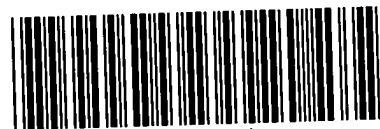


Company Number: 02997217
Charity Number: 1042989

Parenting 2000
(A Company Limited by Guarantee)
Annual Report
&
Financial Statements
For the year ended
31 March 2020

Greater Merseyside Community Accountancy Service
Sefton Council for Voluntary Service
3rd Floor, Suite 3b
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

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Parenting 2000

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Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ending 31 March 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of a charitable company.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charitable company's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities': Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16th July 2014 (and amended by update Bulletin 1 published on 2nd February 2016).

Objectives and Activities

Our Mission

To support families to face the challenges of everyday life.

Objects of the charity

The objects of the charity are to advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular but not exclusively children, throughout the North West of England and Wales.

Values

Our values are the beliefs and attitudes that shape the work we do which are that we are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need - where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

Achieving our Objects

We strive to achieve this by promoting and embedding parenting skills, providing a place where all parents, carers, young people and children can access information, advice and support enabling them to meet the diverse challenges that life presents.

Public Benefit

The Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

Activities, Achievement and Performance

Our activities & performance detailed below demonstrate that the charity is achieving its mission vision and values and continues to grow its expertise in delivery in spite of a difficult funding climate for charities.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Activities

Demand for our services has continued to grow. Our activities are delivered from Parenting 2000's two Centres based at Mornington Road Southport and The Youth and Community Centre Crosby as well as peripatetically from other community venues, including a doctor's surgery, schools and prisons. Since the UK COVID-19 lockdown on 23rd March 2020 counselling has continued exclusively on a digital basis.

We offer a 'wrap around' approach where service users can access a range of interventions all aimed at overcoming the challenges that children young people and families face in everyday life. We are here for all members of the community to access all our services directly. In addition, we receive referrals from professionals such as GPs, social Workers, CAMHS, Youth Offending Team, schools, Pupil Referral Units, Well-Being Centres etc.

During the year we delivered public benefit by the following activities.

Therapeutic Counselling

Our team of seven professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling, for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families, where we operate a whole family approach to working with children and young people.

The individual therapy supports emotional issues that can affect everyday life such as relationships and family problems, anger, behaviour, anxiety, addiction, depression and low mood, stress and feeling overwhelmed and not coping, low self-esteem, lack of confidence, bullying at school / work or home, bereavement/loss, post-traumatic stress, domestic abuse (all genders and ages), issues around gender identity & sexuality and unemployment, school or college pressures.

Early Help family support

We provide support to families through the Sefton Turnaround Families initiative to help families resolve problems that affect them and their community. Our family support workers help families by intervening at an early stage before the problems become too serious; to get their children back into school, reduce criminal, domestic violence and anti-social behaviour in the home and help parents back into employment.

Supporting Families Against Youth Crime

In June 2019 we were awarded funding from Sefton Council to deliver a 12-month project offering a range of evidenced based activities to prevent gang involvement & youth violence. Our targeted work involved one to one therapeutic counselling, parent/carers workshops including Dads Matter for fathers serving a custodial sentence at HMP Liverpool, youth life skills sessions, peer support groups for parents/carers & therapeutically led support groups for young people.

Practical child safety fittings in the home

We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Alchemy Youth Provision

Our youth provision operates under the brand name 'Alchemy' where we provide both targeted and open access youth clubs in both of our centres for young people aged 11-18 years old. In October 2019, due to popular demand we introduced a junior youth club where we opened up to a younger age range with weekly sessions for ages 9 - 11 years. Our Youth Club led with activities shaped by our young people providing an opportunity for them to learn, develop resilience and make positive life choices. Examples of activities are:

Socialisation: Celebrations, DJ, various sports, youth café, chill /film night, story time etc., plant propagation, nature trail etc.

Safe space: Pastoral support and guidance from our youth workers, peer mentoring, educational resources on personal safety using approved educational resources and guest speakers.

Academic enrichment: Quiet time & IT provision to support CYP with homework and studies. quizzes, debates and discussions which have involved issues such as climate change, equality and world poverty.

Life Skills: Group sessions and mentoring on increasing self-esteem, becoming more assertive, healthy relationships, dealing with conflict, dealing with bullying, personal safety on line and off line and citizenship.

The Big Blue Bus' (formerly The Play bus)

Our multi use activity vehicle 'The BIG Blue Bus' was returned to us in April this year following an extended period in repair last year after suffering damage from vandals.

The Bus has been active and regularly used by Alchemy this year in partnership with Tyred Rides CIC and Brighter Living Partnership where it has been involved in engaging children and young people and families in a range of health & well-being and diversionary activities.

Parenting Programmes & Support Groups

We provide parenting programmes from our premises, and at schools and in Prisons.

Dads Matter

The 'Dads Matter' course is designed to support family relationships during the Dads' time in prison and to give time to reflect on the impact that their imprisonment is having on their children and to develop strategies for when they are released. Evidence shows that having a parent in prison vastly increases the chances of criminal activity in their children. This is delivered by an Early Help worker and a Children and Young People's Therapist.

Youth Connect 5

Youth Connect 5 is a 5 week course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. It also gives strategies for listening to and communicating with children and young people: the overall aim being to improve family resilience.

Triple P

Triple P - Positive Parenting Program ® is a parenting and family support system designed to prevent - as well as treat - behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Facts about Alcohol and Drugs (FAD)

A course for parents and carers to enable them to develop awareness about drugs and alcohol. The course is designed by Parenting 2000 and has been accredited by Open Awards.

The course increases factual knowledge about drugs and alcohol and covers the causes of drugs & alcohol misuse, physical & psychological effects of drugs & alcohol, effects of misuse on others, drug & alcohol withdrawal and agencies who can offer help & support.

Support Groups

This year we developed two new support groups: Youth Circle for teenagers and Parents' Support Circle for parents/carers

* Youth Circle is A 5 week course for a group of 11-16 year olds, developed and led by our Educational Psychologist in Residence and delivered with the support of a youth worker to provide additional pastoral support. The course is aimed at improving young people's understanding of emotions and mental wellbeing, whilst gaining ideas and strategies to manage difficult feelings and to build the necessary confidence, self-esteem and assertiveness to make them less vulnerable to being groomed by criminal predators into gangs.

* Parents' Support Circle is a weekly drop-in support group facilitated by a therapist and youth leader for parents seeking help and advice for their children from other parents and professionals

Sefton Emotional Achievement Service (SEAS)

We continue to be a part of a consortium, Sefton Emotional Achievement Service (SEAS) which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support, delivered at the right time and right place through voluntary sector consortium working.

Our consortium partners are: Sefton CVS, The Venus Charity, Personal Support Services, (PSS) Merseyside Youth Association and Sefton Women's and Children's Aid.

Achievements and Performance

* Our services benefitted 1274 families this year.

* We appointed a permanent Chief Executive who took up post in April 2019 to build on the achievements of the outgoing interim CEO in developing and strengthening the charity.

* We appointed a Youth Services manager in August 2019 to oversee and co-ordinate our Alchemy Youth provision.

* We developed and filled an honorary voluntary position for a qualified Dr of Educational Psychology to be our Educational Psychologist in Residence, to support youth emotional well-being at Alchemy Youth Club.

Parenting 2000

Trustees' Annual Report

For the year ended 31 March 2020

* Our Therapeutic Counselling Services this year received funding from Sefton CCG, PH Holt, Orsted- Burbo Bank Extension Fund, Sefton MBC Supporting Families against Youth Crime & Merseyside Police Violent Crime Reduction Unit. Demand for our funded service outstripped supply and as such we received 439 new referrals and 310 people accessed counselling for the first time.

* IAPT CYP: Parenting 2000 continued to be part of the Sefton Children and Young People's Involving Access to Psychological Therapies (CYP IAPT) partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services. The partnership funded our CEO to attend a number of post graduate level Master Classes in Service Leadership in Psychological Therapies at Manchester Mental Health NHS Foundation Trust.

* Partnership working with Edge Hill University: We worked with Edge Hill University on two projects this year: We supported them to market, recruit and screen participants for a research project- "Using creative therapy for people with depression." This was a collaborative piece of research with Liverpool CCG, Edge Hill, Salford and Cambridge University and will be used to inform NHS interventions for adults with depression in the future. Secondly, throughout March, April and May we hosted two students from Edge Hill's Master's degree in Creative Interventions for Therapy.

* Early Help Family support. Our workers provided support to 85 families to overcome difficulties and prevent crisis. Our family support service is central to our whole family approach where the service receives referrals to and from our counselling, youth clubs and parenting programmes to ensure the best outcomes for families.

* Youth Connect 5 Parenting courses: We ran four courses (one of them for Dads/male carers) and reached 32 parents/carers. The courses were delivered by a children and young people's therapist. The parents have been referred to us via schools and Well-Being Centres and all have children who have behavioural difficulties, issues with anger and emotional dysregulation. 9 of the families had Early Help Plans. Feedback from the parents about what they found most valuable:

"sharing information with other parents and learning strategies really helped me and my family"

"learning with others. Openness and positivity of all involved"

"taking a step back and listening before I speak"

"looking at different ways to communicate, so that everyone feels listened to"

* Dads Matter: We ran two courses at HMP Liverpool reaching 14 families. Feedback from all prisoners was that they felt increased confidence about re-integrating into their family unit and their wider community. The following is a selection of comments from the course participants:

"the most useful part was learning different ways of dealing with things"

"how to treat misbehaving children with appropriate methods"

"how to be a dad in a different way to before"

"how to deal with anger in children, I will take many skills from this course"

* Parents Support Circle: We developed a weekly drop in support group for parents/carers staffed by our youth leader and one of our children and young people's therapists. This has proven to be a highly supportive and non-shaming environment. It was the peer support from within the Youth Connect 5 group which prompted the development of the 'Parenting Circle' (parent support group) so that on-going support could be provided.

* Child Safety Equipment: Our Child Injury Prevention Project completed 2,457 installations of child safety equipment such as stair gates, fire guards, cupboard locks etc. into people's home under the Sefton Child Injury Prevention Scheme funded by Sefton MBC.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

* Alchemy Youth: Our targeted youth and open access service was attended by 100 young people at Southport & Crosby Centres helping to reduce isolation amongst children and young people. This year we received additional funding from Merseyside Police's Violent Crime Reduction Unit,

* Alchemy Juniors: Attendance built up quickly to 25 children was funded between January and March 2020 by Merseyside Polices Violent Crime Reduction Partnership. In March 2020 we received the news that we had been awarded funding from the Police Community Cash Back Fund for a junior youth club in both Crosby and Southport for 12 months.

* Youth Circle: Youth Circle was attended by 19 young people and 95% reported that they had improved their self-esteem.

* Sexual Health: A weekly youth sexual health drop in service run by a school nurse continues to be delivered at our Crosby Centre.

* Tyred Rides Workshop Wednesdays: Tyred Rides CIC continues to work in partnership with Alchemy youth delivering its popular bicycle repair and maintenance workshop sessions and drop in for young people on all things to do with bicycles.

* Big Blue Bus attended 6 sessions in Partnership with Brighter Living Partnership and Tyred Rides CIC and Alchemy Youth, where it delivered 6 weekly family fun sessions on Devonshire Park during August 2019. Additionally, Tyred Rides CIC delivered the 'Tyred Rides Road Show' a series of bicycle workshops from the Bus in Coronation Park Crosby and on Lord Street Southport engaging young people in bicycle maintenance sessions.

* Vitamin Delivery Service - We continue to collect vitamins from Public Health and distribute them to each of the Children's Centres in Sefton each month.

* Income Generation: We were awarded funding from The Social Investment Business Reach Fund to work to develop a business plan to expand our counselling services by setting up a CIC next year.

* Sefton for Good Free School Meals: Once again we took part in the project for school aged children which aims to eliminate school holiday hunger. We provided 397 packed lunches to local school children

* CEO's Annual Christmas Festive Coffee Morning: This was held in December where members of the community were invited to drop in and enjoy a mince pie and a coffee and provide an opportunity for The Charity to listen their opinions to help shape services going forward.

* Southport Christmas Food Shelter. We hosted this once again for the homeless during Christmas week. This service was in its 29th year and this year offered breakfast, a three course lunch and housing advice Through Mainstay. Run by volunteers during the Christmas week.

* Our Fundraising Activities. This year we raised £600 from our Winter Craft Fair at Crosby Centre which raised £300 and our Charity Rock Weekend at Corrie Pub which raised £300

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Donations

We received Donations from the following organisations and would like to thank them for their support this year:

- * The Rotary Club of Southport: £50
- * Holy Trinity Church: £300
- * Southport Masons Starkie Lodge; £400
- * Reed Partnership: £25

We thank the following organisations for their continued and faithful support.

- * The Rotary Club of Southport who once again donated ASDA Vouchers to us. This enabled the purchase of essential items for families such as toiletries, school uniforms, shoes, clothes for job interviews. We also received beautifully presented Christmas hampers which were gratefully received by our most vulnerable families.
- * Southport Lions Club who donated clothing, food hampers at Christmas
- * Asda- Food hampers for Christmas Shelter

The Organisations We Host at Our Centres

Our buildings in Southport and Crosby have been regularly and increasingly used by local community groups, charities, and small businesses for meetings, training and event space

We continue to regularly host Tyred Rides CIC, The Frantastic Day Nursery and The Princes Trust /Groundwork UK and the following organisations:

Aiming High
Atkinson Development Trust
Cheshire East Council
Christmas Shelter
Crosby Training
Edge Hill University
Engage and Change CIC
GMK Martial Arts
Ingeus
In Stitches Craft Group (Macmillan)
Karate / Martial Arts Clubs
Lancashire School
Latvian School
Light For Life
Living Well Sefton
LFC Foundation
Lymphoma Support
Marriage Care
Mind Space
Myeloma Support
National Childbirth Trust
National Citizen's Service (NCS)
New Beginnings
PAC
Sefton CCG IAPT CYP Partnership
Sefton CVS
Sefton MBC

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Sefton Young Carers
Shared Reading Group
Southport Writers Circle
SMBC Youth Services
Special Time
SWACA
3TC
Warrington Council
Wirral Council

Financial Review

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room rentals.

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such during the year we have made progress by planning for the expansion of our paid for therapeutic counselling into a CIC.

Our Bicycle recycling and repair service Tyred Rides CIC continues to grow and generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our mission.

The operational surplus on the general fund during the year was £12,999 (2019: deficit £57,832).

As at 31 March 2020 total funds of £346,159 (2019: £362,731) where held of which £17,966 (2019: £47,534) was held in restricted funds which is therefore not available for the general purposes of the charitable company.

The Charity currently occupies 3 buildings and has maintained reserves to specifically support their maintenance

The charity's cash reserves are invested in bank deposit accounts. The trustees are currently reviewing the investment options.

Reserves Policy

The trustees have reviewed the Reserves Policy of the charity and continue to recognise the need to establish an appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams.

We have identified that there is a need to have sufficient funds to meet contractual obligations to staff and to have sufficient funds to ensure that legal obligations relating to the buildings, such as leases, are met.

There is an allocation towards maintaining a staffing presence during this time.

The current free reserves stand at £243,220 (2019 £223,422). It is the view of the trustees that there is likely to be a need for £15,226 for continued transition and £9,577 to meet the other needs.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Plans for Future Periods

On 23rd March 2020. The Government announced a national lockdown in response to the escalation of the COVID-19 Pandemic in the United Kingdom. In response to this, we ended this financial year with staff working from home and our services transferred to remote and online platforms.

This indicates that there will be additional uncertainties and challenges for the charity next year, 2020-2021

Notwithstanding the potential challenges of operating in a global Covid-19 Pandemic, the charity plans to continue the activities outlined above and seek opportunities to identify new development opportunities aligned to its charitable mission.

Reference and administrative details

Charity number:	1042989
Company number:	02997217
Registered Office:	The Lodge, Mornington Road, Southport. PR9 0TS

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB Pm.dip Sefton CVS, Burlington House, Waterloo, Liverpool L22 0PT
Bankers:	HSBC, 99-101 Lord Street, Liverpool. L2 6PG
Solicitors:	Hodge Halsall, 18 Hoghton Street, Southport. PR9 0PB
IT Support:	Britannia IT
HR:	J Bloor EBS Law - HR

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

Mr Nigel Edmund Bellamy	Chair of Trustees
Mrs Susan Holden	
Mr Steve McDermott	

Chief Executive

Janine Hyland

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Structure, Governance and Management

Governing Document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election. When considering the co-option of trustees the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfill their duties and obligations.

Trustee induction and training

The Chief Executive provides the new trustee with an overview of the timetable of the Board meetings, copies of the minutes of recent meetings, of the recent reports and accounts, of the Articles of Association, of the Conflict of Interest policy and of similar documents, and explains these. The CEO provides the new trustee with a tour of the Parenting 2000 activities and introduces them to the staff. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies.

A programme of continuous professional development is being developed for the Board of Trustees. Trustees have attended a variety of Parenting 2000 events and participated in other external learning and development opportunities.

Organisation

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets 6 weekly with more regular meetings between the Chair of Trustees and the Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which comprises:

- * an annual review of the principal risks and uncertainties that the charity faces;
- * the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- * the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

Financial sustainability is the major financial risk for the charity and a key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank and active management of trade debtors and creditors balances to ensure sufficient working capital by the charity.

Regular Health and Safety and Risk Assessments are carried out and reviewed as required. All clients, staff and visitors are required to sign in and out of the building to ensure known numbers are in the building. Attention has also been focused on non-financial risks arising from fire, health and safety of clients, food hygiene and PAT testing. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place and regular awareness training for staff working in these operational areas.

Parenting 2000 Trustees' Annual Report For the year ended 31 March 2020

Trustees' Responsibilities

The trustees, who are also the directors of Parenting 2000 for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

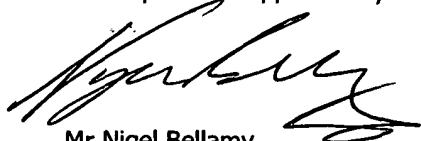
Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

- 1) select suitable accounting policies and then apply them consistently;
- 2) observe the methods and principles on the Charities SORP;
- 3) make judgements and estimates that are reasonable and prudent;
- 4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- 5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 19th February 2021 and signed on their behalf.



Mr Nigel Bellamy
Chair of Trustees

Independent Examiner's Report To the trustees' of Parenting 2000 For the year ended 31 March 2020

I report to the trustees on my examination of the accounts of the Parenting 2000 for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity trustees of Parenting 2000 (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians and the Association of Charity Independent Examiners, which are two of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the Parenting 2000 as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities {applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)}.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anthony Deegan MAAT, MICB Pm.dip
Community Accountant
Sefton CVS, Burlington House, Waterloo, Liverpool L22 0PT
19th February 2021

Parenting 2000
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 31 March 2020

	Note	Unrestricted Funds £	Restricted Funds £	Total 2020 £	Total 2019 £
Income and endowments from:					
Donations and legacies	2	1,631	-	1,631	825
Charitable activities	3	184,967	208,807	393,774	418,577
Investments	4	480	-	480	58
Other	5	2,270	-	2,270	-
Total income		<u>189,348</u>	<u>208,807</u>	<u>398,155</u>	<u>419,460</u>
Expenditure on:					
Charitable activities	6	<u>176,349</u>	<u>238,375</u>	<u>414,724</u>	<u>443,831</u>
Total expenditure		<u>176,349</u>	<u>238,375</u>	<u>414,724</u>	<u>443,831</u>
Net income/(expenditure)		12,999	(29,568)	(16,569)	(24,371)
Other recognised gains:					
Net movement in funds		<u>12,999</u>	<u>(29,568)</u>	<u>(16,569)</u>	<u>(24,371)</u>
Reconciliation of funds:					
Funds b/fwd		<u>315,196</u>	<u>47,534</u>	<u>362,730</u>	<u>387,101</u>
Funds c/fwd		<u>328,193</u>	<u>17,966</u>	<u>346,159</u>	<u>362,731</u>

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

The notes on pages 18 to 30 form part of these financial statements

**Parenting 2000
Balance Sheet
As at 31 March 2020**

Company Number: 02997217

	Note	2020 £	2019 £
Fixed Assets			
Tangible assets	10	84,973	91,775
Current Assets			
Debtors	11	23,027	28,281
Cash at bank and in hand	12	242,598	248,097
		265,625	276,378
Creditors: Amounts falling due within one year	13	4,439	5,423
Net Current Assets		261,186	270,955
Total Net Assets		346,159	362,730
Funds of the charity			
Designated Funds		109,776	116,578
General Fund		218,417	198,619
Total Unrestricted Funds	14	328,193	315,197
Restricted Funds	15	17,966	47,534
Total Funds		346,159	362,731

In approving these financial statements as directors of the company we hereby confirm the following:
For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- 1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
- 2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the board of directors on 19th February 2021.


Mr Nigel Bellamy

The notes on pages 18 to 30 form part of these financial statements

Parenting 2000

Notes to the Accounts

For the year ended 31 March 2020

1 Accounting Policies

1a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), and the Companies Act 2006 and the UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

Parenting 2000 meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for Charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The functional currency used by Parenting 2000 is the £ Sterling.

1b. Preparation of the accounts on a going concern basis

Despite the results on the General Fund for the year the charitable company is now much better placed than it was to be able to meet its day to day obligations as they fall due. As such the trustees believe that it is appropriate for these accounts to be produced on a going concern basis.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

1 Accounting Policies (cont.)

1d. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity heading(s):

Family Support

1e. Funds Accounting

All income and expenditure together with gains and losses are allocated to a specific charitable fund.

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Further details of designated funds together with their purpose are set out in note 14.

Restricted funds are donations which the donor has specified are to be used solely for particular areas of the charity's work or for specific projects being undertaken by the charity. Further details of restricted funds together with their purposes are set out in note 15.

Parenting 2000

Notes to the Accounts (cont.)

For the year ended 31 March 2020

1 Accounting Policies (cont.)

1f. Tangible fixed assets and depreciation

Tangible assets are stated at cost less accumulated depreciation and accumulated impairment losses. cost includes the original purchase price, costs directly attributable to bringing the asset into its working condition for its intended use, dismantling and restoration costs and borrowing costs capitalised.

Land and buildings include freehold offices and community centres. Land and buildings are stated at cost (or deemed cost for land and buildings held at valuation at the date of transition to FRS 102) less accumulated depreciation and accumulated impairment losses.

Plant and machinery and fixtures, fitting, tools, and equipment are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write each asset off over its anticipated useful economic life. A full year's depreciation charge is charged in the year of acquisition and no depreciation is charged in the year of disposal.

Freehold land	No depreciation is charged
Freehold buildings	straight line basis over 50 years
Short leasehold properties	5% pa on a straight line basis
Motor vehicles	25% pa on a reducing balance basis
Fixtures and fittings	25% pa on a reducing balance basis
Equipment	25% pa on a reducing balance basis

Subsequent costs are included in the assets carrying amount or recognised as a separate asset, as appropriate, only when it is probable that economic benefits associated with the item will flow to the charitable company and the cost can be measured reliably.

Repairs, maintenance and minor inspection costs are expensed as incurred.

Tangible assets are derecognised on disposal or when no future economic benefits are expected. On disposal, the difference between the net disposal proceeds and the carrying amount is recognised in the Statement of Financial Activities.

1g. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Parenting 2000

Notes to the Accounts (cont.)

For the year ended 31 March 2020

1 Accounting Policies (cont.)

1h. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1i. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1j. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1k. Pension costs

The company operates a defined contribution plan for its eligible employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payment obligations. the contributions are recognised as an expense when they are due. Amounts not paid are shown in creditors or accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

2. Donations and Legacies

	2020	2019
	£	£
Grants and Donations	1,631	825
	<u>1,631</u>	<u>825</u>

3. Charitable Activity Income

	2020	2019
	£	£
Sefton MBC	216,938	261,593
Youth Crime Prevention	3,000	-
CCG VCF Fund	-	3,404
Awards For All	-	10,000
John Moores Foundation	-	5,000
The Social Investment Business Fund	13,084	-
Grantscape	8,970	-
Small Grants	518	14,500
Community Foundation	2,000	2,500
Sefton CVS	20,602	5,492
CCG	22,320	22,320
Bike Sales	-	4,803
Therapeutic Commissioning	26,929	-
Fees Receivable	-	40,349
Room Hire	58,533	48,616
Sessional Fees	17,750	-
Youth Club Subscriptions	1,548	-
Mini Bus Hire - 3rd Party	1,470	-
Misc Income	112	-
	<u>393,774</u>	<u>418,577</u>

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

4. Investment Income

	2020	2019
	£	£
Interest Receivable	480	58
	<u>480</u>	<u>58</u>

5. Other Income

	2020	2019
	£	£
Insurance Claims	2,270	-
	<u>2,270</u>	<u>-</u>

6. Charitable Activities Expenditure

	Activities Undertaken Directly	Support Costs	Total 2020	Total 2019
	£	£	£	£
Family Support	413,224	1,500	414,724	448,830
	<u>413,224</u>	<u>1,500</u>	<u>414,724</u>	<u>448,830</u>

Parenting 2000 **Notes to the Accounts (cont.)** **For the year ended 31 March 2020**

7. Staff Costs

	2020	2019
	£	£
Wages and Salaries	211,702	190,529
Redundancy	-	6,695
Social Security costs	11,755	8,581
Pension costs	9,924	9,405
	<u>233,381</u>	<u>215,210</u>

There were no employees who had total remuneration benefits in excess of £60,000 per annum (2019: none).

The trustees received no remuneration during the year (2019: £nil).

The trustees did not receive any expenses during the year (2019: £nil).

8. Key Management Personnel

The trustees consider that the key management personnel comprise the trustees and the Senior Management Team as follows:-

Trustees

Mr Nigel Edmund Bellamy
Mrs Susan Holden
Mr Steve McDermott

Senior Management Team

Chief Executive - Janine Hyland

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

9. Net Income for the year

Net income is stated after charging:

	2020	2019
	£	£
Depreciation	<u>6,802</u>	<u>8,724</u>

10. Tangible Fixed Assets

	Short Leasehold £	Motor Vehicles £	Fixtures & Equipment £	Total £
Cost / Valuation				
At 1 April 2019	<u>206,254</u>	<u>127,797</u>	<u>178,943</u>	<u>512,994</u>
At 31 March 2020	<u>206,254</u>	<u>127,797</u>	<u>178,943</u>	<u>512,994</u>
Depreciation				
At 1 April 2019	<u>125,544</u>	<u>118,078</u>	<u>177,597</u>	<u>421,219</u>
For the year	4,036	2,430	336	6,802
At 31 March 2020	<u>129,580</u>	<u>120,508</u>	<u>177,933</u>	<u>428,021</u>
Net Book Amounts				
At 31 March 2020	<u>76,674</u>	<u>7,289</u>	<u>1,010</u>	<u>84,973</u>
At 31 March 2019	<u>80,710</u>	<u>9,719</u>	<u>1,346</u>	<u>91,775</u>

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

11. Debtors

	2020 £	2019 £
Amounts falling due within one year		
Trade debtors	19,019	24,608
Other debtors	1,558	200
Prepayments and accrued income	2,450	3,473
	<u>23,027</u>	<u>28,281</u>

12. Cash at bank and in hand

	2020 £	2019 £
Cash at bank	241,845	245,381
Cash in hand	753	2,716
	<u>242,598</u>	<u>248,097</u>

13. Creditors: Amounts falling due within one year

	2020 £	2019 £
Trade creditors	2,080	1,405
Other creditors	859	700
Accruals and deferred income	1,500	3,318
	<u>4,439</u>	<u>5,423</u>

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

14. Unrestricted Funds

	Balance brought forward 2018 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2019 £
<i>General Fund</i>	48,795	76,109	(124,902)	198,616	198,618
Designated Funds					
<i>Fixed Asset Fund</i>	307,399	-	-	(215,624)	91,775
<i>Contingency Fund</i>	15,226	-	-	-	15,226
<i>Other designated funds</i>	13,681	22,957	(31,996)	4,935	9,577
<i>Total Funds (previous year)</i>	<u>385,101</u>	<u>99,066</u>	<u>(156,898)</u>	<u>(12,073)</u>	<u>315,196</u>

	Balance brought forward 2019 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2020 £
<i>General Fund</i>	198,618	189,348	(176,349)	6,802	218,419
Designated Funds					
<i>Fixed Asset Fund</i>	91,775	-	-	(6,802)	84,973
<i>Contingency Fund</i>	15,226	-	-	-	15,226
<i>Other designated funds</i>	9,577	-	-	-	9,577
<i>Total Funds (current year)</i>	<u>315,196</u>	<u>189,348</u>	<u>(176,349)</u>	<u>-</u>	<u>328,195</u>

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

15. Restricted Funds

	<i>Balance brought forward 2018</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance carried forward 2019</i>
	£	£	£	£
<i>Family Intervention Programme</i>	-	131,250	(106,732)	24,518
<i>Just A Fad</i>	-	10,000	(10,012)	-
<i>Targeted Youth</i>	-	50,253	(57,700)	-
<i>CCG - Counselling</i>	-	24,496	(27,759)	-
<i>Other restricted funds</i>	2,000	104,395	(84,730)	23,016
Total Funds (previous year)	2,000	320,394	(286,933)	47,534

	<i>Balance brought forward 2019</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance carried forward 2020</i>
	£	£	£	£
VRU Projects	-	7,316	(6,896)	420
Social Investment Business Grant	-	13,084	(12,000)	1,084
Family Intervention Programme	24,518	78,750	(103,268)	-
Grantscape Orsted Burbo Bank	-	8,969	(7,043)	1,926
Supporting Families Against Youth Crime	-	60,000	(45,464)	14,536
Other restricted funds	23,016	40,688	(63,704)	-
Total Funds (current year)	47,534	208,807	(238,375)	17,966

Other Funds

Groundworks - Tesco	1,220	-	(1,220)	-
ESF Fresh Start	4,983	-	(4,983)	-
Child Injury	8,160	40,688	(48,848)	-
Eleanor Rathbone Trust	2,872	-	(2,872)	-
P H Holt	262	-	(262)	-
PPA 2018	1,040	-	(1,040)	-
Prison - HMP Walton	4,459	-	(4,459)	-
SCVS - Feed The Kids	20	-	(20)	-
Total other funds (current year)	23,016	40,688	(63,704)	-

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

16. Analysis of Net Assets

Previous year ended 31 March 2019

	<i>Unrestricted Funds £</i>	<i>Designated Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>
Fixed Assets	-	91,775	-	91,775
Current Assets	206,218	24,802	47,534	278,554
Current Liabilities	(5,423)	-	-	(5,423)
	<u>200,795</u>	<u>116,577</u>	<u>47,534</u>	<u>364,906</u>

Current year ended 31 March 2020

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Totals Funds £
Fixed Assets	-	84,973	-	84,973
Current Assets	222,856	24,803	17,966	265,625
Current Liabilities	(4,439)	-	-	(4,439)
	<u>218,417</u>	<u>109,776</u>	<u>17,966</u>	<u>346,159</u>

Parenting 2000
Notes to the Accounts (cont.)
For the year ended 31 March 2020

17. Comparative Statement of Financial Activities Information

In order to comply with Financial Reporting Standard 102 which requires comparative information to be provided for all amounts, this note provides the necessary disclosure for comparative purposes of the Statement of Financial Activities for the year ended 31 March 2019.

	Unrestricted Fund £	Restricted Fund £	Total Funds £
Income			
Donations and legacies	825	253	825
Comparative activities	98,183	320,141	418,577
Investments	58	-	58
Total income	99,066	320,394	419,460
Expenditure on			
Charitable activities	156,898	286,933	443,831
	156,898	286,933	443,831
Net (expenditure)/income	(57,832)	33,461	(24,371)
Transfers between funds	(12,073)	12,073	-
Other Recognised gains:			
Net movement in funds	(69,905)	45,534	(24,371)