitable activities	7	23,680	391,741	415,421	176,349	238,376	414,725
Net income/(expenditure) for the year/							
Net movement in funds		56,988	1,345	58,333	12,998	(29,569)	(16,571)
Fund balances at 1 April 2020		322,614	17,966	340,580	309,616	47,534	357,150
Fund balances at 31 March 2021		379,602	19,311	398,913	322,614	17,965	340,579

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

PARENTING 2000

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	11		79,065		84,973
Current assets					
Debtors	12	60,013		17,447	
Cash at bank and in hand		<u>273,023</u>		<u>242,598</u>	
		333,036		260,045	
Creditors: amounts falling due within one year	13	<u>(13,188)</u>		<u>(4,439)</u>	
Net current assets			319,848		255,606
Total assets less current liabilities			<u>398,913</u>		<u>340,579</u>
Income funds					
Restricted funds	14		19,311		17,965
<u>Unrestricted funds</u>					
Designated funds	15	103,868		109,776	
General unrestricted funds		<u>275,734</u>		<u>212,838</u>	
			379,602		322,614
			<u>398,913</u>		<u>340,579</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16/12/21


Mr Nigel Bellamy
Trustee

Company Registration No. Company Registration Number: 02997217

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Computers	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	<u>4,710</u>	<u>1,630</u>

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	Family Support 2021 £	Family Support 2020 £
Sefton MBC	209,250	216,938
Youth Crime Prevention	-	3,000
The Social Investment Business Fund	-	13,084
Grantscape	2,889	8,970
Small Grants	1,930	518
Community Foundation	-	2,000
Sefton CVS	13,000	20,602
CCG	48,110	22,320
Therapeutic Commissioning	10,467	26,929
Room Hire	26,166	58,533
Sessional Fees	9,630	17,750
Youth Club Subscriptions	635	1,548
Mini Bus Hire 3rd Party	1,833	1,470
Miscellaneous income	8,271	112
ESF Mindful Futures	12,000	-
CRG Youth Eco Therapy	1,000	-
Festival of Hope Fund	994	-
Police Funding	33,431	-
Violence Reduction	15,350	-
Youth Covid 19 Support	26,915	-
Youth Endowment Fund	41,975	-
Asda Foundation	900	-
	<u>468,487</u>	<u>393,774</u>
Analysis by fund		
Unrestricted funds	75,401	184,967
Restricted funds	393,086	208,807
	<u>468,487</u>	<u>393,774</u>

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Interest receivable	<u>557</u>	<u>480</u>

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Other income

	Total	Unrestricted funds
	2021	2020
	£	£
Insurance claim receivable	-	2,270

7 Charitable activities

	Family Support 2021	Family Support 2020
	£	£
Staff costs	164,246	157,306
Travel	6,076	4,788
Premises	213	-
Counselling	51,560	50,761
Beneficiary activities	7,727	11,892
Insurance	5,958	5,404
Printing, postage and stationary	3,157	4,781
Telephone and computers	4,422	4,007
Equipment	3,643	2,646
	247,002	241,585
Share of support costs (see note 8)	167,619	171,640
Share of governance costs (see note 8)	800	1,500
	415,421	414,725
Analysis by fund		
Unrestricted funds	23,680	176,349
Restricted funds	391,741	238,376
	415,421	414,725

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

8 Support costs

	Support costs	Governance costs	2021 Support costs	Governance costs	2020
	£	£	£	£	£
Staff Costs	87,190	-	87,190	79,532	79,532
Premises	48,964	-	48,964	59,288	59,288
Insurance	607	-	607	(2,270)	(2,270)
Telephone and computers	17,152	-	17,152	12,286	12,286
Sundry	711	-	711	(1,223)	(1,223)
Accountancy	2,000	-	2,000	4,626	4,626
Professional	5,087	-	5,087	12,599	12,599
Depreciation	5,908	-	5,908	6,802	6,802
Independent examination	-	800	800	-	1,500
	<u>167,619</u>	<u>800</u>	<u>168,419</u>	<u>171,640</u>	<u>173,140</u>
Analysed between Charitable activities	<u>167,619</u>	<u>800</u>	<u>168,419</u>	<u>171,640</u>	<u>173,140</u>

Governance costs includes a charge for the independent examination fees of £1,800 with an adjustment representing a reduction in the prior year (2020: Charge £500)

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2021 Number	2020 Number
<u>17</u>	<u>16</u>

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

11 Tangible fixed assets

	Leasehold land and buildings	Computers	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2020	206,254	178,943	127,797	512,994
At 31 March 2021	206,254	178,943	127,797	512,994
Depreciation and impairment				
At 1 April 2020	129,580	177,933	120,508	428,021
Depreciation charged in the year	3,834	252	1,822	5,908
At 31 March 2021	133,414	178,185	122,330	433,929
Carrying amount				
At 31 March 2021	72,840	758	5,467	79,065
At 31 March 2020	76,674	1,010	7,289	84,973

12 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	52,264	13,439
Other debtors	1,558	1,558
Prepayments and accrued income	6,191	2,450
	60,013	17,447

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	9,046	2,080
Accruals and deferred income	4,142	2,359
	13,188	4,439

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Incoming resources	Resources expended	Balance at 31 March 2021
	£	£	£	£	£	£	£
VRU Projects	-	7,316	(6,896)	420	15,350	(15,350)	420
Family Intervention Programme	24,518	78,750	(103,268)	-	105,000	(105,000)	-
Grantscape Orsted Burbo Bank	-	8,969	(7,043)	1,926	2,889	(4,815)	-
Supporting Families Against Youth Crime	-	60,000	(45,464)	14,536	-	(14,536)	-
Child Injury	8,160	40,688	(48,848)	-	54,251	(54,251)	-
Social Investment Business Grant	-	13,084	(12,000)	1,084	-	-	1,084
SMBC Youth Project	-	-	-	-	50,000	(50,000)	-
CCG Counselling	-	-	-	-	33,110	(25,303)	7,807
Police Community Cashback Fund	-	-	-	-	23,431	(23,431)	-
Police Funding - Stonehaven	-	-	-	-	10,000	-	10,000
ESF Mindful Futures	-	-	-	-	13,201	(13,201)	-
Youth Endowment Fund	-	-	-	-	41,975	(41,975)	-
DCMS - Youth Covid Fund	-	-	-	-	26,915	(26,915)	-
Health Education England - IAPT Trainee	-	-	-	-	2,540	(2,540)	-
Tesco Bags for Life	-	-	-	-	500	(500)	-
Community Foundation - Christmas Stockings	-	-	-	-	1,430	(1,430)	-
Access to Food	20	-	20	-	3,000	(3,000)	-
EH L2 Pilot Delivery	-	-	-	-	7,500	(7,500)	-
ERG Youth Eco Fund	-	-	-	-	1,000	1,000	-
Festival of Hope - Atkinson	-	-	-	-	994	994	-
Groundworks - Tesco	1,220	-	1,220	-	-	-	-
ESF Fresh Start	4,983	-	4,983	-	-	-	-
Eleanor Rathbone Trust	2,872	-	2,872	-	-	-	-
PH Holt	262	-	262	-	-	-	-

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Restricted funds

PPA 2018	1,040	-	1,040	-	-	-	-
Prison - HMP Walton	4,459	-	4,459	-	-	-	-
	<u>47,534</u>	<u>208,807</u>	<u>(238,375)</u>	<u>17,966</u>	<u>393,086</u>	<u>(391,741)</u>	<u>19,311</u>

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2019 £	Transfers £	Balance at 1 April 2020 £	Transfers £	Balance at 31 March 2021 £
Fixed Asset fund	91,775	(6,802)	84,973	(5,908)	79,065
Contingency fund	15,226	-	15,226	-	15,226
Other designated funds	9,577	-	9,577	-	9,577
	<u>116,578</u>	<u>(6,802)</u>	<u>109,776</u>	<u>(5,908)</u>	<u>103,868</u>

PARENTING 2000

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16 Analysis of net assets between funds

	Unrestricted funds 2021 £	Designated funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Designated funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:								
Tangible assets	-	79,065	-	79,065	-	84,973	-	84,973
Current assets/(liabilities)	275,734	24,803	19,311	319,848	212,838	24,803	17,965	255,606
	<u>275,734</u>	<u>103,868</u>	<u>19,311</u>	<u>398,913</u>	<u>212,838</u>	<u>109,776</u>	<u>17,965</u>	<u>340,579</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).