

FOOD FOR LIVING LIMITED
REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2012

Company No: 02414649



FOOD FOR LIVING LIMITED
BALANCE SHEET
AS AT 31 DECEMBER 2012

		<u>2011</u>
CURRENT ASSETS		
Cash in Hand	100	100
Formation Costs & Filing Fees	<u>316</u>	<u>316</u>
	416	416
CREDITORS.		
Amounts falling due within one year	<u>-316</u>	<u>-316</u>
	<u>£100</u>	<u>£100</u>
CAPITAL AND RESERVES		
Authorised Share Capital		
1,000 Ordinary Shares of £1 each	<u>£1,000</u>	<u>£1,000</u>
Allotted, Issued and Fully Paid		
100 Ordinary Shares of £1 each	<u>£100</u>	<u>£100</u>

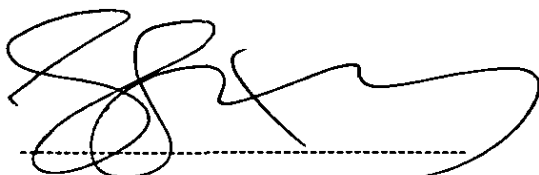
Note:

The company did not trade during this year nor in the preceding financial year. During these years, the company received no income and incurred no expenditure and therefore made neither profit nor loss.

Statements:

- (a) For the year ended 31 12 2012 the company was entitled to exemption under section 480 of the Companies Act 2006.
- (b) Members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- (c) The directors acknowledge their responsibility for
 - I ensuring the company keeps accounting records which comply with section 386 and section 387, and
 - II preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 396, and which otherwise comply with the requirements of the Company Act relating to accounts, so far as applicable to the company.

APPROVED BY DIRECTOR


 J W Frisby

Date 14th January 2013

FOOD FOR LIVING LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2012

1. ACCOUNTING POLICIES

(a) Accounting Convention

The Accounts are prepared under the historical cost convention

(b) Depreciation

Depreciation is provided on all tangible fixed assets at the rate calculated to write off the net cost of each asset to its estimated residual value over the period of its expected economic life

(c) Stock

Stock is valued at the lower of cost and net realisable value

(d) Cashflow Statement

In accordance with FRS1 the company is exempt from including a cashflow statement as part of its financial statements